



**DIAGNOSIS AND BIOCHEMICAL FOLLOW--UP  
OF FABRY DISEASE -INCLUDING CURRENT STATUS OF KIDNEY  
AND  
HEART BIOMARKERS**

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# Disclosure of Interests

- Shire -consultancy, honoraria, research grant, educational grant,
- Genzyme /Sanofi-consultancy, honoraria, research grant, educational grant,
- Amicus-consultancy, honoraria,
- Protalix-consultancy, honoraria
- Actelion-consultancy,

consultancy, honoraria, stock, research grant, educational grant,



# Overview

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- Clinical case
- Diagnosis
- Biomarker aspirations
- Substrate- related biomarkers
- Pathophysiology –related biomarkers
  - TRAWLING AND ANGLING
- Clinical biomarkers

# Case

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- 42 year old man works in information technology.
- Chest pain which occurs occasionally lasting approximately 10 minutes and rarely palpitations.
- Routine health screen arranged through his employers.
- ECG abnormal
- Echocardiogram revealed concentric left ventricular hypertrophy with apical IVS of 23mm

- Hand pain in childhood until his teenage years.
  - now, if feeling febrile, unwell or exercising may have hand pain
- Abnormalities of sweating (anhidrosis) which exacerbate sensitivity to heat.
- Punctate red rash -always been present
  - bathing trunk region, periorally and periumbiliculy.
- Abdominal pain in his teenage years and now has occasional diarrhoea, sensation of abdominal fullness and nausea.
- Headaches associated with visual disturbance and memory loss in 1999
- Tinnitus, symptomatic postural hypertension and vertigo.
- High tone sensory neural hearing loss
- Fatigued and has less stamina than previously,
- Non reversible oedema and some calf pain.

## **MEDICATIONS:**

- Solpadene for migraine

## **FAMILY HISTORY:**

- He is unaware of anybody in the family with similar problems although his maternal cousin had renal failure.

## **INVESTIGATIONS:**

- **Haematology:** nad
- **Biochemistry:** Creatinine 70umol/l E-GFR MDRD >90ml/min
- EDTA GFR 84ml/min
- Urine protein creatinine ratio 13mg/mmol
- **Lipids:**
- Cholesterol 2.8mmol/l Triglycerides 0.8mmol/l

## **Pure tone audiogram:**

- Bilateral high tone sensory neural hearing loss worse on the left than the right.

## **Diagnostic investigations:**

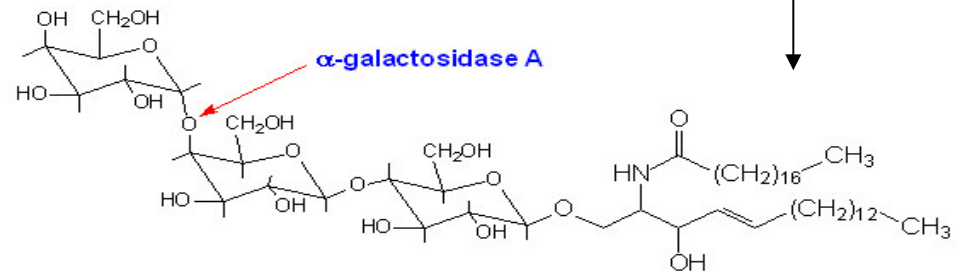
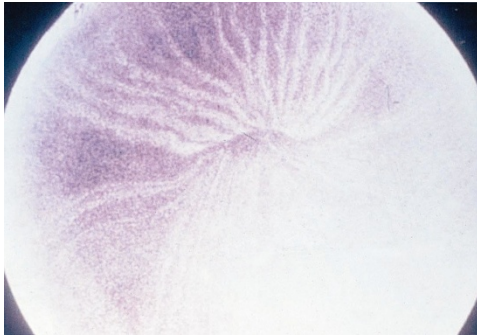
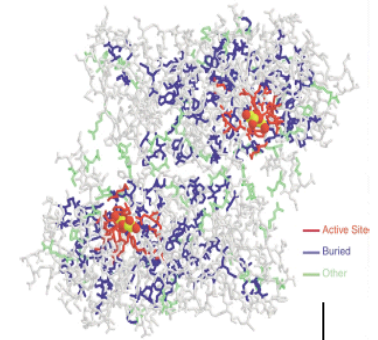
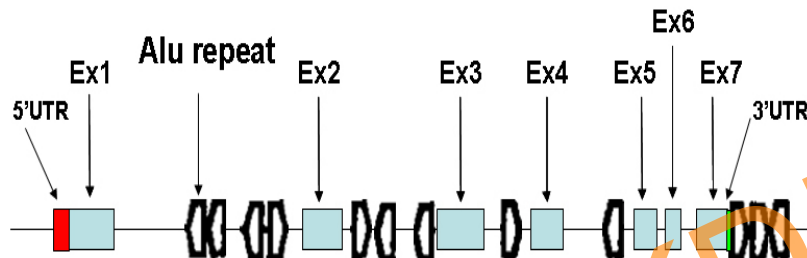
- Plasma alphagalactosidase A 1.1 (normal 8.9 – 39)
- Leucocyte alphagalactosidase 0.5 (normal 21.9 – 50.7)

## **Mutation analysis:**

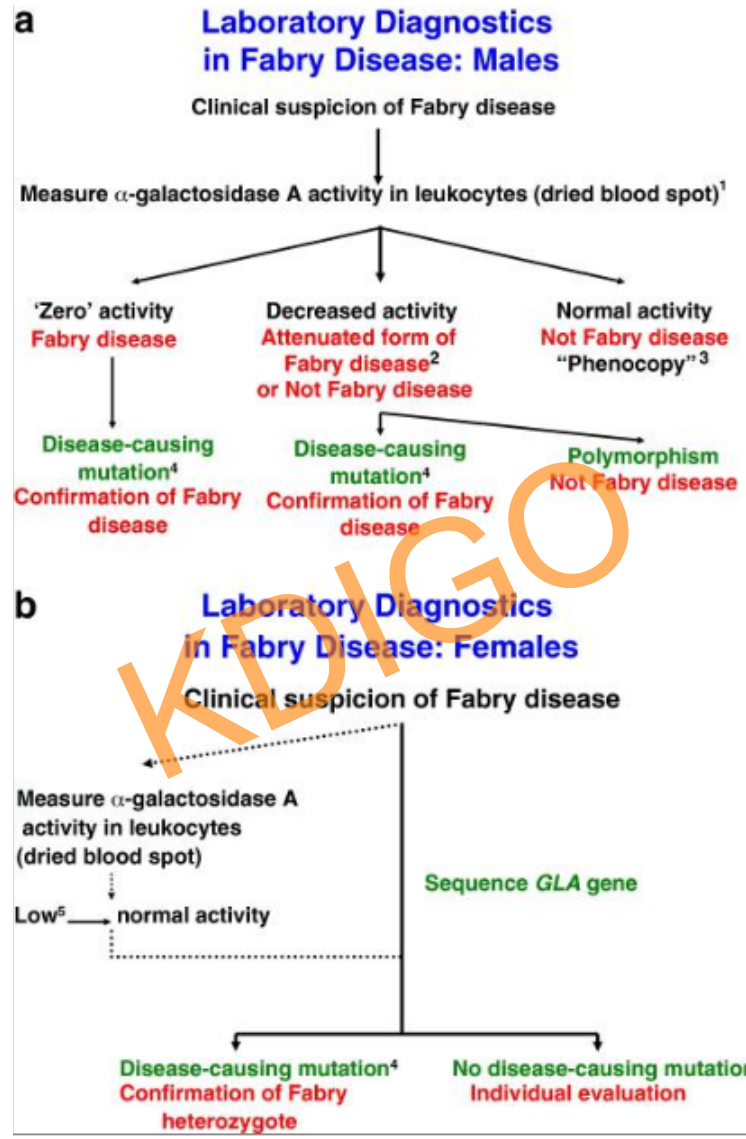
- N34D
- In addition there are polymorphisms c.370-81del5bp in intron 2 and c.640-16G>A in intron 4

# Fabry: Clinical , Biochemical or Genetic definition?

## Organisation of GLA Gene

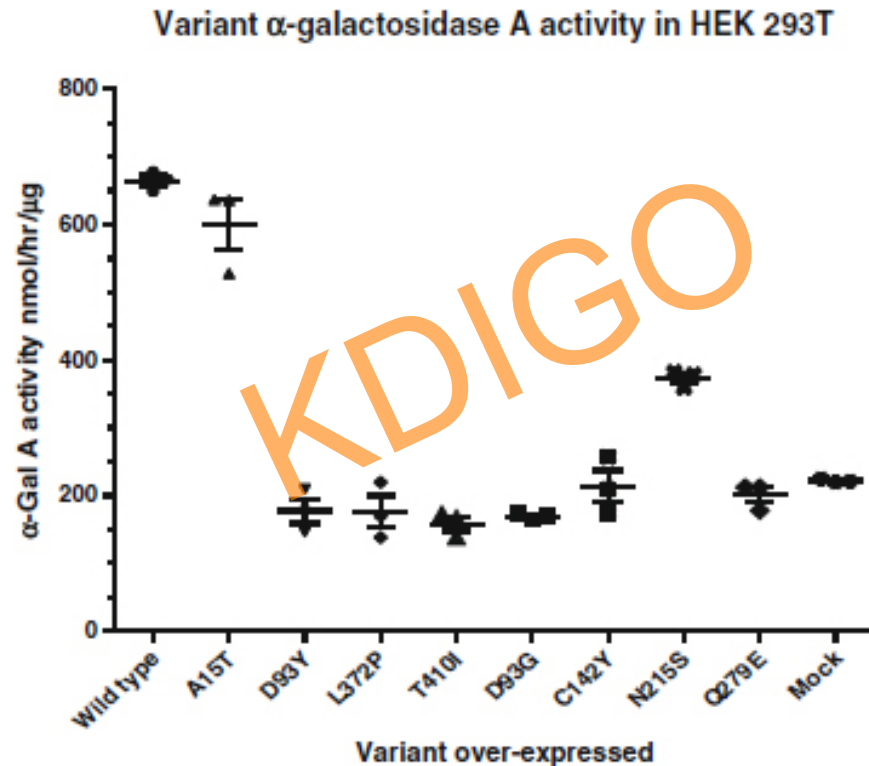








# Determining clinical significance of novel coding variants identified in the GLA gene



# Chronic kidney disease and an uncertain diagnosis of Fabry disease: approach to a correct diagnosis

- Gold standard for FD nephropathy - **characteristic storage on electron microscopy (EM) in a kidney biopsy** in the absence of medication that may induce similar storage.
- Possible criteria to confirm FD nephropathy - 'renal cysts', 'Maltese cross sign', 'immunohistochemical staining of Gb3 in urine' and 'high urinary Gb3'; - rejected
- Possible criteria to exclude FD nephropathy: 'absence of renal cysts', 'small kidneys' and 'high protein excretion' were rejected
- Urinary Gb3 may be increased in other kidney diseases
- The 'Maltese cross sign' and 'high urinary Gb3' were selected as red flags to suggest the possibility of FD nephropathy, not sufficient for a definite diagnosis of FD nephropathy.

# Is there evidence that biomarkers help assess any of the following in Fabry Disease?

- Diagnostic or screening
- Phenotype definition
- Natural history
- Risk prediction
- Preclinical disease
- Clinical and biological heterogeneity
- Surrogate endpoint in clinical interventions
- Response to treatment
- Prognosis

KDIGO



# 'Biomarker'

- Physiological
- Substrate derived-
  - Beware the self fulfilling reduction of substrate and substrate derived 'biomarkers' by cognate enzyme
  - This confirms enzyme activity and substrate accessibility but not clinical response

# Substrate related biomarkers

KDIGO

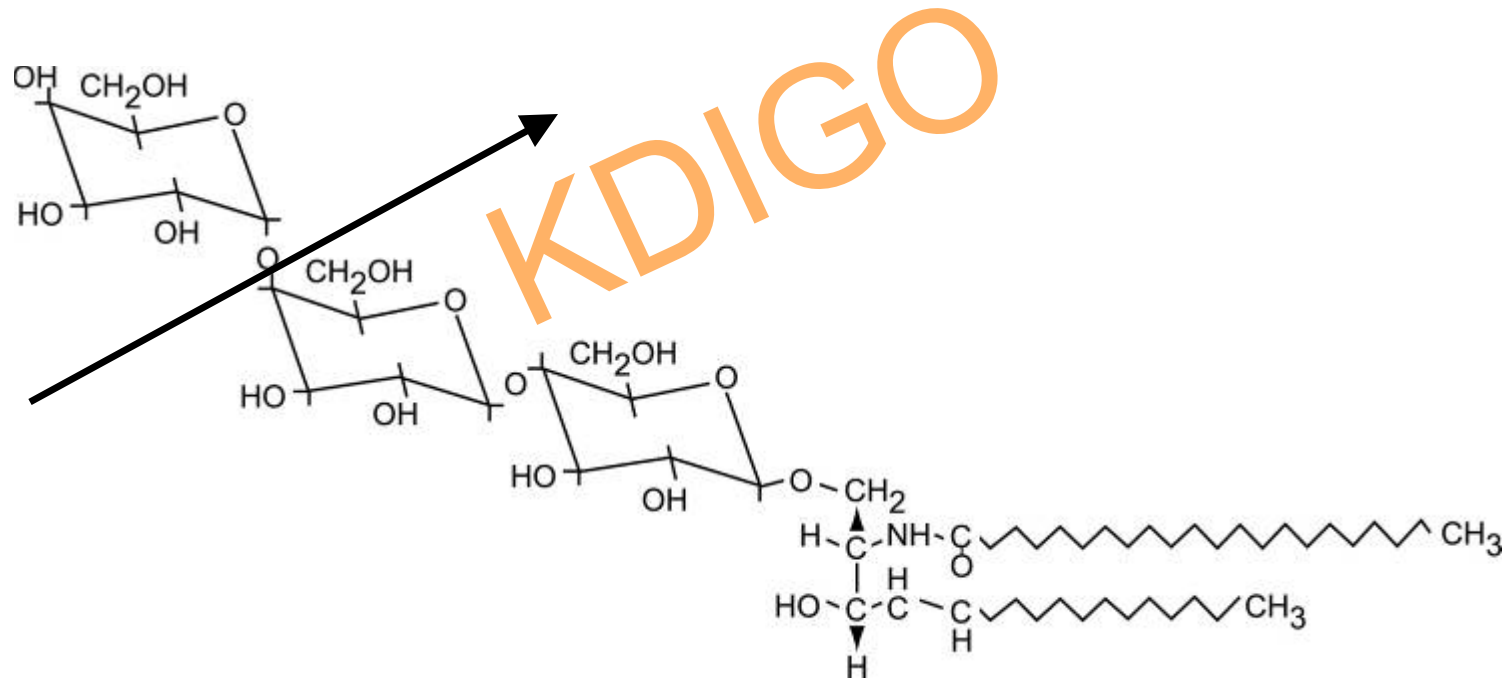


# Possible roles?

- Diagnosis
- Mutation pathogenicity
- Prognosis
- Disease status
- Response to therapy
- Clinical effects of antibodies



# GB3 is the substrate for alpha galactosidase A



# Relationship to mutation ?

Urinary globotriaosylceramide excretion correlates with the genotype in children and adults with Fabry disease

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Received 30 June 2007; received in revised form 2 October 2007; accepted 2 October 2007

Available online 26 November 2007

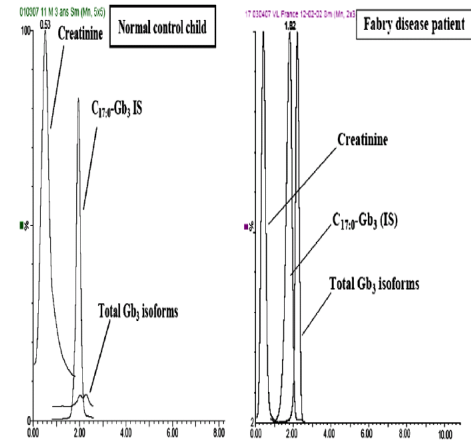
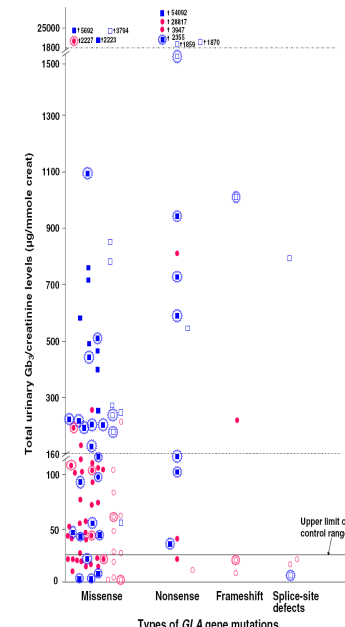


Fig. 1. Total ion chromatograms in multiple reaction monitoring mode of a 5-year-old hemizygote with Fabry disease (R301Q mutation) showing high levels of total Gb<sub>3</sub> isoforms and a normal control child. C<sub>17:0</sub>-Gb<sub>3</sub> IS = Internal standard. Vertical axes were linked for each chromatogram.



32 children and 78 adults  
 Significant relationship between urinary Gb<sub>3</sub> and  
 -mutation (missense, nonsense, frameshift,  
 and splice-site defects): p=0.0007

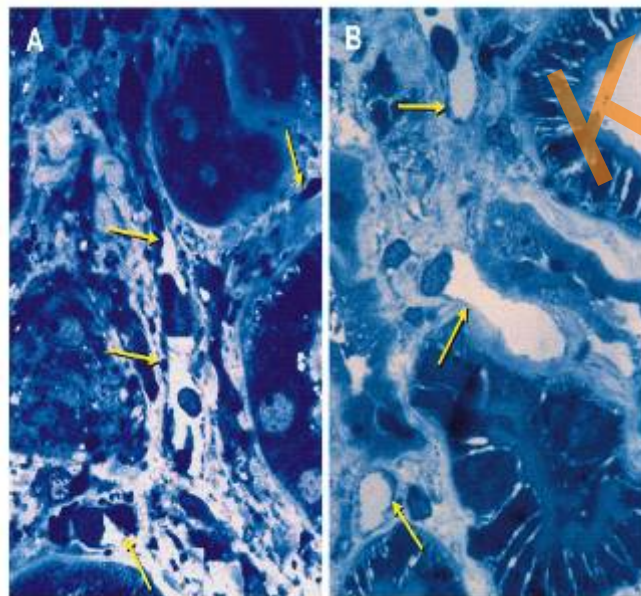


# Urinary Total Globotriaosylceramide and Isoforms to Identify Women With Fabry Disease: A Diagnostic Test Study

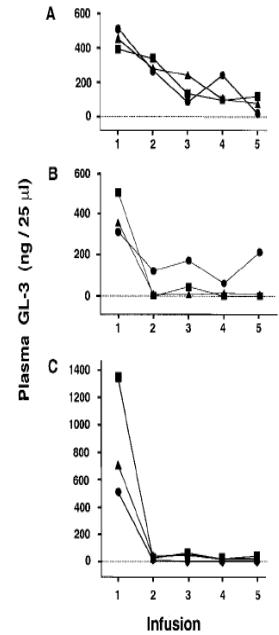
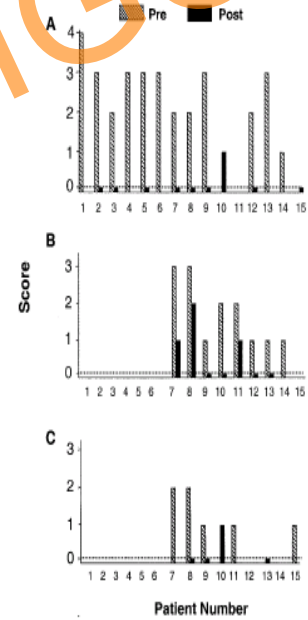
- 6 parameters
  - ratio of Gb3-24 to urinary AGAL activity;
  - Gb3-24;
  - ratio of Gb3-24 to Gb3-18;
  - Gb3-22;
  - Gb3-16;
  - total Gb3
- ‘highly informative for the diagnosis of Fabry disease independent of the presence or absence of CKD (area under ROC curve, 0.876-0.927; all  $P < 0.001$ ).’

# Relationship to therapeutic response?

- ERT reduces GB3 inclusions in renal interstitial capillaries and other cells in the kidney



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# Changes in plasma and urine globotriaosylceramide levels do not predict Fabry disease progression over 1 year of agalsidase alfa.

- Change from baseline eGFR predicted by
  - Baseline eGFR,
  - age at first dose,
  - baseline urine GB3 excretion,
  - baseline and change from baseline urine protein excretion
  - Change from baseline urine and plasma GB3(baseline and change from baseline) concentrations did not predict change from baseline estimated glomerular filtration rate.
- No predictors of left-ventricular mass index were significant

# Relationship to antibodies?

- Urinary GB3 increases in patients with neutralising antibodies

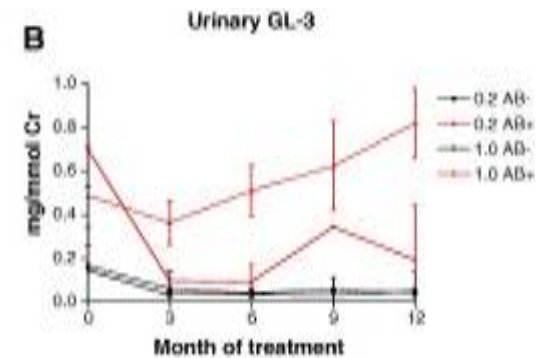
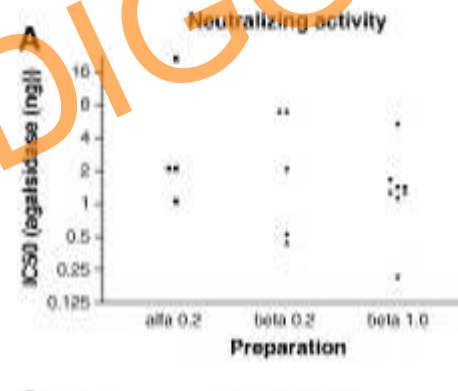
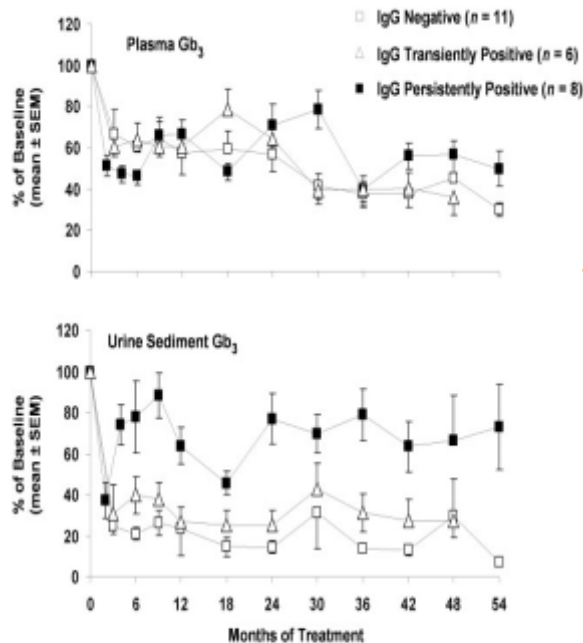
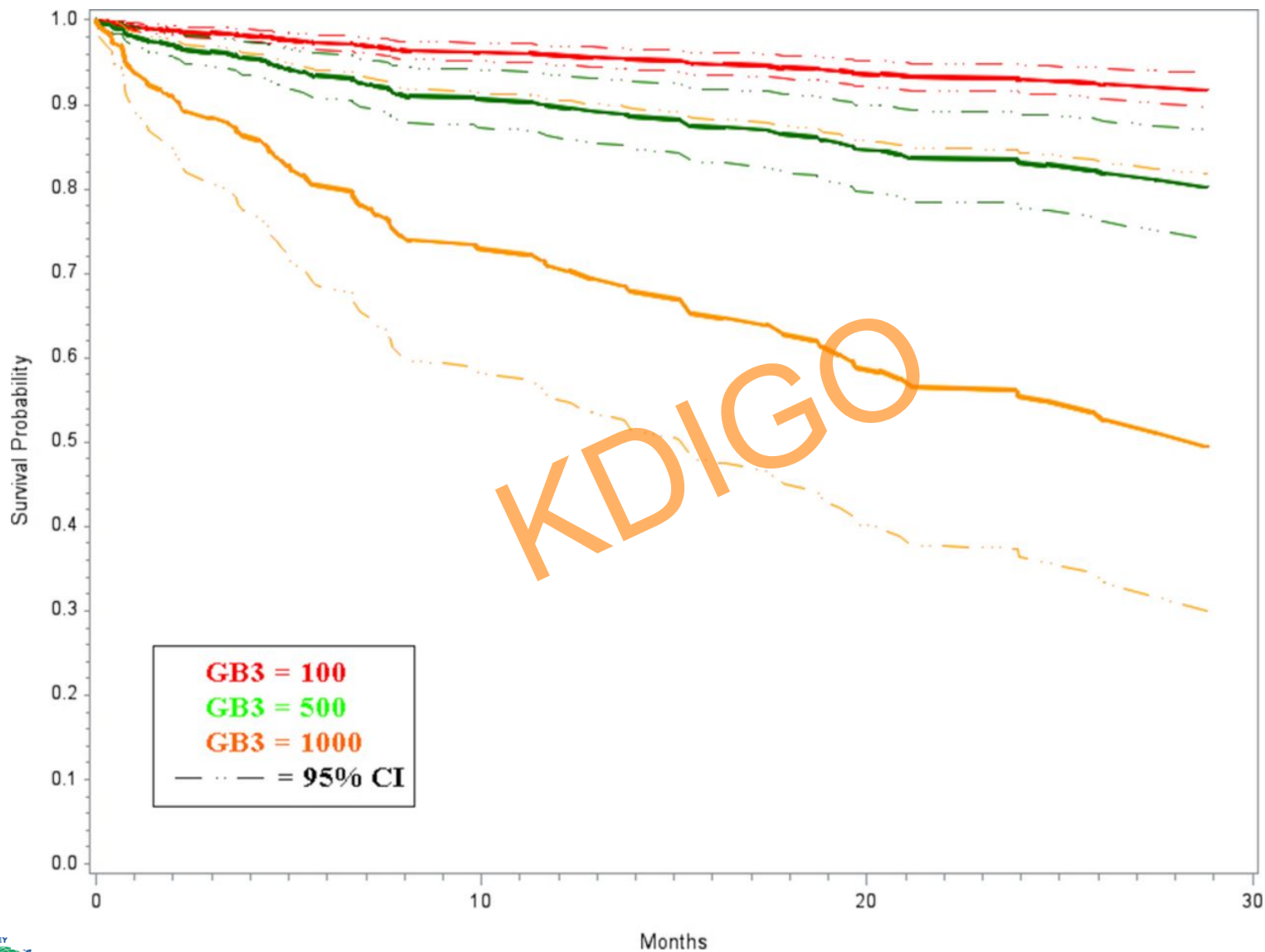
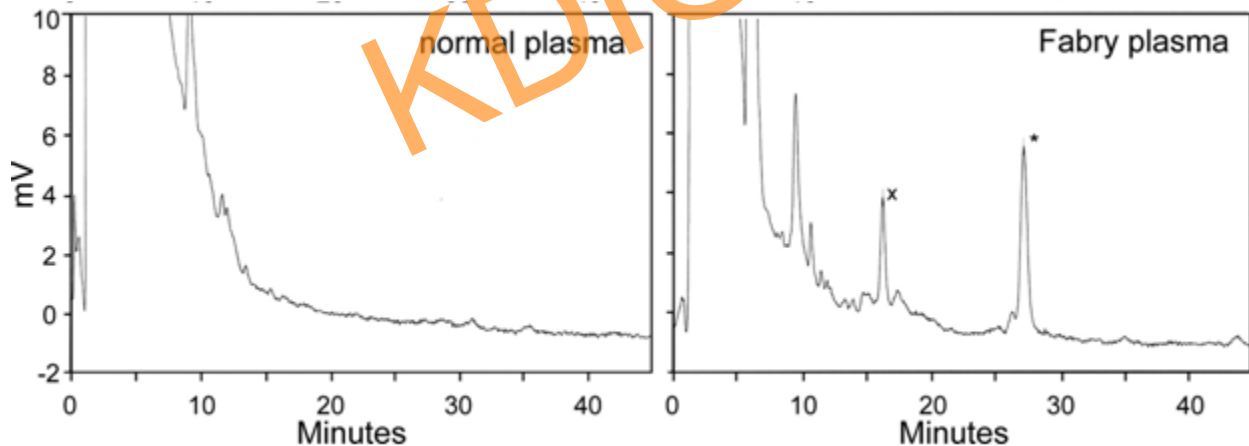
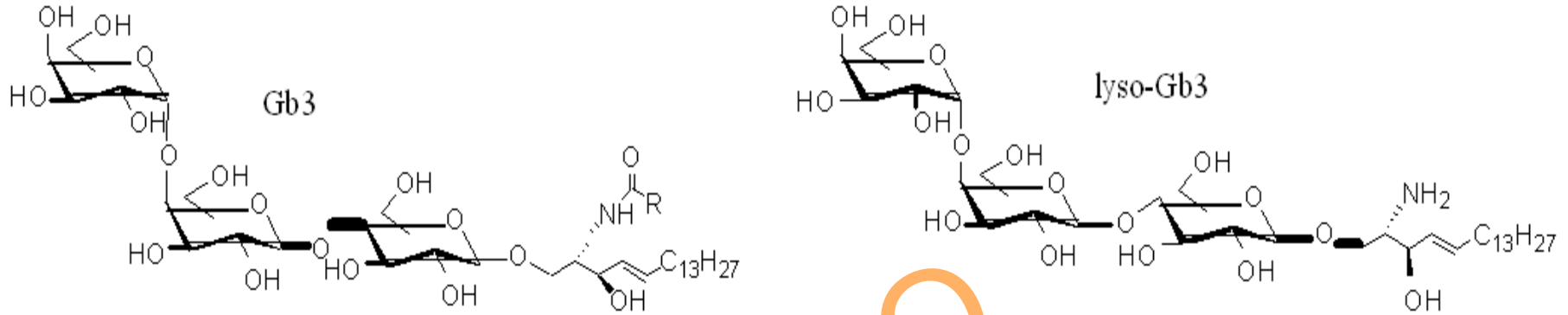


Fig. 6. Effect of IgG antibodies on the biological activity of agalsidase alfa. The filled symbols represent the patients who had demonstrated a persistently positive IgG antibody response while being treated and the open symbols represent patients who had no IgG antibody response (squares) or only a transiently positive response (triangles). The *n*s indicate the number of patients in each category at baseline. For the IgG-negative group in the urine Gb<sub>3</sub> plot, baseline *n* is 10, reflecting the fact the patient who underwent a kidney transplant was not included in any renal analyses.

# Adjusted estimated survivor functions (Cox proportional hazard model) for increasing urinary Gb3 values.



# Lyso-Gb3

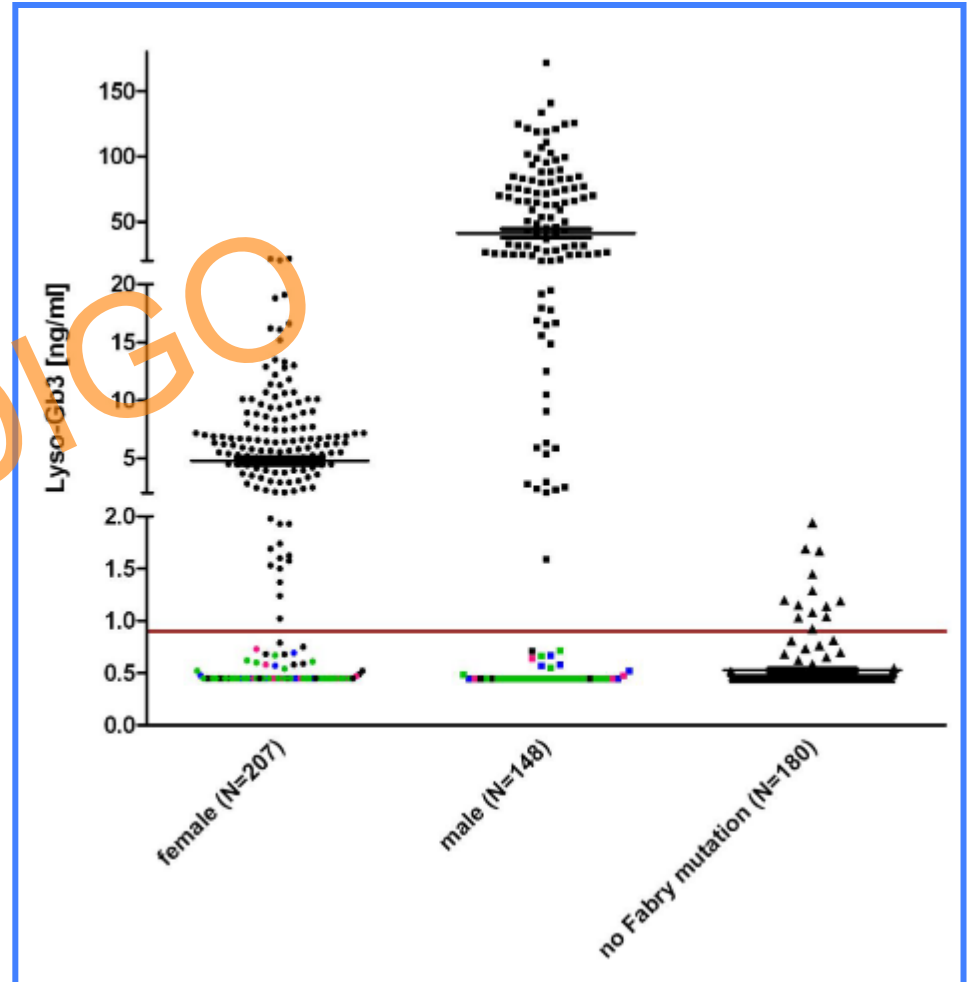
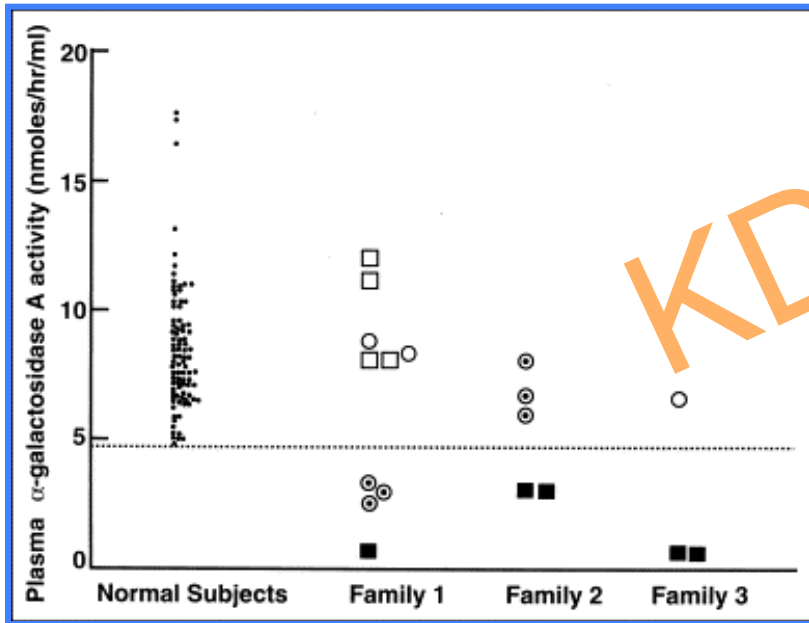




# Fabry disease

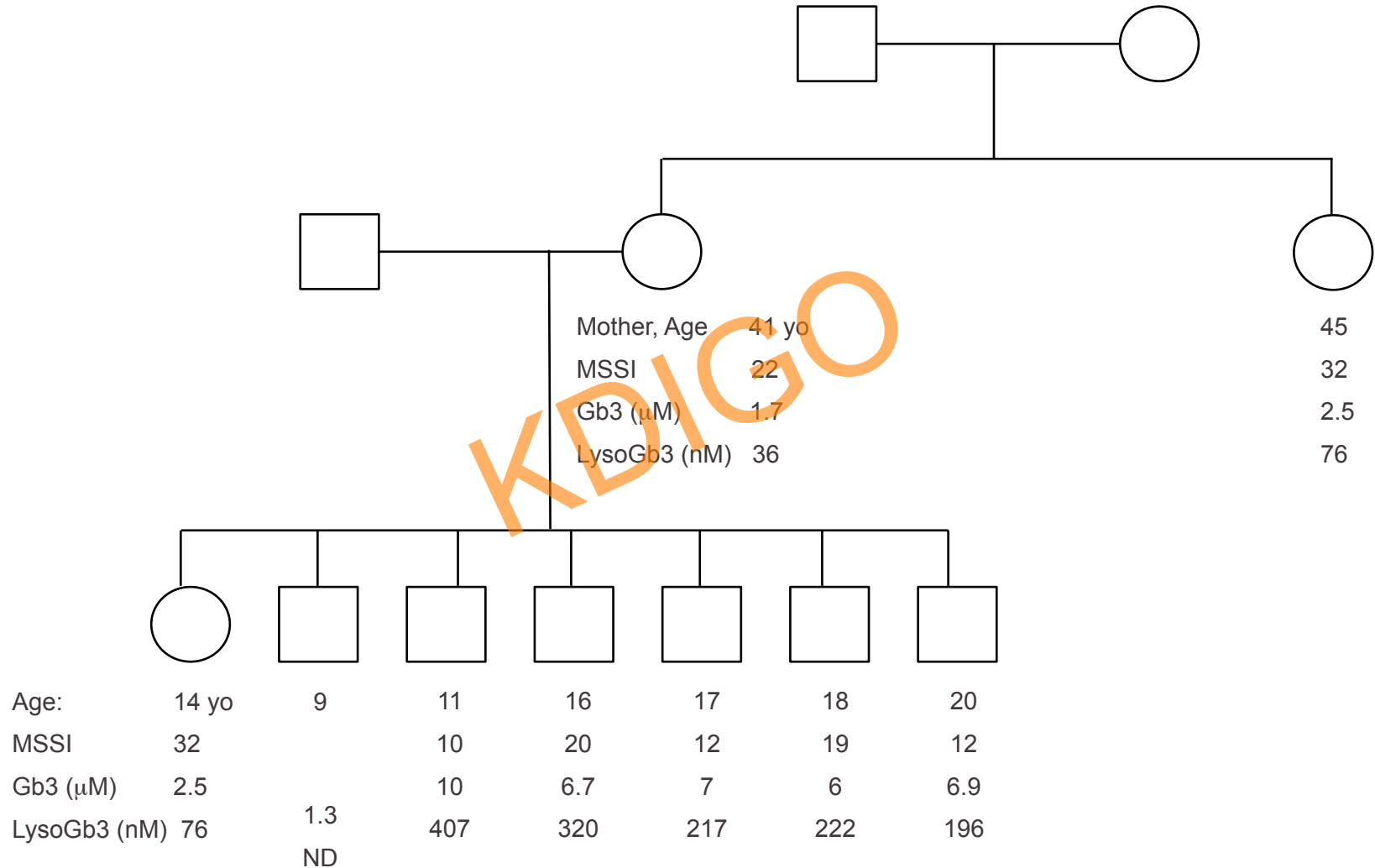
LsyoGb3 levels

AGAL Activity



# Fabry disease: Pedigree

*Disease status and severity?*



# Variations in the GLA gene correlate with globotriaosylceramide and globotriaosylsphingosine analog levels in urine and plasma

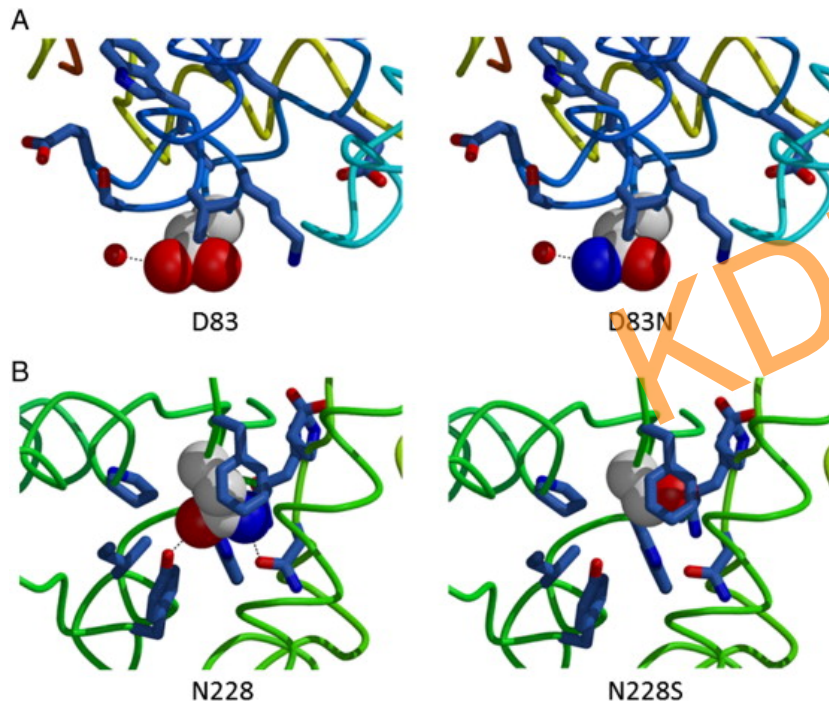


Table 2.

Plasma and urinary tandem mass spectrometry biomarker results of the 12 studied subjects carrying GLA gene variants.

Case identifier	Gender	GLA gene variant	Plasma biomarkers [nmol/L]						
			Lyso-Gb <sub>3</sub> m/z 786	Analog 758	Analog 784	Analog 802	Analog 804	Analog 820	Analog 836
I	F	p.Arg220Ter	7.45	0.01	0.06	0.02	1.55	0.75	0
II	M	p.Phe113Leu	22.17	0.04	0.20	0.13	3.07	2.76	0.35
III	M	p.Asn215Ser	11.05	0.26	4.00	2.98	2.21	2.28	0.20
IV-P	F	p.Arg118Cys	0.38	0.01	0	0	0	0.07	0
IV-Fa	M	p.Arg118Cys	0.37	0	0	0	0	0.19	0
V-P	F	p.Arg118Cys	0.47	0	0	0	0	0.16	0
V-Mo	F	p.Arg118Cys	0.61	0	0	0	0	0.30	0
VI	F	p.Arg118Cys	0.37	0	0	0	0	0.20	0
VII	F	p.Asp83Asn	0.41	0	0	0	0	0.26	0
VIII	M	p.Asn228Ser	0.30	0	0	0	0	0.24	0.21
IX-P	M	c.-10C>T	0.36	0	0	0	0	0.32	0
IX-Si	F	c.-10C>T	0.53	0	0	0	0	0.30	0
Reference values (Patients >18 years)			Normal ranges						
			0-2.4	0	0-0.9	0	0	0-0.3	0

- Individual profiles of Gb<sub>3</sub> and lyso-Gb<sub>3</sub> and analogs correlate with phenotypic data.
- Diagnostic tool to discern classical FD, cardiac variants and patients without FD
- Lyso-Gb<sub>3</sub> analog at *m/z* 836 might be an earlier biomarker of progressive heart disease.
- Plasma and urine lyso-Gb<sub>3</sub> constitute clinically useful biomarkers of FD

# Pathophysiology- related biomarkers

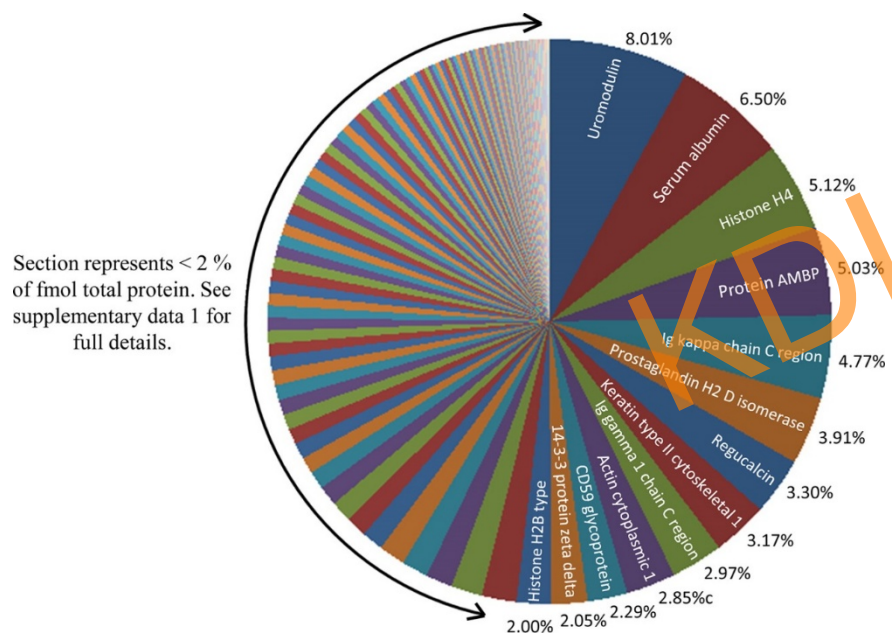


# Markers of pathophysiology

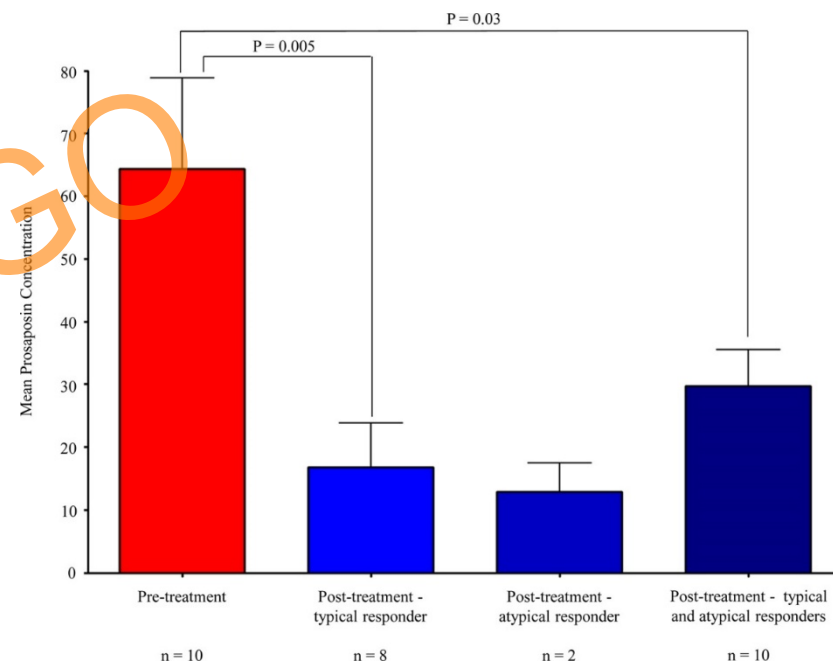
- ‘After the event?’
- Disease processes
- Translate into clinical practice?
- Potential for new interventions?

KDIGO

# The identification of new biomarkers for identifying and monitoring kidney disease in pediatric Fabry and type-I diabetic patients



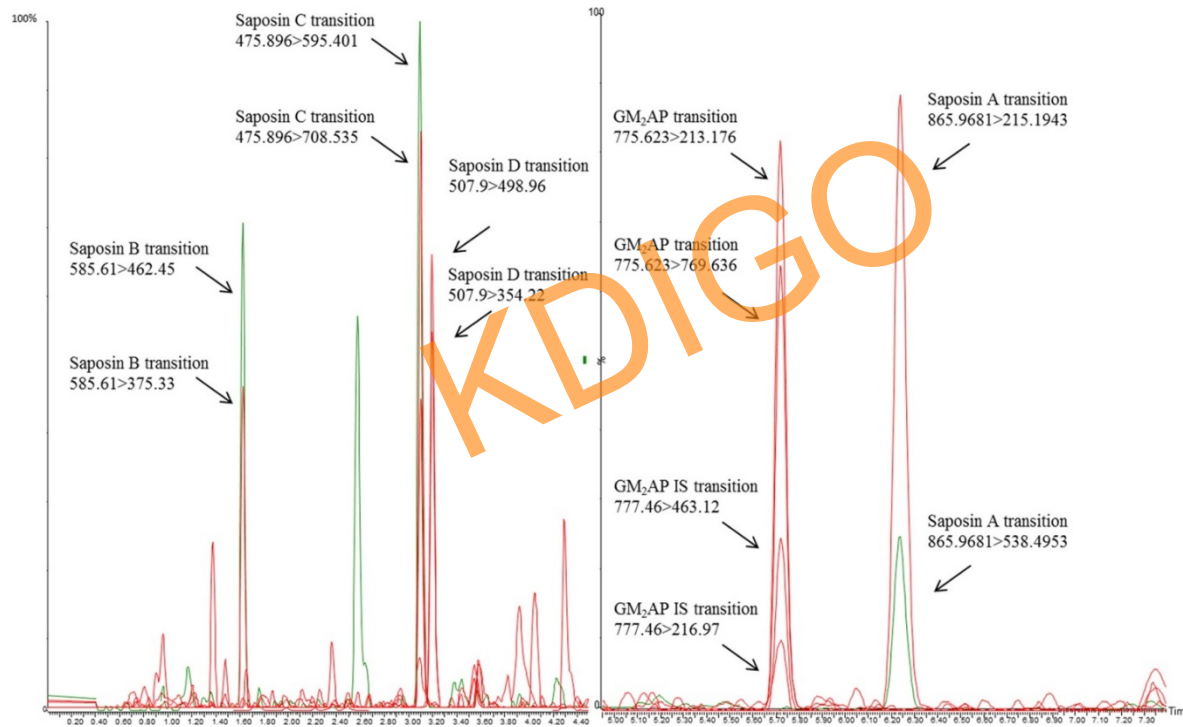
Schematic representation of a typical proteome of urine from pediatric Fabry disease patients prior to ERT. Proteins are represented as % fmol of protein of total proteins detected.



Urinary prosaposin concentrations pretreatment and post-treatment in typical and atypical responders. Error bars represent mean  $\pm$  SD.



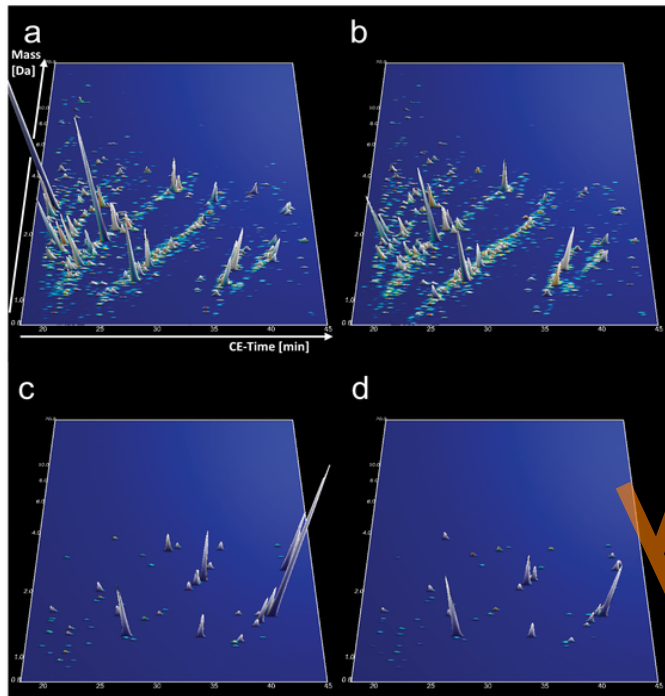
# -and their translation into a rapid mass spectrometry-based test: evidence of presymptomatic kidney disease in pediatric Fabry and type-I diabetic patients



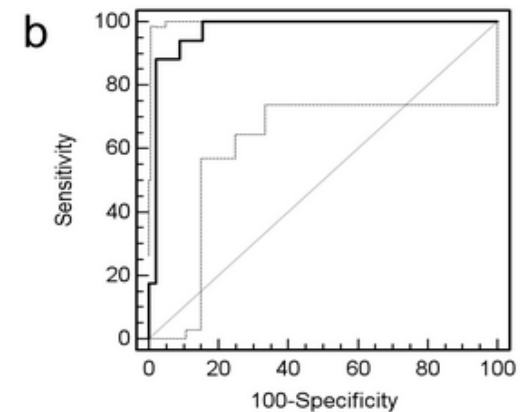
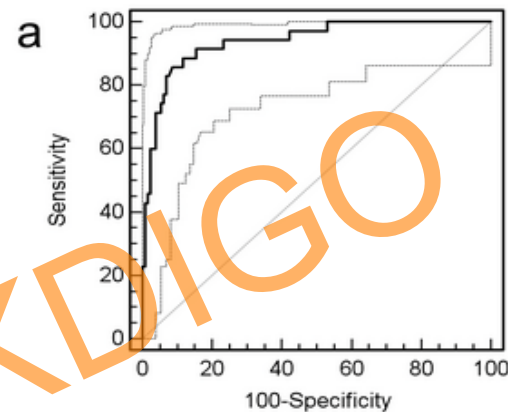
Typical UPLC–MS/MS chromatogram of the lower MW cut off fraction from patient urine showing the 10 min assay developed for the quantitation of individual Saposins A, B, C, D and GM2AP. For each peptide and internal standard, 2 transitions we used, one for quantitation and one for secondary confirmation purposes.



# A distinct urinary biomarker pattern characteristic of female Fabry patients that mirrors response to enzyme replacement therapy.



Compiled urinary protein profiles of female Fabry patients (a) and healthy controls (b) included in the training cohort.

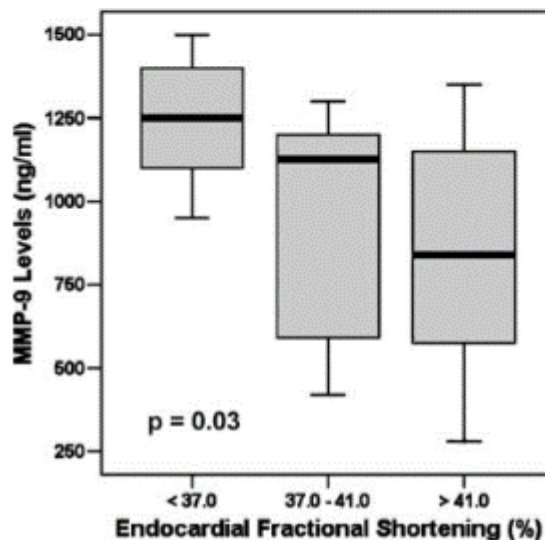
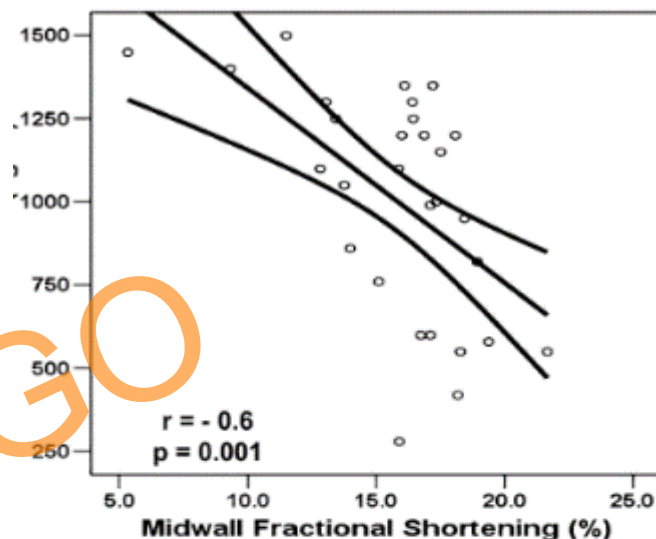


ROC curves for differentiation of Fabry female patients and female healthy controls in the training set upon complete take-one-out crossvalidation (a) and in the independent validation set (b).



# Markers of fibrosis

- MMP-9 TIMP-1  
TIMP-2
- MMP-9 significantly higher in AFD
- Positive correlation with MSSSI
- Negative correlation endocardial FS



# Fabry disease

## Cardiovascular involvement

- Elevated blood biomark for fibrosis

- In patients  $\pm$  fibrosis

- Not helpful for either characterizing cardiomyopathy or staging the disease\*

	No Fibrosis (n = 25)	Fibrosis (n = 48)
Left-ventricular mass ( $\text{g}/\text{m}^2$ )	70 $\pm$ 16	93 $\pm$ 36*
Septal wall thickness (mm)	9.4 $\pm$ 2.4	12.2 $\pm$ 4.0*
Ejection fraction (%)	62 $\pm$ 7	64 $\pm$ 9
Amount of fibrosis (% of left-ventricular mass)	0	1.8 $\pm$ 1.8*
Procollagen type I carboxy-terminal propeptide (ng/ml)	308 $\pm$ 399	302 $\pm$ 361
Collagen type I carboxy-terminal telopeptide (ng/ml)	8.3 $\pm$ 15.3	8.0 $\pm$ 12.9
Procollagen type III amino-terminal propeptide ( $\mu\text{g}/\text{l}$ )	5.9 $\pm$ 2.4	6.8 $\pm$ 3.7
Malignant ventricular arrhythmias	0 (0%)	13 (27%)
Sudden cardiac death	0 (0%)	5 (10%)

\* Perhaps because of other organ involvement, e.g., kidneys; reduced eGFR may play a role in collagen marker clearance



# NT-pro BNP

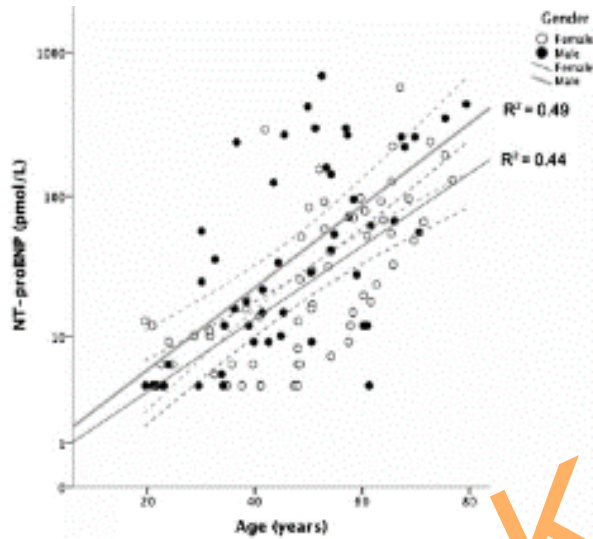


Figure 1. NT-proBNP increases with age in men and women (n = 114).

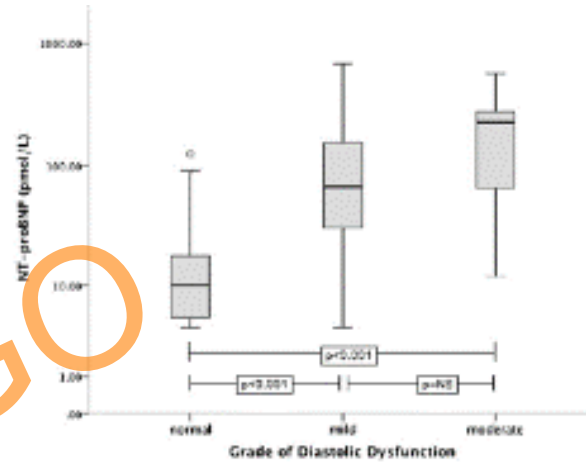
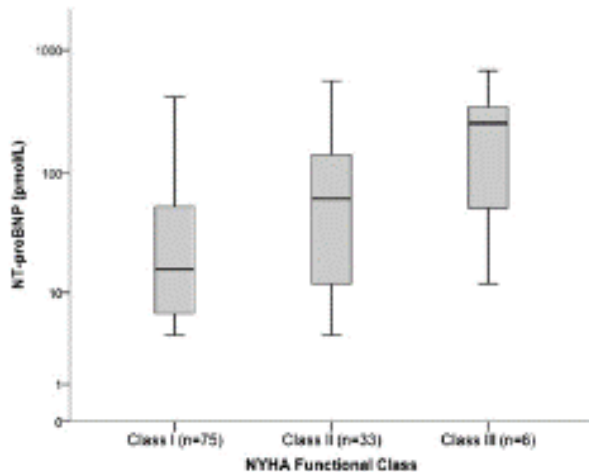


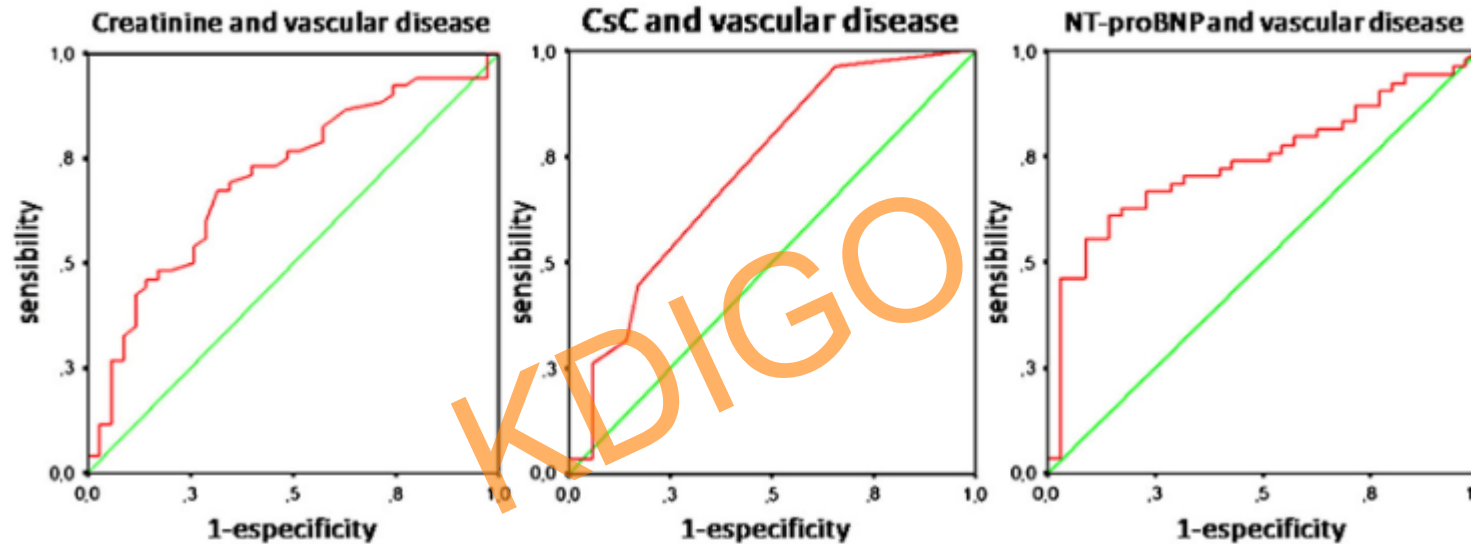
Figure 3. NT-proBNP is a marker of diastolic dysfunction (n = 109). Diastolic function was unable to be accurately classified in 5 patients because of heart rhythm or missing values.



- Correlation with
- Age
- Cr
- Left atrial index
- E/Ea
- Abnormal ECG



# Cystatin C



## Cystatin C:

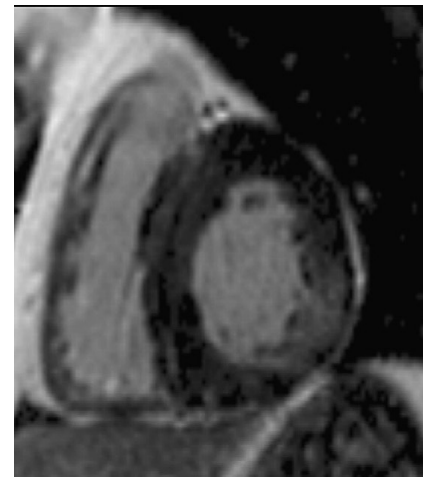
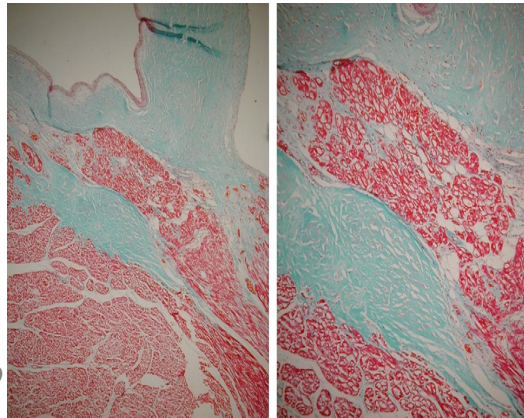
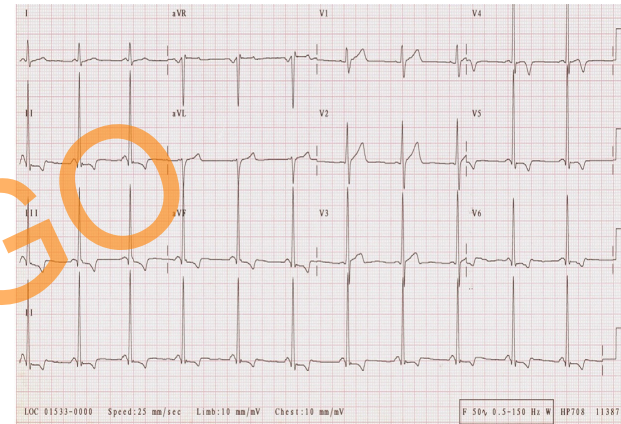
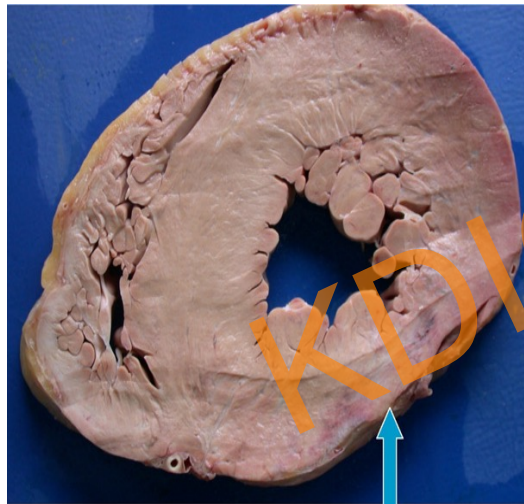
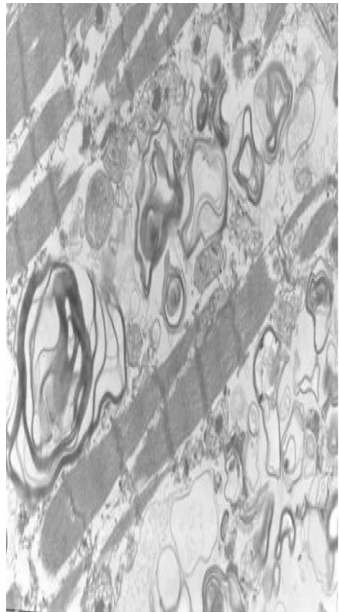
- good detection early renal disease,
- strong correlation with advanced renal disease and MSSl,
- weak correlation with cardiovascular, ocular, cns
- ?ERT effect

# Clinical biomarkers

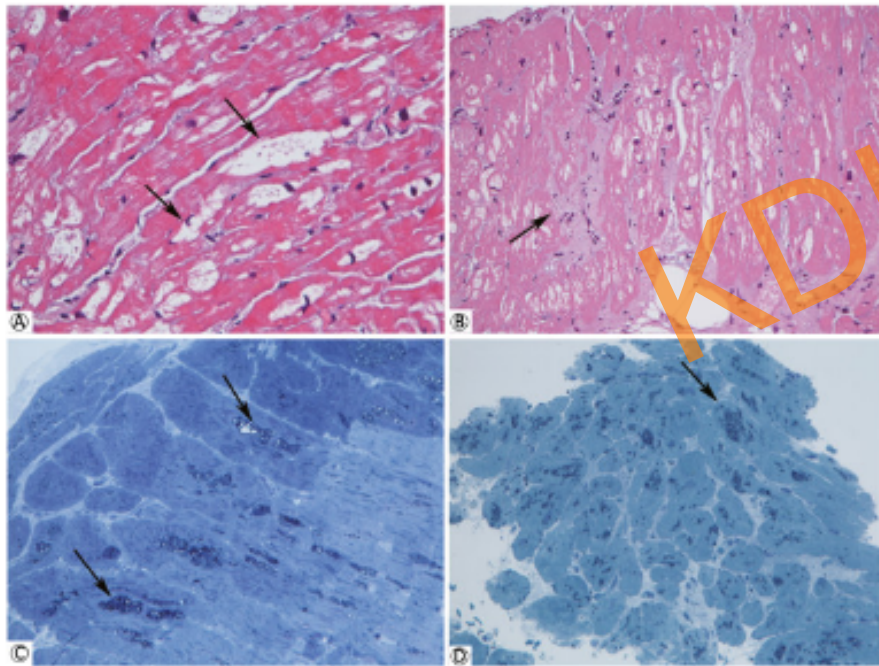
KDIGO



# Clinical biomarkers



# Histological examination of cardiomyopathy pts with Chinese later onset mutation



IVS4+919>A

Endo myocardial biopsies

22 patients 17 ERT

5 no ERT

-GB3 in cardiomyocytes pts ERT <3 years

-no inclusions in capillary endothelial cells

Serum Lyso-GB3 increased after 11 months even when LVMI decreased

# Agalsidase benefits renal histology in young patients with Fabry disease

Fig. 2

Segmental podocyte foot process effacement, female, 15 years, patient 5 (re-biopsy after three years treatment with agalsidase alpha 0.2 mg/kg/eow).

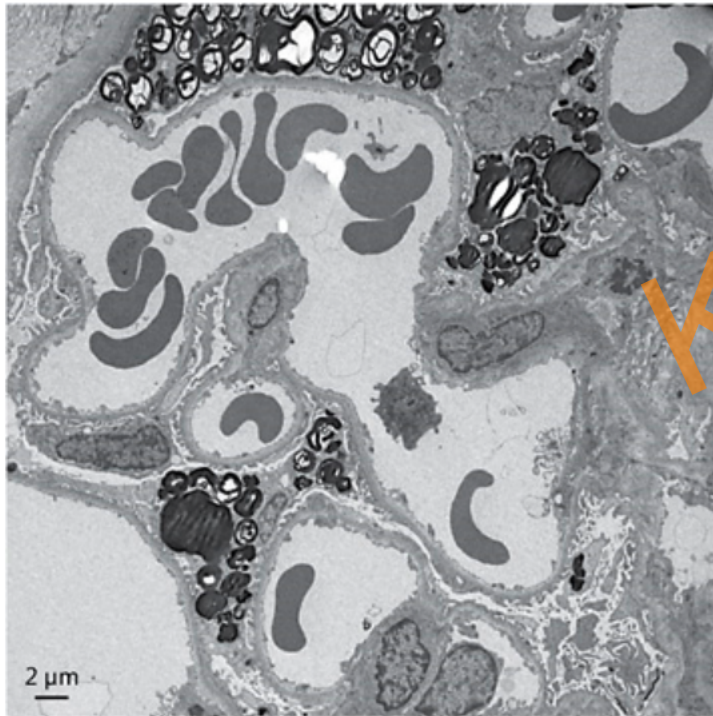
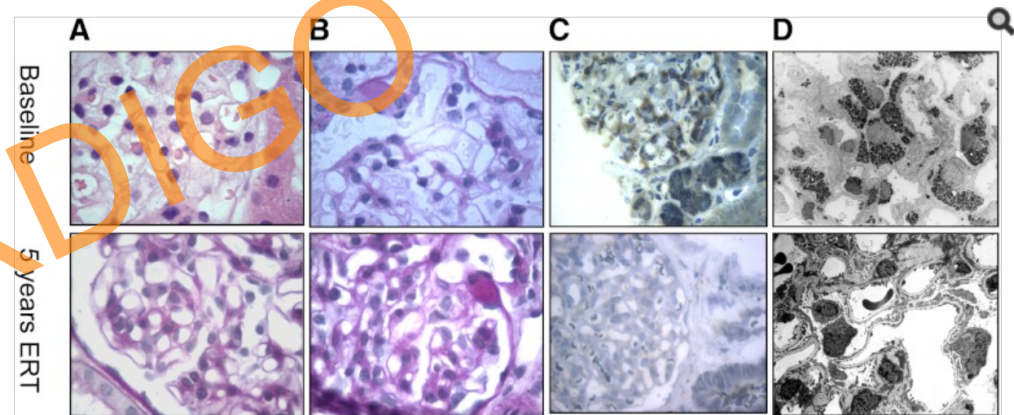


Figure 3.

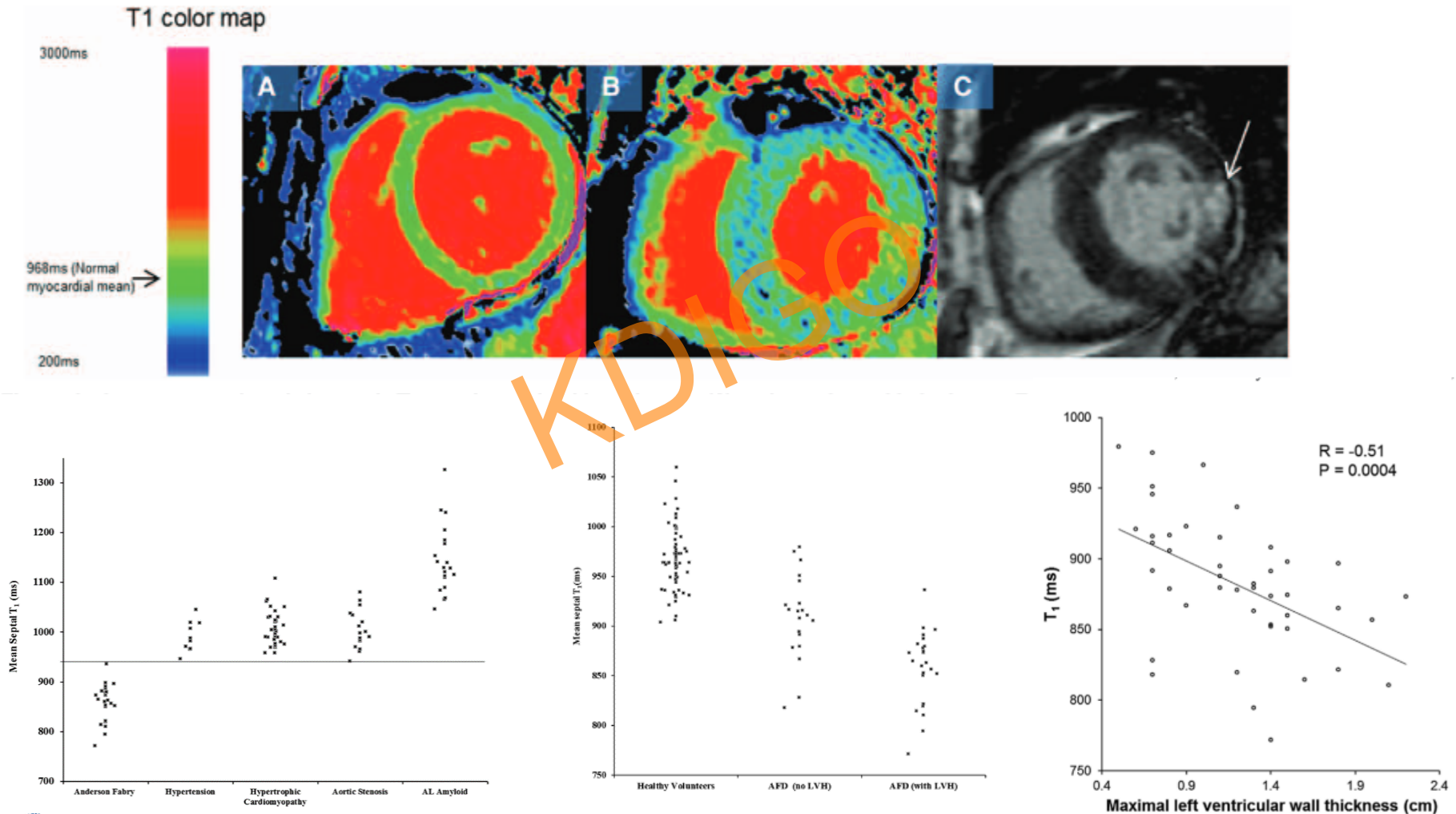


Baseline biopsy specimen (upper panel) shows full score of GL3 deposits. Rebiopsy after 5 years of ERT, 1 mg/kg every other week (lower panel), shows almost complete clearance of deposits in a 7-year-old boy (patient 1). Shown are light microscopic images of hematoxylin and eosin sections (A), PAS sections (B), and osmicated toluidine semithin sections (C) and electron microscopic image (D). Original magnification:  $\times 1000$  in A;  $\times 1000$  in B;  $\times 400$  in C;  $\times 2000$  at baseline and  $\times 1500$  at 5 years in D.

[Nephron](#). 2015;129(1):16-21



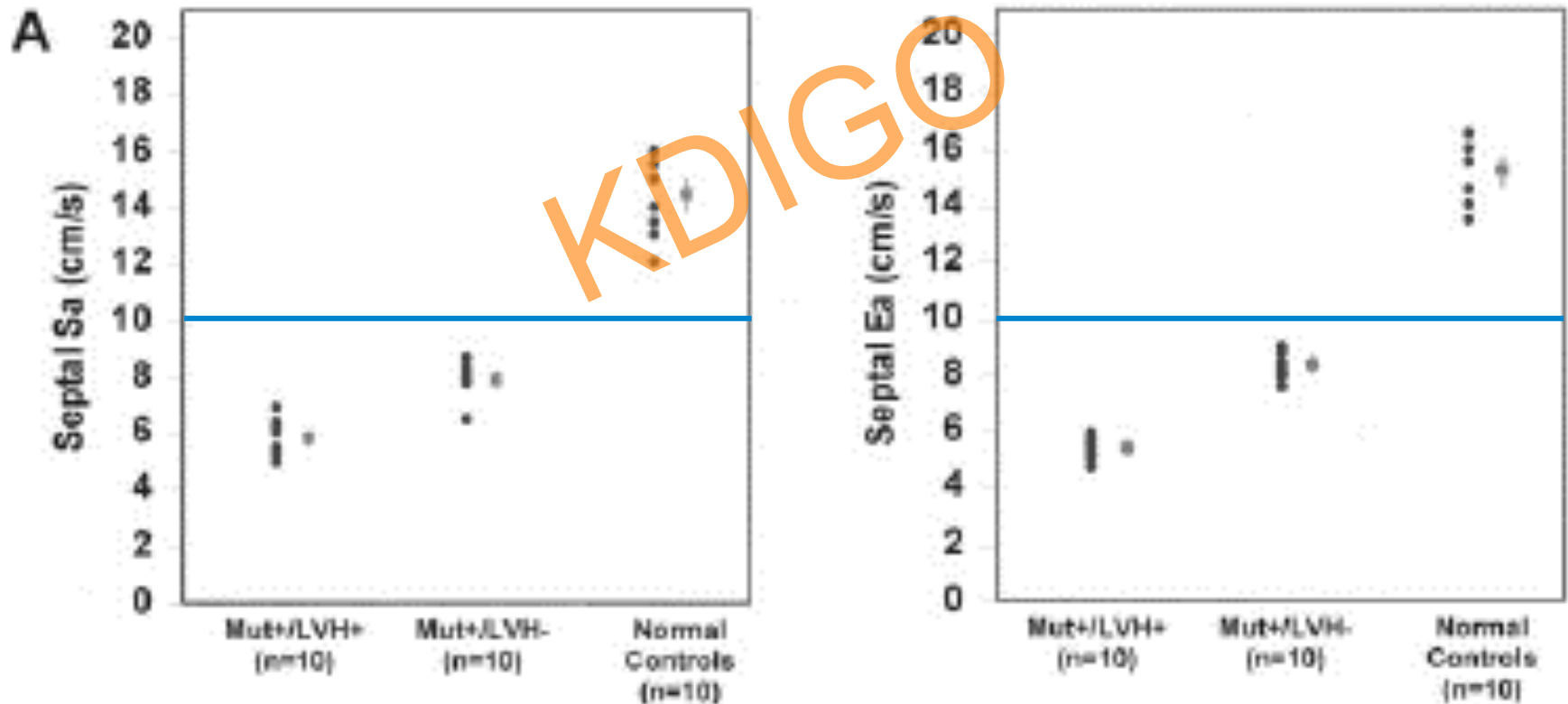
# T1 mapping



# TDI in FD cardiomyopathy

**Early Detection of Fabry Cardiomyopathy by Tissue Doppler Imaging**  
Maurizio Pieroni, Cristina Chimenti, Roberta Ricci, Patrizio Sale, Matteo Antonio Russo and Andrea Frustaci

*Circulation* 2003, 107:1978-1984: originally published online March 31, 2003

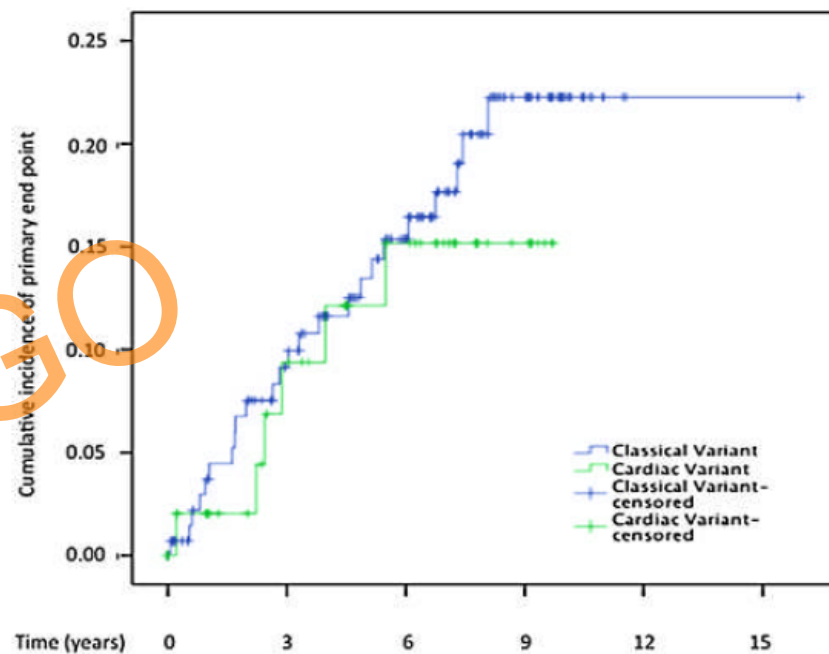


# Fabry disease

## Cardiovascular outcomes

### *Classic vs Cardiac variant*

- Primary endpoint: *Composite*:
  - New onset AF, NYHA  $\geq 3$  symptoms, device insertion for bradycardia & cardiac death
- Incidence: 2.64 per 100 person-years (CI 1.78 to 3.77).



- Significant independent predictors:
  - Mainz Severity Score Index score (HR 1.05, CI 1.01-1.09, p=0.012)
  - QRS duration (HR 1.03, CI 1.00-1.05, p=0.020)
  - **NOT** genotype

# Conclusions

- Diagnosis
  - Genetic, biochemical, substrate, clinical
- Biomarkers
  - Substrate
  - Pathophysiology
  - Clinical
- Nil universally satisfactory for diagnosis, prediction or monitoring