



XIX CONGRESSO PAULISTA DE  
NEFROLOGIA  
INOVAÇÃO SUSTENTÁVEL  
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# *Diabetic Kidney Disease State-of-the-Art Circa 2017*

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# *Disclosures*

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Consultant on therapeutics for diabetes and kidney disease:

- ◆ Eli Lilly and Company
- ◆ Boehringer Ingelheim

KDIGO

# *Objectives*

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- ◆ Understand unmet needs in diabetic kidney disease (DKD).
- ◆ Review limits and risks of current treatments to prevent or treat DKD.
- ◆ Examine effects of new drugs to lower blood glucose on DKD.
- ◆ Discuss barriers and facilitators for DKD therapeutic development.

# Diabetes: A global emergency

Estimated number of people with diabetes worldwide  
and per region in 2015 and 2040 (20-79 years)

## North America and Caribbean

2015 **44.3 million**  
2040 **60.5 million**

## Europe

2015 **59.8 million**  
2040 **71.1 million**

## Middle East and North Africa

2015 **35.4 million**  
2040 **72.1 million**

## Western Pacific

2015 **153.2 million**  
2040 **214.8 million**

## South and Central America

2015 **29.6 million**  
2040 **48.8 million**

## Africa

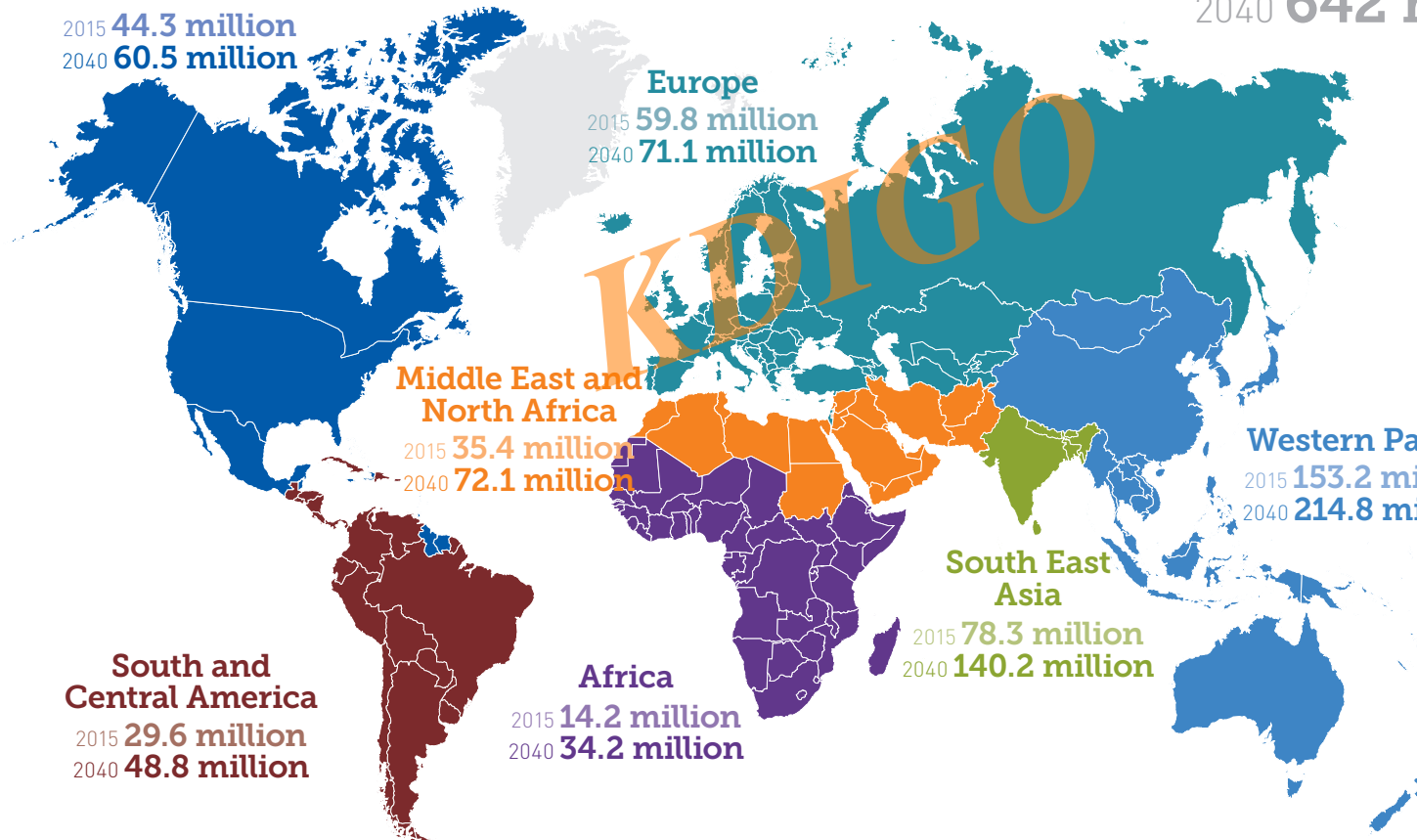
2015 **14.2 million**  
2040 **34.2 million**

## South East Asia

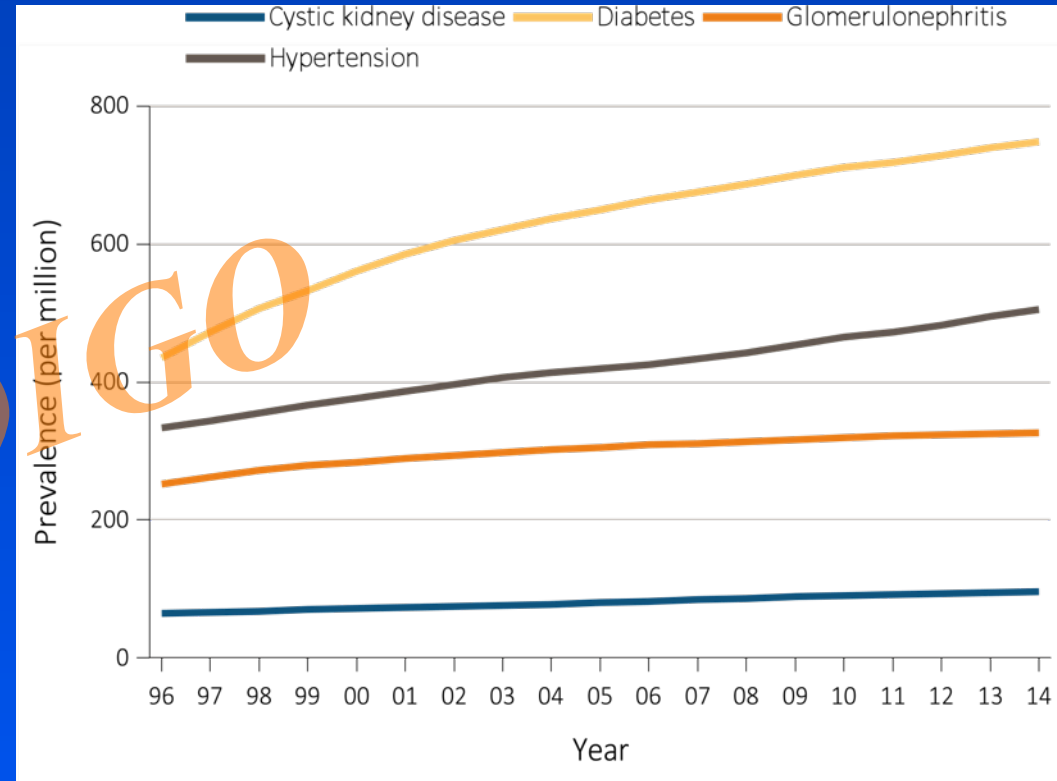
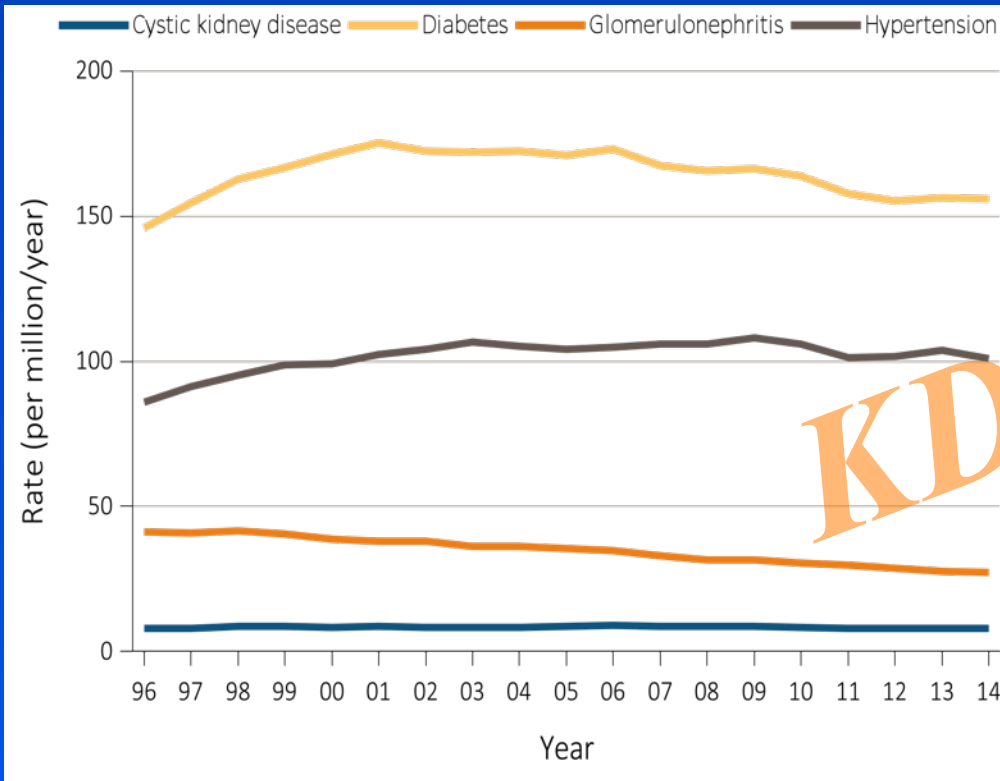
2015 **78.3 million**  
2040 **140.2 million**

## World

2015 **415 million**  
2040 **642 million**



# ESRD Incidence and Prevalence Rates by Primary Diagnosis in the USA



**Incidence** rates of ESRD attributed to diabetes are stable to **decreasing**.

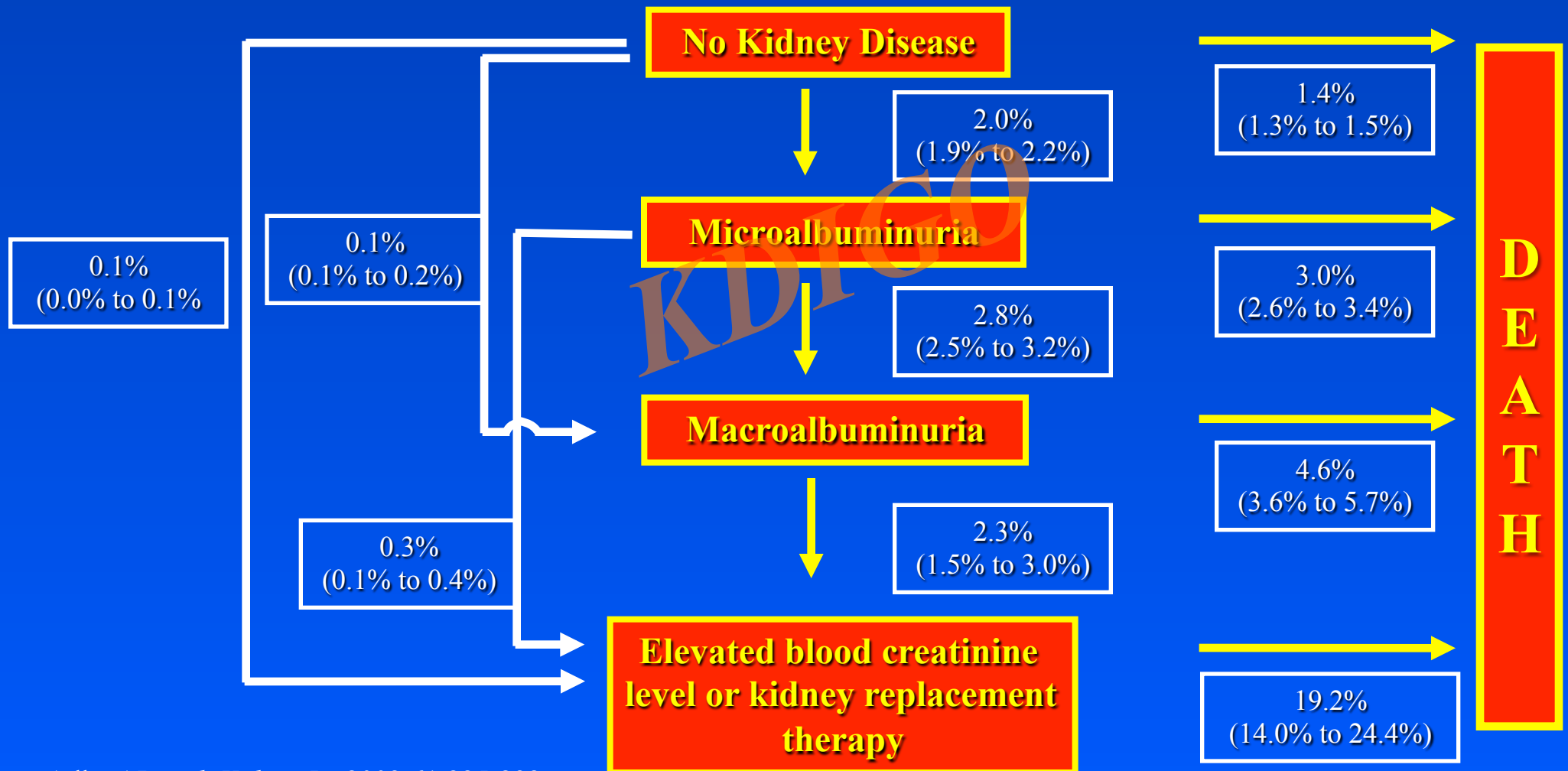
**Prevalence** rates of ESRD attributed to diabetes are **increasing**.

# *Diabetic Kidney Disease Risks*

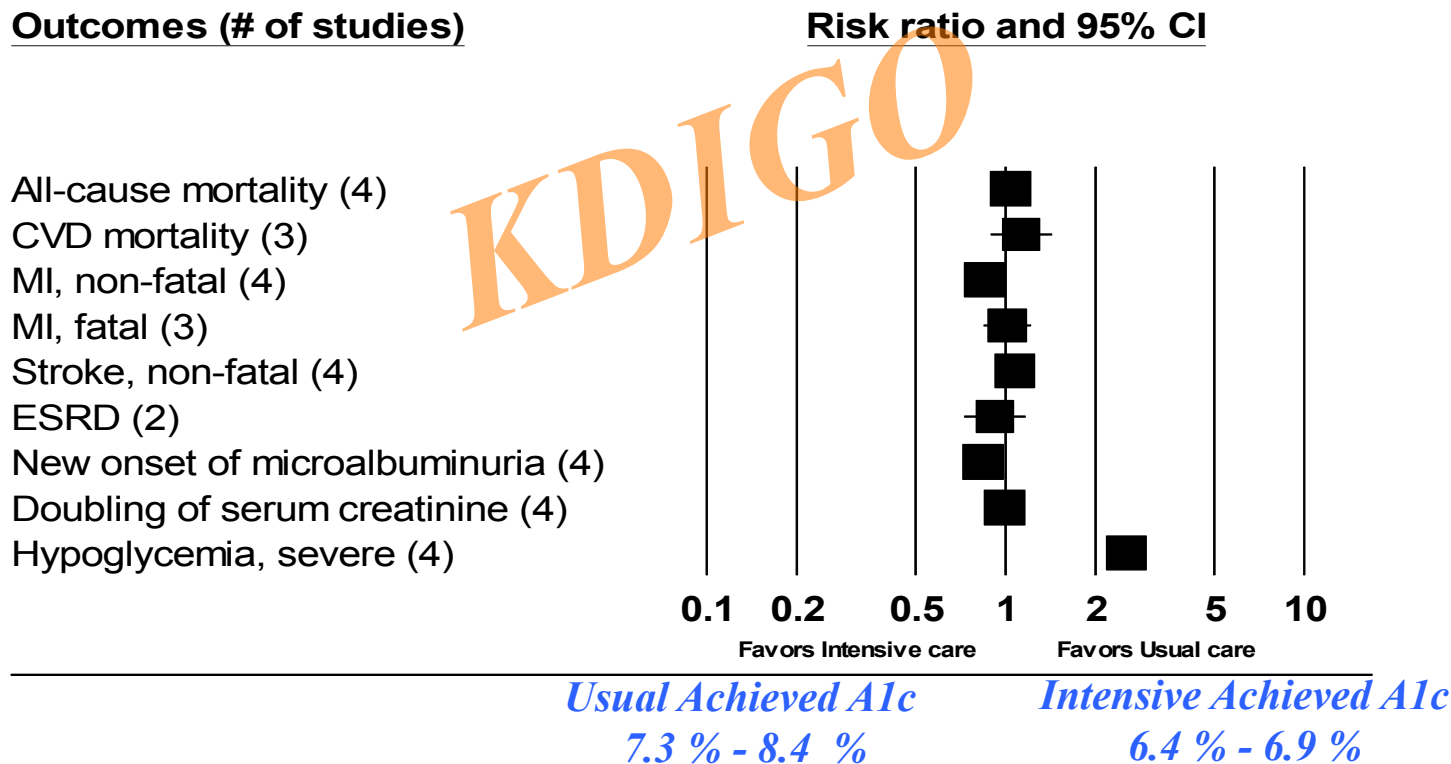
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- ◆ Progress to ESRD (10 %)
  - ◆ Dialysis
  - ◆ Kidney transplant
- ◆ Die of other causes without reaching ESRD (90 %)
  - ◆ CVD
  - ◆ Infections

# Annual Rates of Kidney Disease Progression and Death in Type 2 Diabetes (UKPDS)

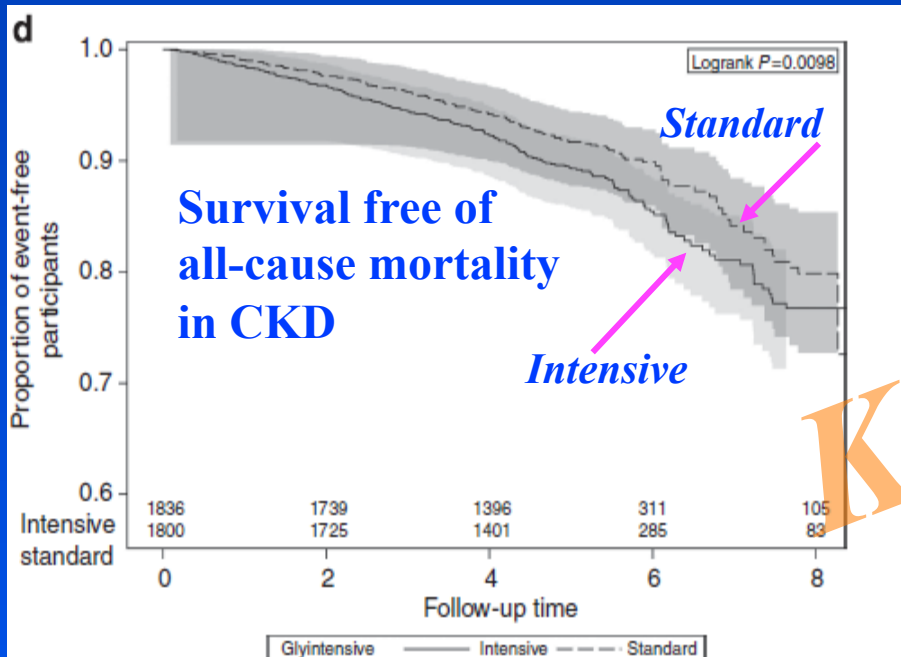


# Limits and Risks of Current Treatments: Intensive Glycemic Control





# Mortality, CVD Outcomes, and Severe Hypoglycemia in Diabetes with CKD: ACCORD



Most CKD defined by microalbuminuria: 69 %  
eGFR <60 ml/min/1.73m<sup>2</sup>: 22 %

	Non-CKD Rate/year (# events)	CKD Rate/year (# events)	Hazard ratio (95% CI)	CKD to non-CKD hazard ratio
Primary outcome	1.60% (497)	3.21% (537)	1.86 (1.65, 2.11)	—
Secondary outcomes				
Nonfatal MI	1.03% (304)	1.80% (321)	1.62 (1.38, 1.90)	—
Any stroke	0.25% (81)	0.64% (112)	2.41 (1.81, 3.22)	—
Nonfatal stroke	0.22% (71)	0.58% (101)	2.49 (1.84, 3.38)	—
Death any cause	1.03% (330)	2.14% (381)	1.97 (1.70, 2.29)	—
CVD death	0.22% (142)	1.06% (187)	2.19 (1.76, 2.73)	—
PO/Rev/NonfatalCHF	4.23% (1228)	7.58% (1131)	1.64 (1.51, 1.77)	—
Major coronary	2.01% (617)	3.47% (575)	1.56 (1.39, 1.75)	—
Any CHF	0.48% (153)	1.70% (289)	3.20 (2.62, 3.89)	—

0.5 1 2 4  
CKD better Non-CKD better

CKD at baseline	Glycemia arm	Events	Percent	Annual incidence
Overall percent and annual incidence of hypoglycemia requiring assistance				
Non-CKD	Standard	172	5.2	1.1
Non-CKD	Intensive	500	15.3	3.5
CKD	Standard	165	9.1	2.0
CKD	Intensive	398	21.5	5.3

# *ADA Standards of Medical Care in Diabetes Circa 2017*

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## ◆ Recommendations for A1C Goals

- ◆ A reasonable A1C goal for many nonpregnant adults is  $<7\%$  (A)

## ◆ Exceptions

- ◆ **CKD**  
*Less stringent A1C goals ( $<8\%$ )* may be appropriate for patients with a history of severe hypoglycemia, limited life expectancy, advanced microvascular or macrovascular complications, and extensive co-morbid conditions. (B)
- ◆ *More stringent A1C goals ( $<6.5\%$ )* for selected individual patients if this can be achieved without significant hypoglycemia or other adverse effects... Might include those with short duration of diabetes, type 2 diabetes treated only with lifestyle or metformin, long life expectancy, no significant CVD. (C)

# *US FDA Label Change for Metformin in Diabetes and CKD: April 2016*

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## ◆ **Assess eGFR**

- ◆ Before starting metformin and at least annually.
- ◆ Consider more frequent monitoring in patients at high-risk of eGFR decline.

## ◆ **CKD stage 3a:** If eGFR $<60$ and $\geq 45$ mL/min/1.73m<sup>2</sup>

- ◆ Stop metformin with iodinated contrast administration, CHF, liver disease, alcoholism. (*volume depletion, acute illness – KRT comment on FDA guidance*)
- ◆ Reassess eGFR at 48 hours after contrast administration.

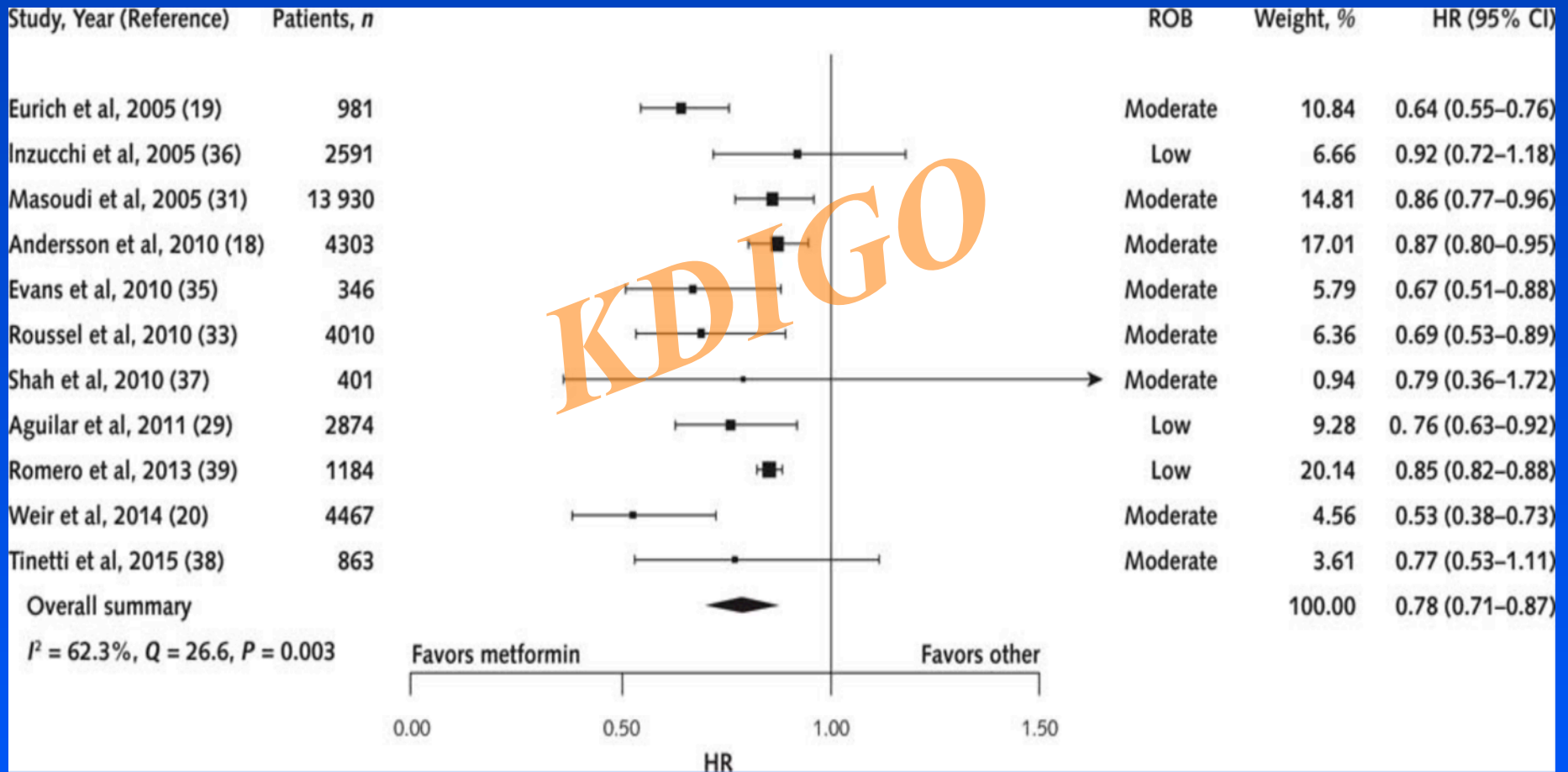
## ◆ **CKD stage 3b:** If eGFR $<45$ and $\geq 30$ mL/min/1.73m<sup>2</sup>

- ◆ Do not initiate metformin.
- ◆ Metformin may be continued, but reassess benefits versus risks of treatment.
- ◆ Follow same precautions as above.

## ◆ **CKD stage 4:** If eGFR $<30$ mL/min/1.73m<sup>2</sup>

- ◆ Do not use metformin.

# Meta-analysis of All-Cause Mortality in Moderate-to-Severe CKD by Metformin Usage



# *Limits and Risks of Current Treatments: Anti-Hypertensive Agents*

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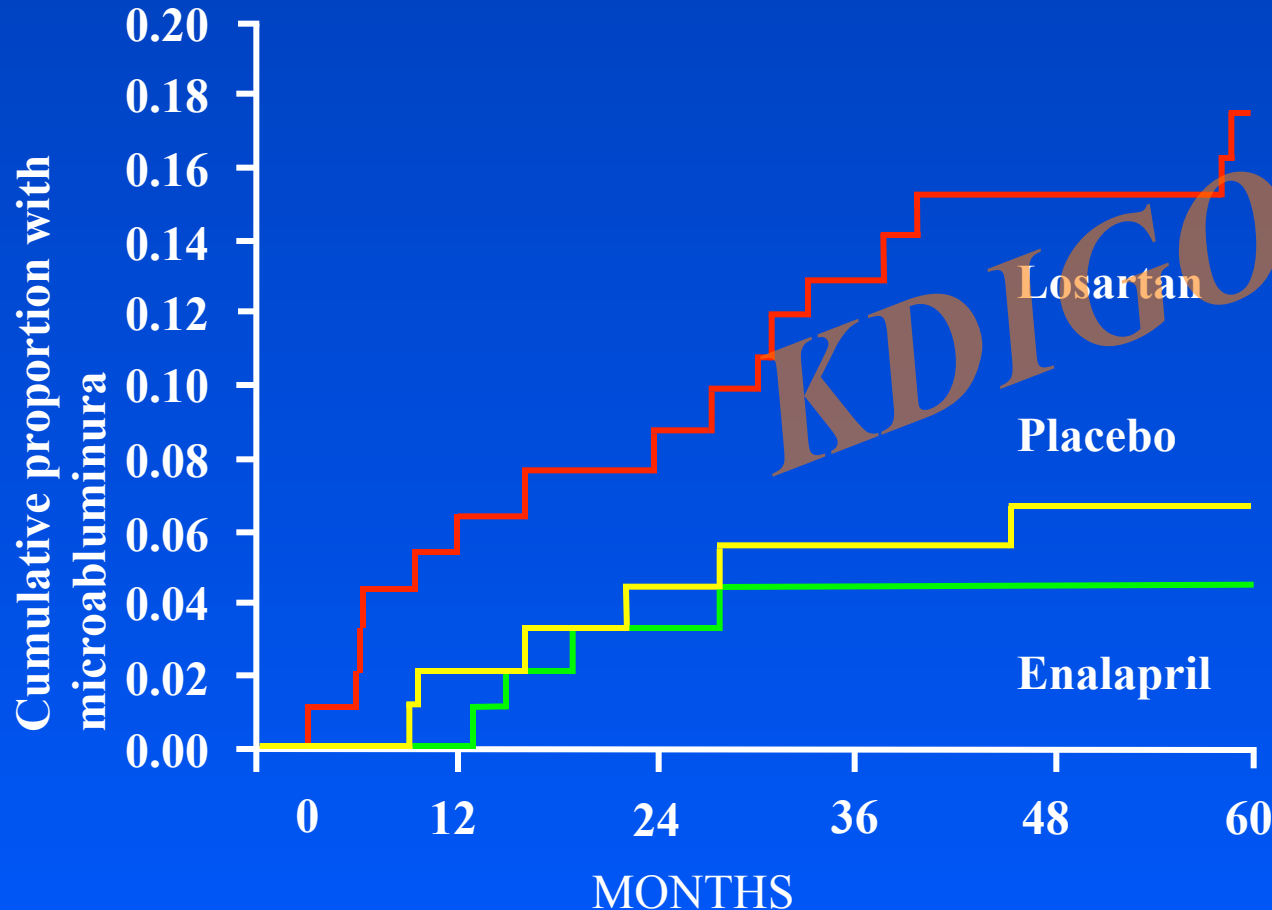
*Myths Dispelled*



◆ An ounce of prevention... Put ACE inhibitors/ARBs in the drinking water.

◆ More is better... Use dual RAS inhibition.

# Primary Prevention of Diabetic Kidney Disease: RAS Blockade with ACE Inhibitor or ARB



- RASS (n=285):  
Normotensive,  
normoalbuminuric, type 1  
diabetes with biopsy
- No benefit of RAS  
blockade

- Renal structure
- Measured GFR

*Similar results  
obtained in  
Europeans and  
American Indians  
with type 2 diabetes.*

Mauer M *et al.* *NEJM* 2009;361:40-51

Bilous R *et al.* *Ann Intern Med* 2009;151:11-20

Tanamas SK *et al.* *Diabetes Care* 2016;39:2004-201

# ***Dual RAS Blockade (losartan plus lisinopril): VA-NEPHRON-D Stopped for Safety***

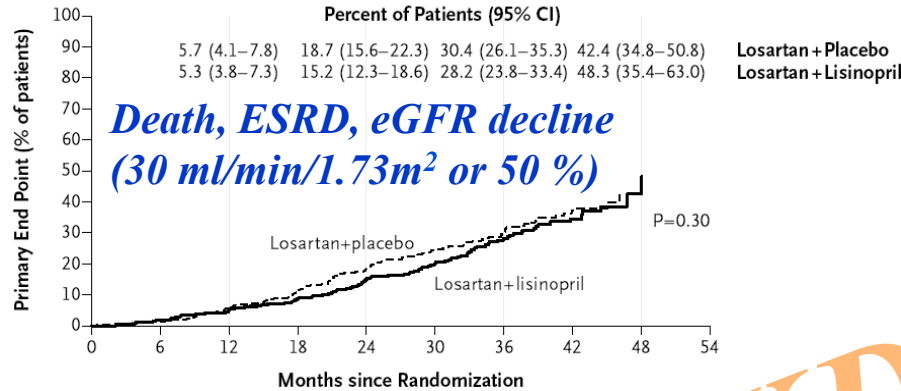
*Type 2 diabetic US veterans with macroalbuminuria  
(n=1448)*

- ◆ **Median baseline ACR  $\simeq$  850 mg/g**
  - ◆ Decreased to 517 mg/g vs 701 mg/g in combination and losartan groups after 1 year,  $p < 0.001$
- ◆ **Mean baseline eGFR = 54 ml/min/1.73<sup>2</sup>**
  - ◆ Decreased 2.7 vs 2.9 ml/min/1.73<sup>2</sup> in combination and losartan after 1 year,  $p = 0.17$
- ◆ **AEs more frequent in combination group**
  - ◆ Hyperkalemia 9.9 % vs 4.4 %, HR 2.8 (1.8-4.3),  $p < 0.001$
  - ◆ Acute kidney injury 18 % vs 11 %, HR 1.7 (1.3-2.2),  $p < 0.001$

# VA-NEPHRON-D

## Stopped for Futility, Too...

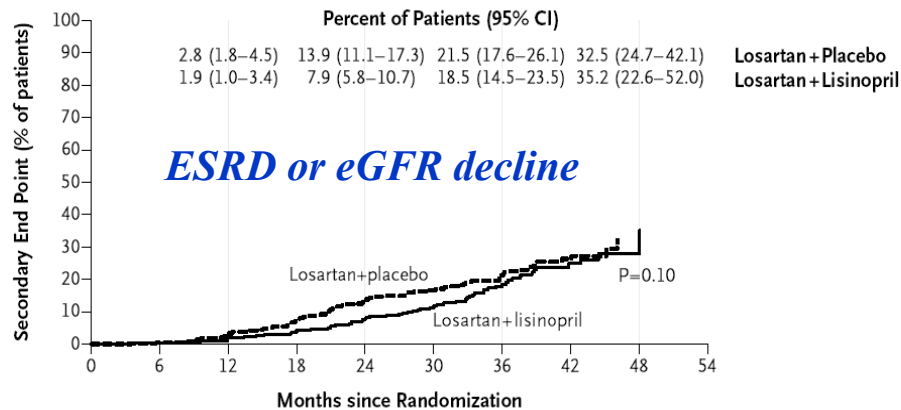
### Primary End Point



### No. at Risk

Losartan+placebo	724	641	543	453	335	238	149	75	14
Losartan+lisinopril	724	631	534	457	347	245	139	69	10

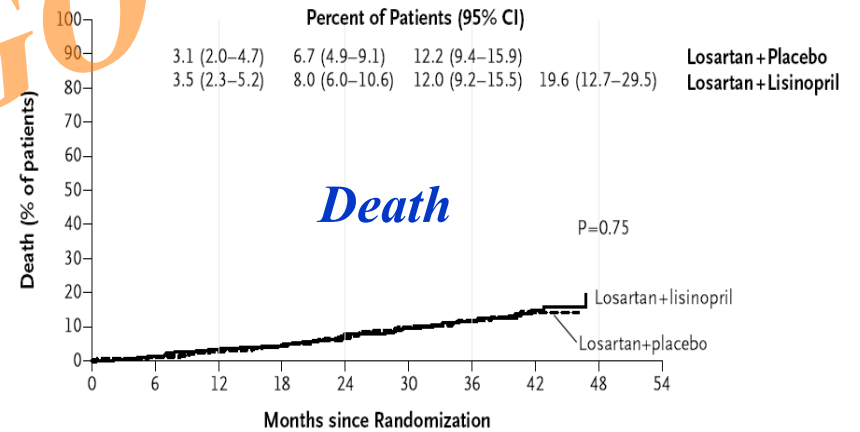
### Secondary End Point



### No. at Risk

Losartan+placebo	724	641	543	453	335	238	149	75	14
Losartan+lisinopril	724	631	534	457	347	245	139	69	10

### Death



### No. at Risk

Losartan+placebo	724	654	573	499	389	281	183	96	21
Losartan+lisinopril	724	658	575	505	393	297	185	93	13

Fried LF *et al.* *N Engl J Med* 2013;369:1892-1903



# *Novel Therapies in Clinical Trials for Diabetic Kidney Disease*

## ***PKC inhibition***

Ruboxistaurin - Regulatory/business hold

## ***Anti-AGE treatments***

Sevelamer – under study

Pyridoxamine – business termination

Aminoguanidine – safety termination

Alagebrium – business termination

## ***RAS inhibition***

Epleronone – under study

Spironolactone – under study

Finerenone – under study

Aliskiren – safety termination

Dual blockade– safety termination

## ***Anti-fibrotic treatments***

Perfenidone – under study

Anti-TGF Ab – futility termination

Anti-CTGF Ab – business termination

## ***Uric acid and gout treatments***

Allopurinol – under study

Colchicine – under study

Febuxostat – under study

## ***Antioxidants and anti-inflammatories***

Bardoxolone - safety termination

Baricitinib – under study

N-acetylcysteine under study

Alpha lipoic acid – under study

CCL2 (MCP-1) receptor antagonists – under study

Pentoxifylline– under study

Athcar gel – under study

## ***Endothelin antagonists***

Atrasentan – under study

Avosentan – safety termination

## ***Supplements, diet, weight loss***

Vitamin D- under study

Thiamine – under study

Green tea – under study

Magnesium oxide – under study

Bariatric surgery – under study

Vey low calorie diet – under study

## ***Newer anti-hyperglycemic treatments***

SGLT-2 inhibition – under study

GLP-1 agonists – under study

DPP-4 inhibitors – under study

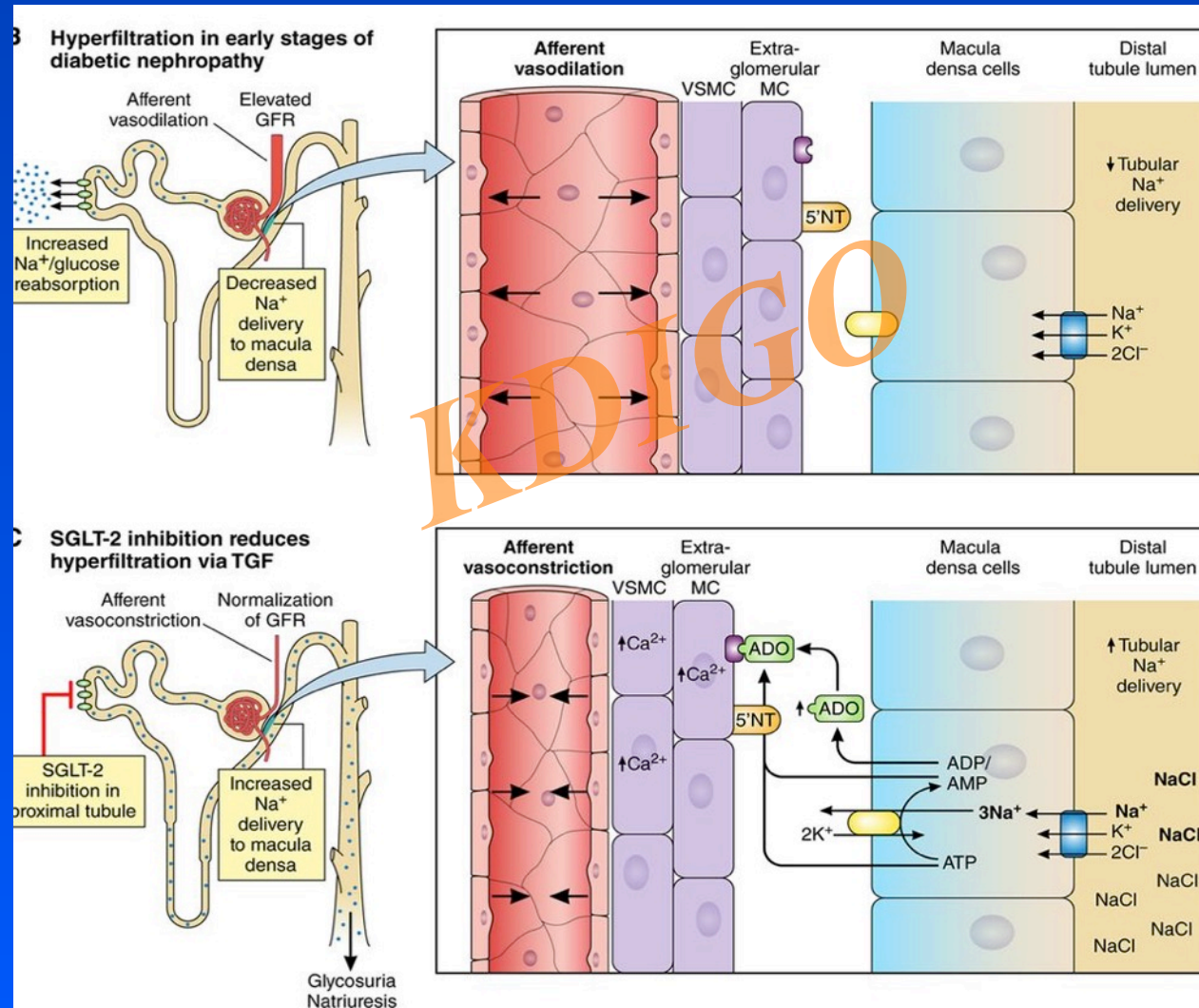
# *Anti-Hyperglycemic Treatments*

## *Secondary Effects on the Kidney*

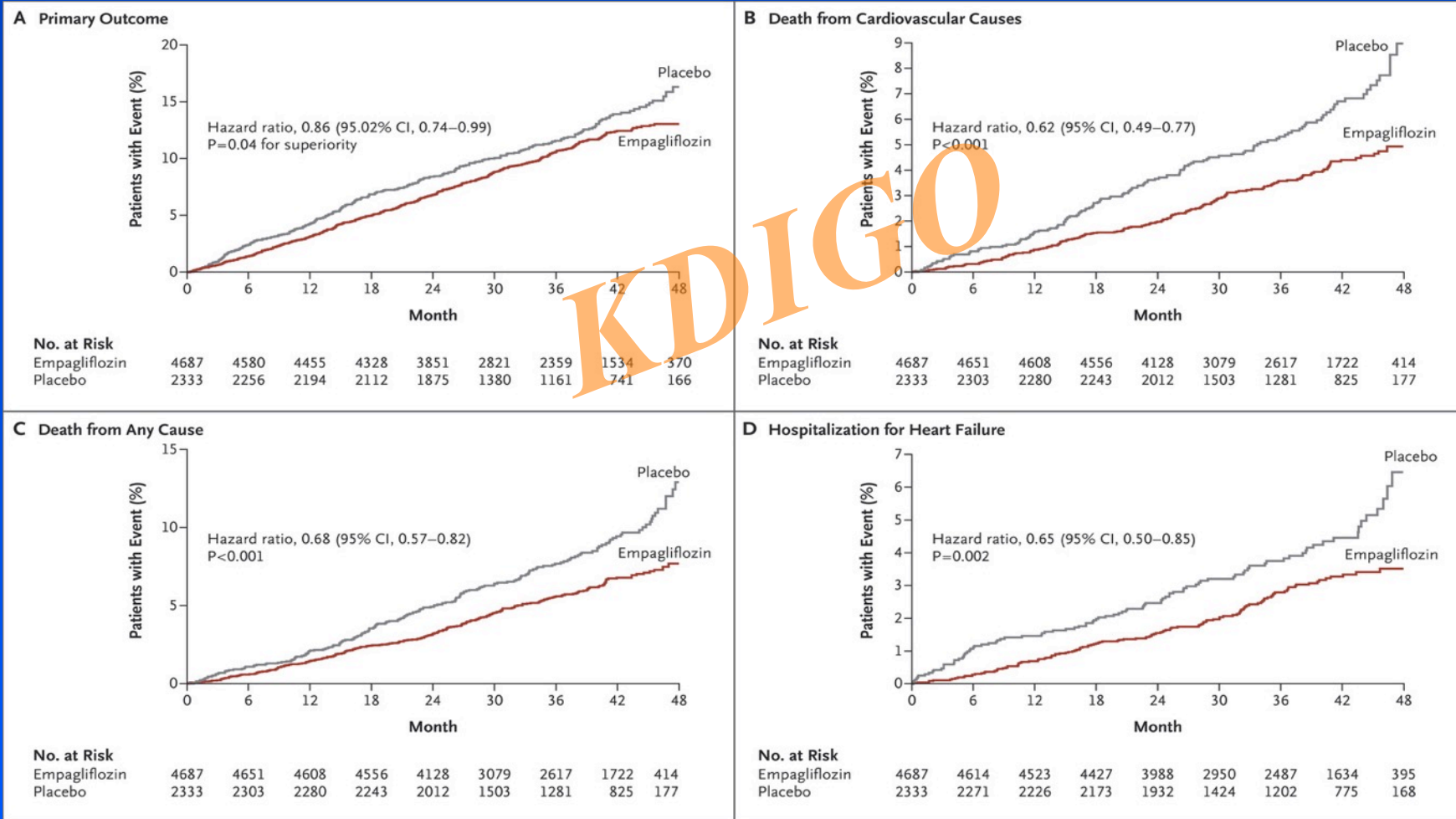
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- ◆ Improvement in hyperglycemia
- ◆ Loss of body weight
- ◆ Natriuresis
- ◆ Lower blood pressure

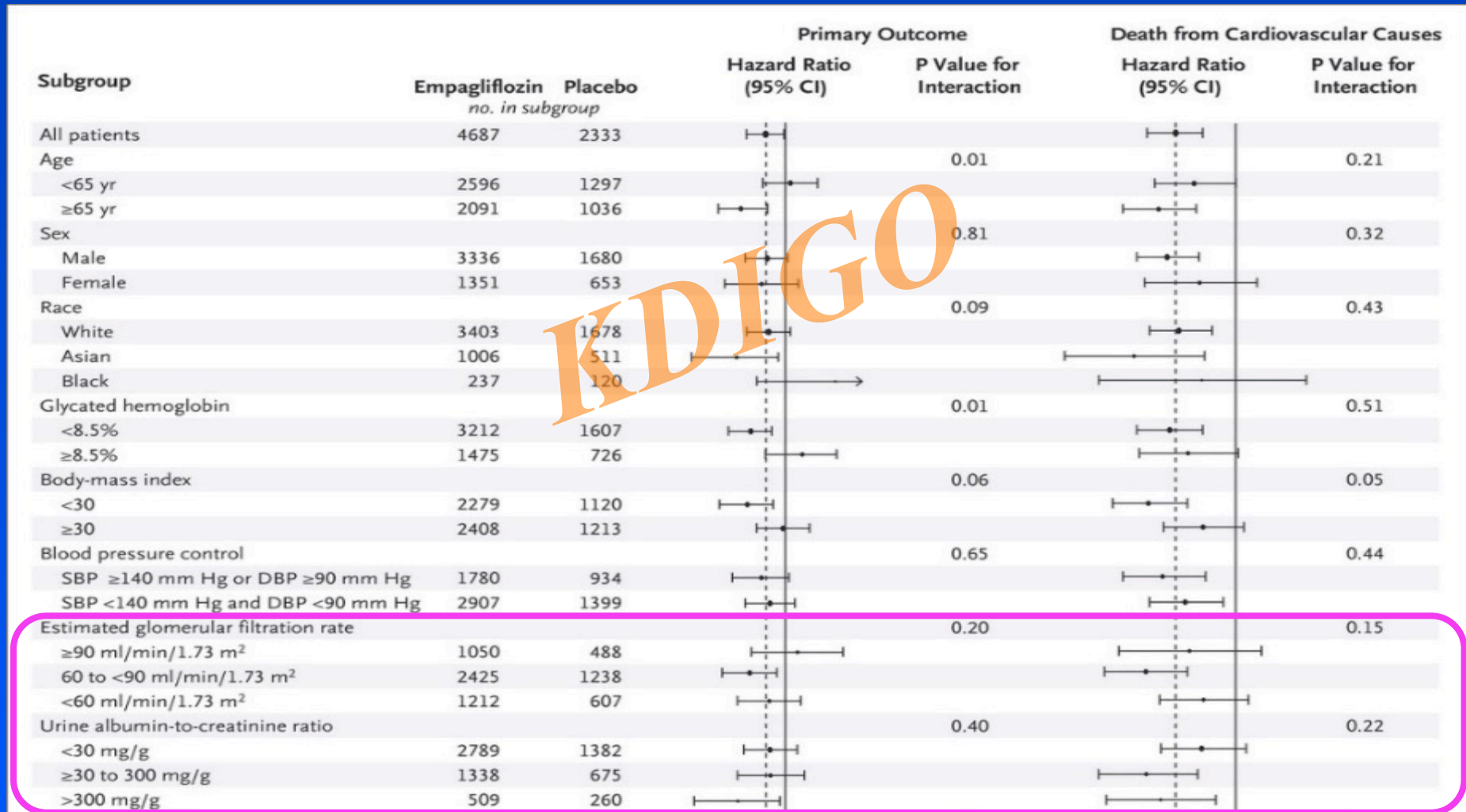
# SGLT-2 Inhibition and Glomerular Hyperfiltration in Diabetes



# EmpaReg: Empagliflozin in High-CVD-Risk Type 2 Diabetes



# Subgroup Analyses for Primary Outcome and Death from Cardiovascular Causes



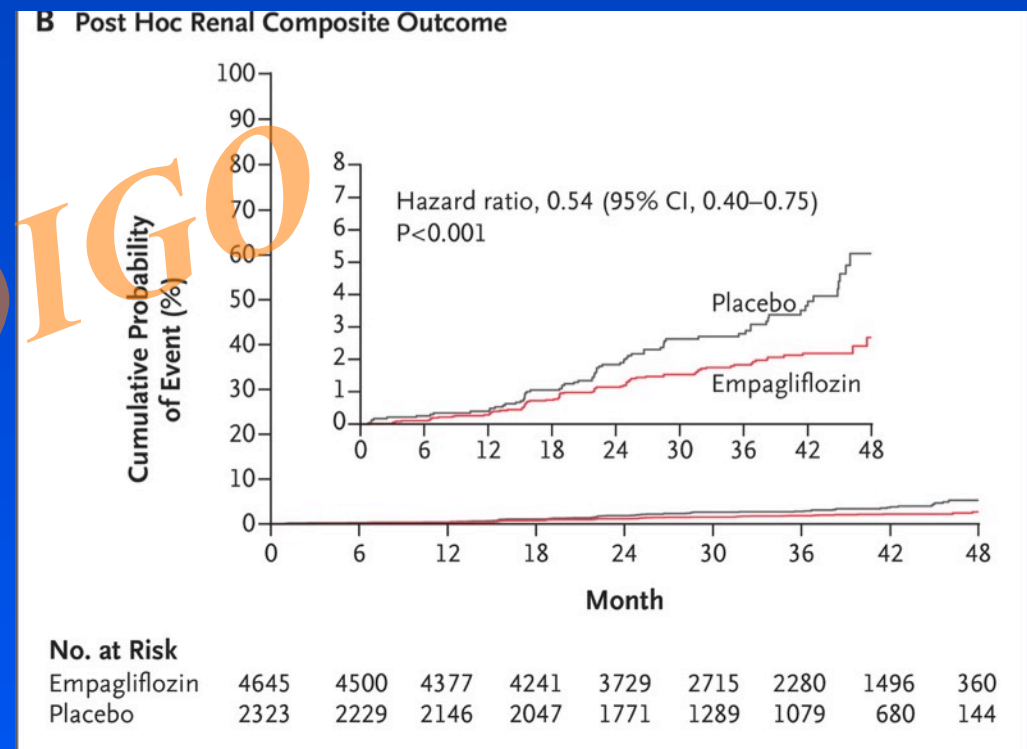
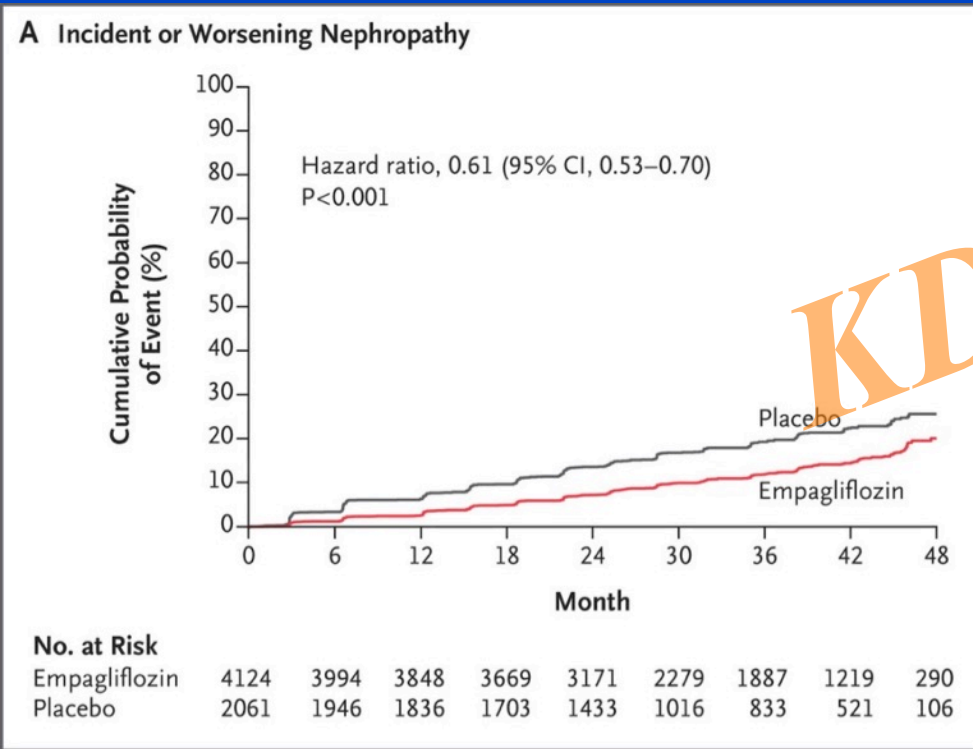
# *EmpaReg CKD Outcomes in High-CVD-Risk Type 2 Diabetes*

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- ◆ Decreased development of macroalbuminuria.
- ◆ Reduced slope of eGFR decline.
- ◆ Prevented serum creatinine doubling and ESRD.
- ◆ Benefit of empagliflozin occurred in subgroups with and without pre-existing CKD.

# Empagliflozin and CKD Events

## EmpaReg



# Risk Comparison for CKD Outcomes

## EmpaReg

Renal Outcome Measure	Empagliflozin		Placebo		Hazard Ratio (95% CI)	P Value
	no. with event/ no. analyzed (%)	rate/1000 patient-yr	no. with event/ no. analyzed (%)	rate/1000 patient-yr		
Incident or worsening nephropathy or cardiovascular death	675/4170 (16.2)	60.7	497/2102 (23.6)	95.9	0.61 (0.55–0.69)	<0.001
Incident or worsening nephropathy	525/4124 (12.7)	47.8	388/2061 (18.8)	76.0	0.61 (0.53–0.70)	<0.001
Progression to macroalbuminuria	459/4091 (11.2)	41.8	330/2033 (16.2)	64.9	0.62 (0.54–0.72)	<0.001
Doubling of serum creatinine level accompanied by eGFR of $\leq 45$ ml/min/1.73 m <sup>2</sup>	70/4645 (1.5)	5.5	60/2323 (2.6)	9.7	0.56 (0.39–0.79)	<0.001
Initiation of renal-replacement therapy	13/4687 (0.3)	1.0	14/2333 (0.6)	2.1	0.45 (0.21–0.97)	0.04
Doubling of serum creatinine level accompanied by eGFR of $\leq 45$ ml/min/1.73 m <sup>2</sup> , initiation of renal-replacement therapy, or death from renal disease	81/4645 (1.7)	6.3	71/2323 (3.1)	11.5	0.54 (0.40–0.75)	<0.001
Incident albuminuria in patients with a normal albumin level at baseline	1430/2779 (51.5)	252.5	703/1374 (51.2)	266.0	0.95 (0.87–1.04)	0.25

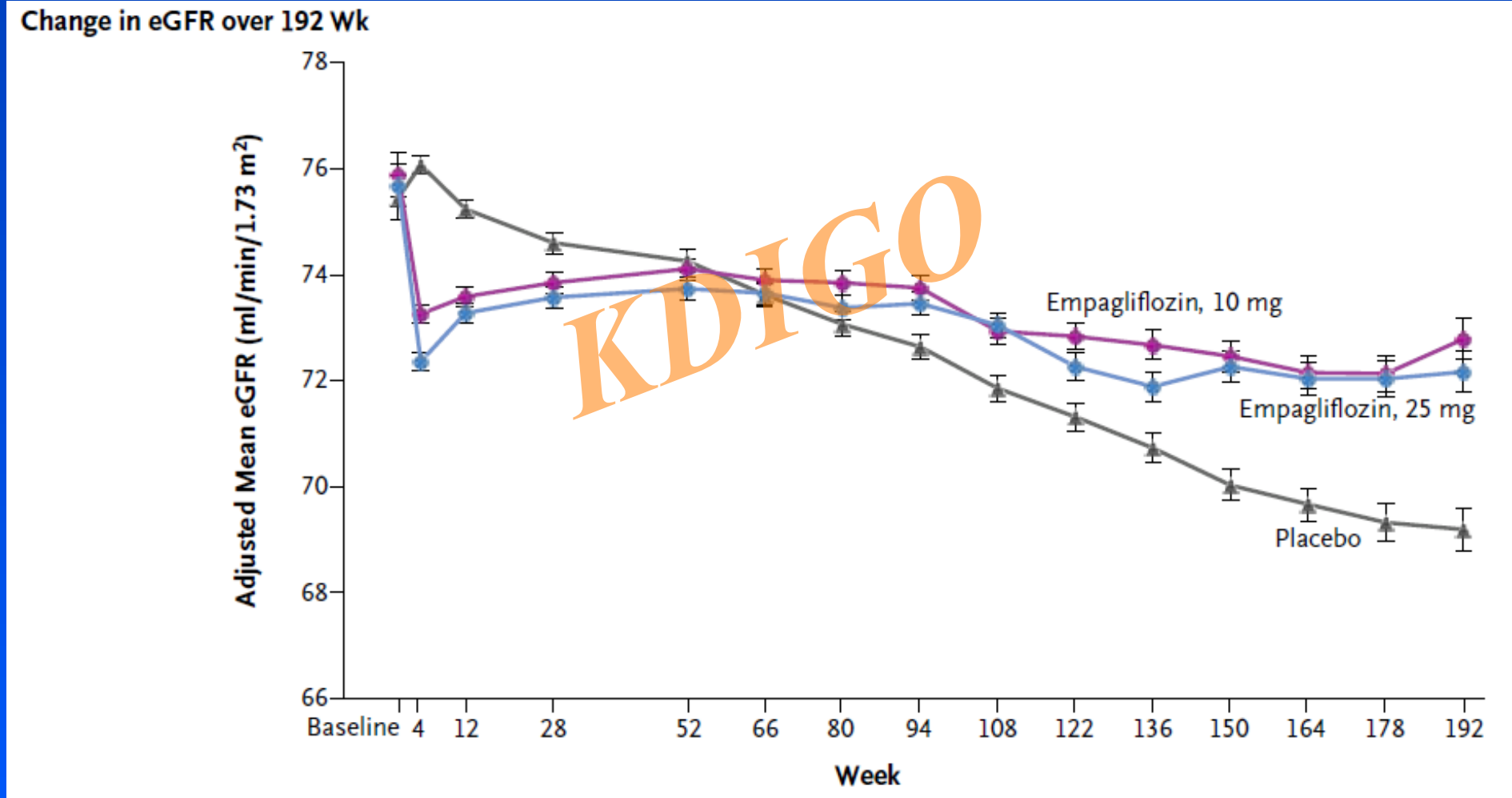
0.125 0.25 0.5 1.0 2.0 4.0

← Empagliflozin better | Placebo better →



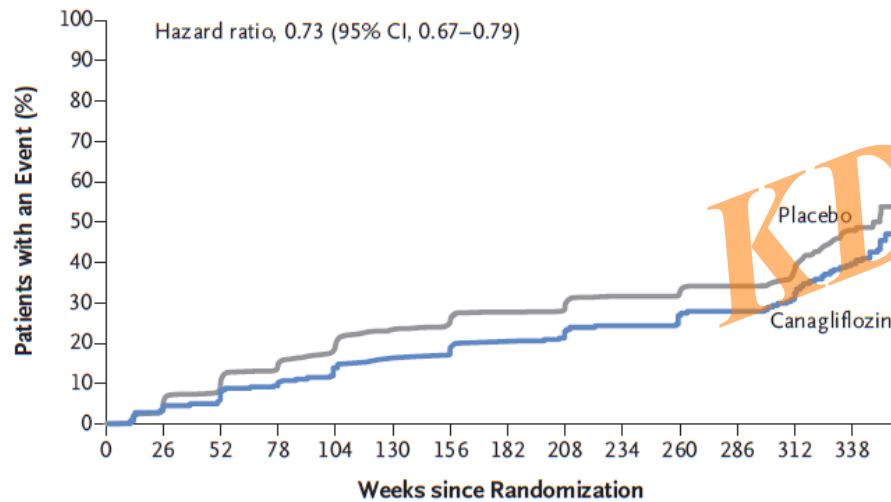
# Kidney Function Over Time

## EmpaReg



# CANVAS: Canagliflozin in High-CVD-Risk Type 2 Diabetes

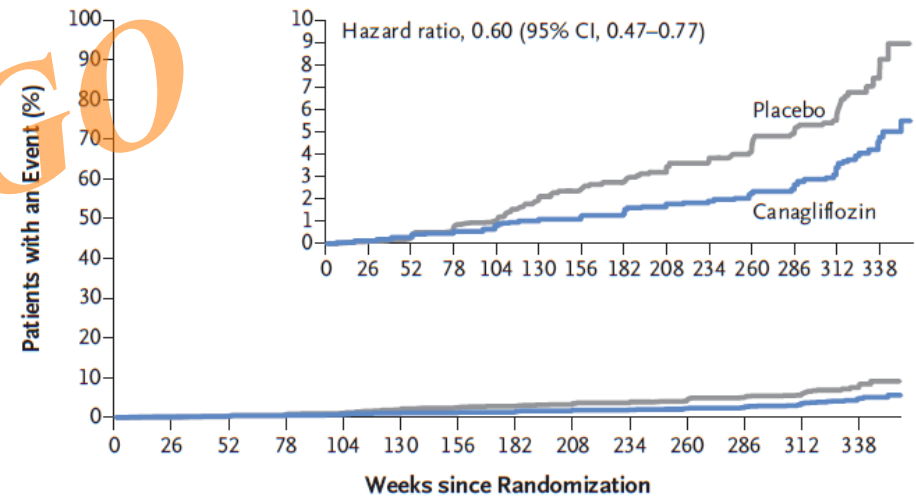
C Progression of Albuminuria



**No. at Risk**

Placebo	3819	3473	3096	2700	1690	877	724	652	626	565	548	485	303	67
Canagliflozin	5196	4791	4475	4027	2968	1951	1730	1593	1528	1408	1354	1213	775	185

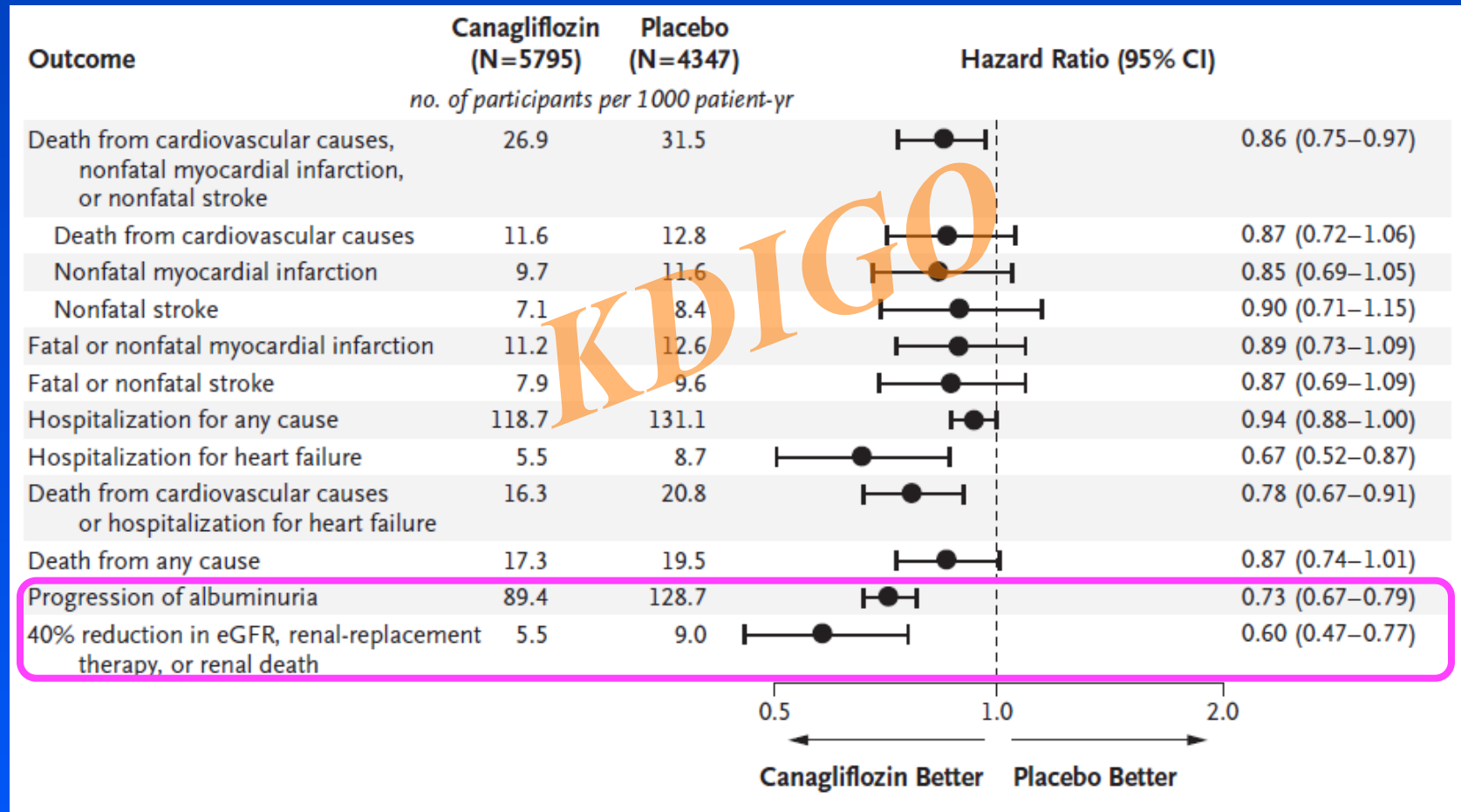
D Composite of 40% Reduction in eGFR, Requirement for Renal-Replacement Therapy, or Death from Renal Causes



**No. at Risk**

Placebo	4347	4287	4227	4151	3029	1674	1274	1253	1229	1202	1173	1148	819	229
Canagliflozin	5795	5737	5664	5578	4454	3071	2654	2623	2576	2542	2495	2450	1781	493

# Subgroup Analyses for Primary and Secondary Outcomes

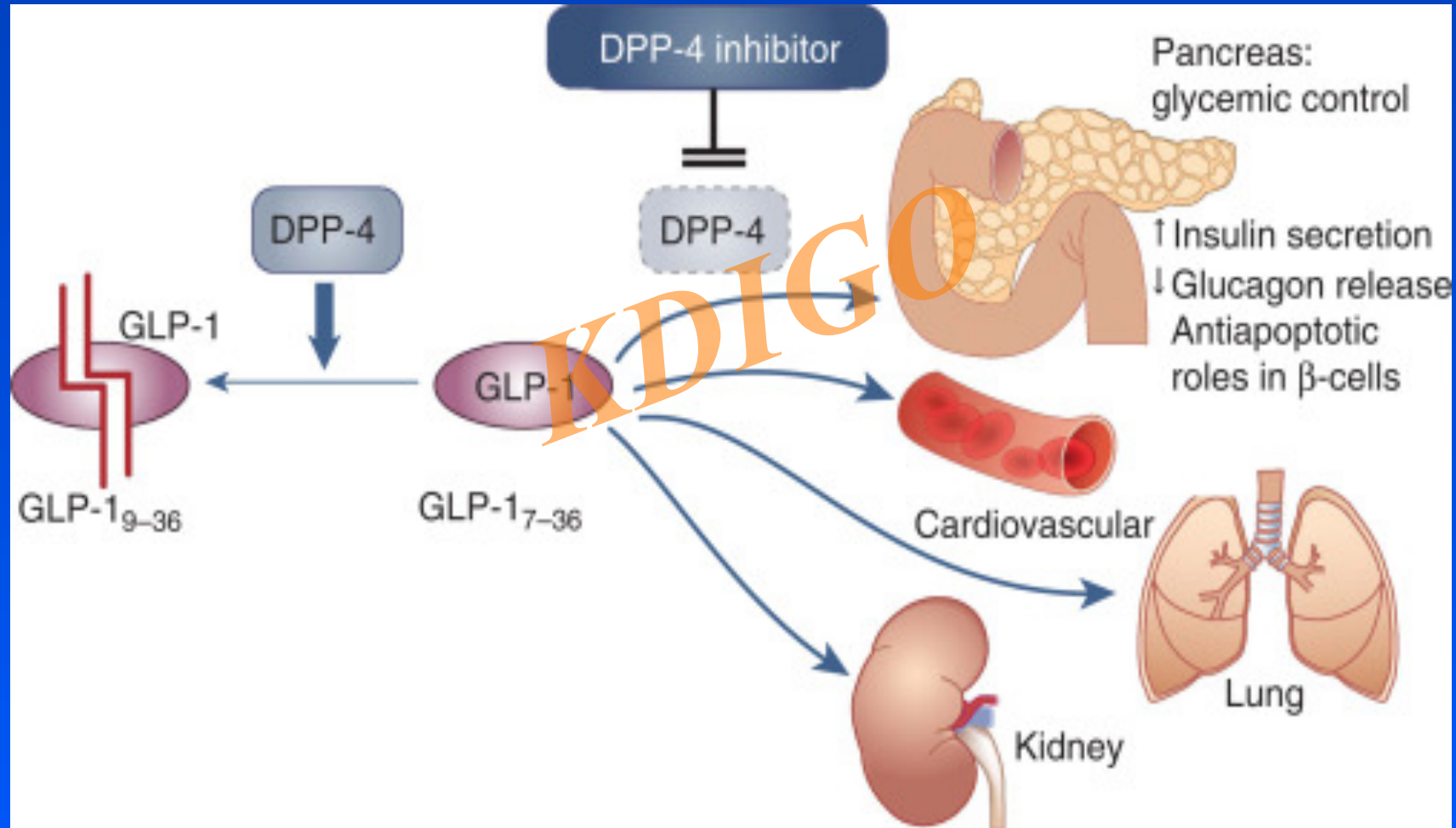


# Serious Adverse Events and Adverse Events CANVAS

Event	Canagliflozin	Placebo	P Value <sup>†</sup>
	<i>event rate per 1000 patient-yr</i>		
All serious adverse events	104.3	120.0	0.04
Adverse events leading to discontinuation	35.5	32.8	0.07
Serious and nonserious adverse events of interest recorded in the CANVAS Program			
Acute pancreatitis (adjudicated)	0.5	0.4	0.63
Cancer			
Renal cell	0.6	0.2	0.17
Bladder	1.0	1.1	0.74
Breast	3.1	2.6	0.65
Photosensitivity	1.0	0.3	0.07
Diabetic ketoacidosis (adjudicated)	0.6	0.3	0.14
Amputation	6.3	3.4	<0.001
Fracture (adjudicated) <sup>‡</sup>			
All	15.4	11.9	0.02
Low-trauma	11.6	9.2	0.06
Venous thromboembolic events	1.7	1.7	0.63
Infection of male genitalia <sup>§</sup>	34.9	10.8	<0.001
Serious and nonserious adverse events of interest collected in CANVAS alone <sup>¶</sup>			
Osmotic diuresis	34.5	13.3	<0.001
Volume depletion	26.0	18.5	0.009
Hypoglycemia	50.0	46.4	0.20
Acute kidney injury	3.0	4.1	0.33
Hyperkalemia	6.9	4.4	0.10
Urinary tract infection	40.0	37.0	0.38
Mycotic genital infection in women	68.8	17.5	<0.001
Severe hypersensitivity or cutaneous reaction	8.5	6.1	0.17
Hepatic injury	7.4	9.1	0.35
Renal-related (including acute kidney injury)	19.7	17.4	0.32

Neal B *et al.* *N Engl J Med* 2017;  
377:644-657

# Extra Pancreatic Effects of GLP-1 and DPP-4

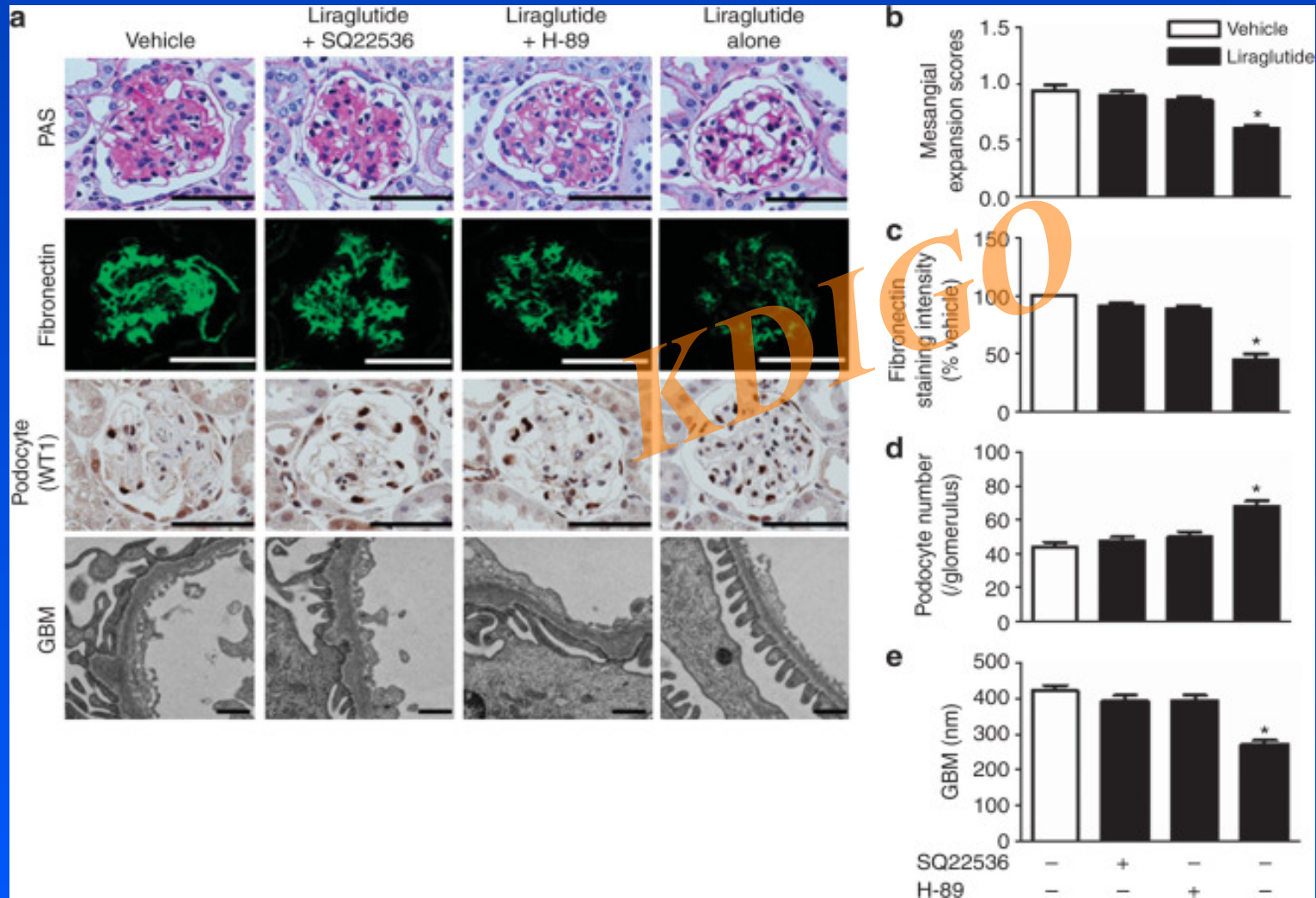


# *Mechanisms of GLP-1 Receptor Agonists in the Kidney - Primary*

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- ◆ Location of GLP-1 receptors
  - ◆ Glomerular endothelial cells, mesangial cells, and macrophages
  - ◆ Proximal tubular cells
- ◆ Effects of GLP-1 receptor agonists in animal studies
  - ◆ Reduce albuminuria
  - ◆ Decrease mesangial expansion and GBM thickness
  - ◆ Endothelial protection
  - ◆ Restore podocytes
- ◆ Mechanisms for GLP-1 receptor agonists
  - ◆ Signaling – PKC beta inhibition
  - ◆ Oxidative Stress – NAD(P)H oxidase inhibition, increased cAMP and PKA
  - ◆ Inflammation – inhibition of ICAM-1 expression, macrophage infiltration

# Kidney Histopathology in Liraglutide-Treated KK/Ta-Akita Mice



SQ22536: adenylate cyclase inhibitor

H-89: PKA inhibitor

# *Effects of GLP-1 Receptor Agonists*

## *Clinical Trials*

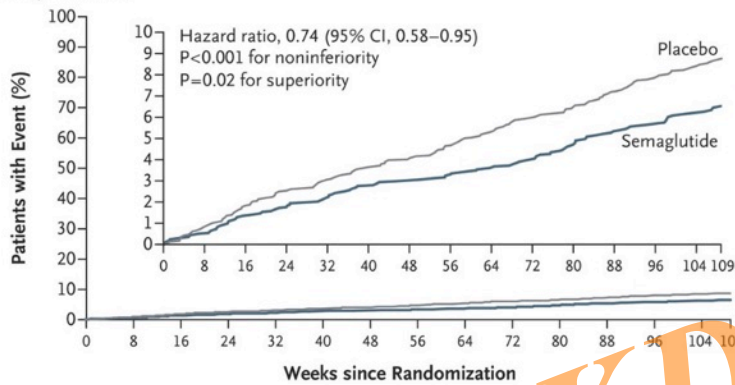
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- ◆ Reduce risk of albuminuria onset and progression across GLP-1 agonists (lira-, sema-, dula- *glutides*).
- ◆ Reduce eGFR decline in moderate-to-severe CKD (liraglutide, dulaglutide).
- ◆ CVD safety holds up in groups with eGFR  $<60$  ml/min/ $1.73\text{m}^2$ .
- ◆ Kidney safety holds up in clinical trials of patients with moderate-to-severe CKD.



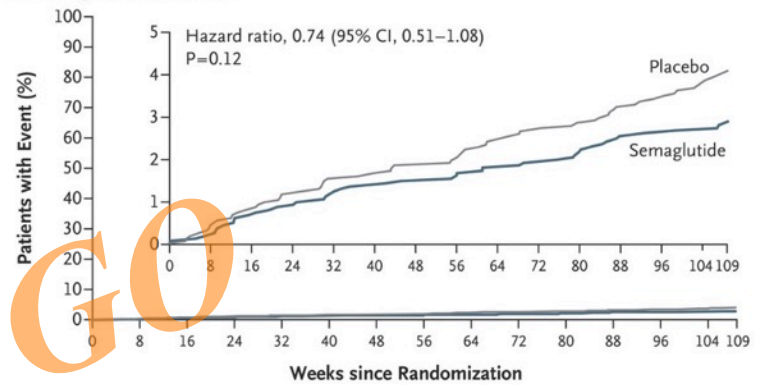
# Effects of New Drugs to Lower Blood Glucose: Semaglutide in High-CVD-Risk Type 2 Diabetes

**A Primary Outcome**



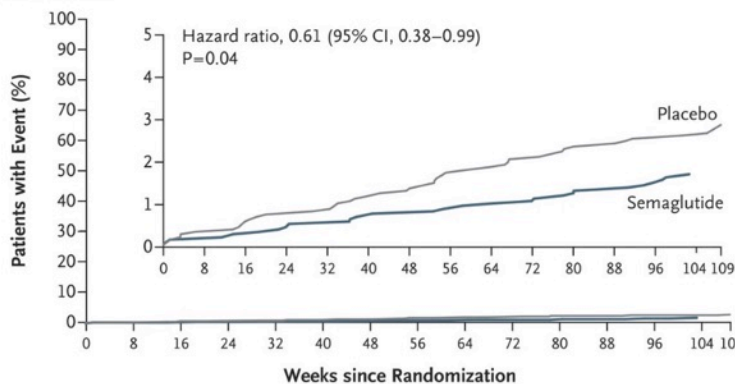
No. at Risk		0	8	16	24	32	40	48	56	64	72	80	88	96	104	109
Placebo	1649	1616	1586	1567	1534	1508	1479									
Semaglutide	1648	1619	1601	1584	1568	1543	1524									

**B Nonfatal Myocardial Infarction**



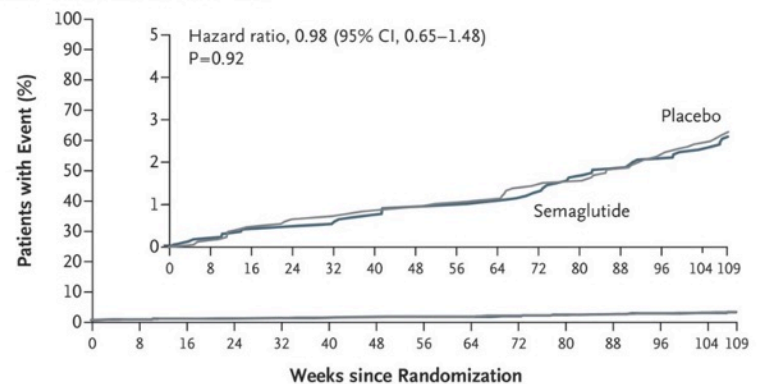
No. at Risk		0	8	16	24	32	40	48	56	64	72	80	88	96	104	109
Placebo	1649	1624	1598	1587	1562	1542	1516									
Semaglutide	1648	1623	1609	1595	1582	1560	1543									

**C Nonfatal Stroke**



No. at Risk		0	8	16	24	32	40	48	56	64	72	80	88	96	104	109
Placebo	1649	1629	1611	1597	1571	1548	1528									
Semaglutide	1648	1630	1619	1606	1593	1572	1558									

**D Death from Cardiovascular Causes**



No. at Risk		0	8	16	24	32	40	48	56	64	72	80	88	96	104	109
Placebo	1649	1637	1623	1617	1600	1584	1566									
Semaglutide	1648	1634	1627	1617	1607	1589	1579									

# Semaglutide in High-CVD-Risk Type 2 Diabetes: CVD and Microvascular Outcomes

## SUSTAIN-6

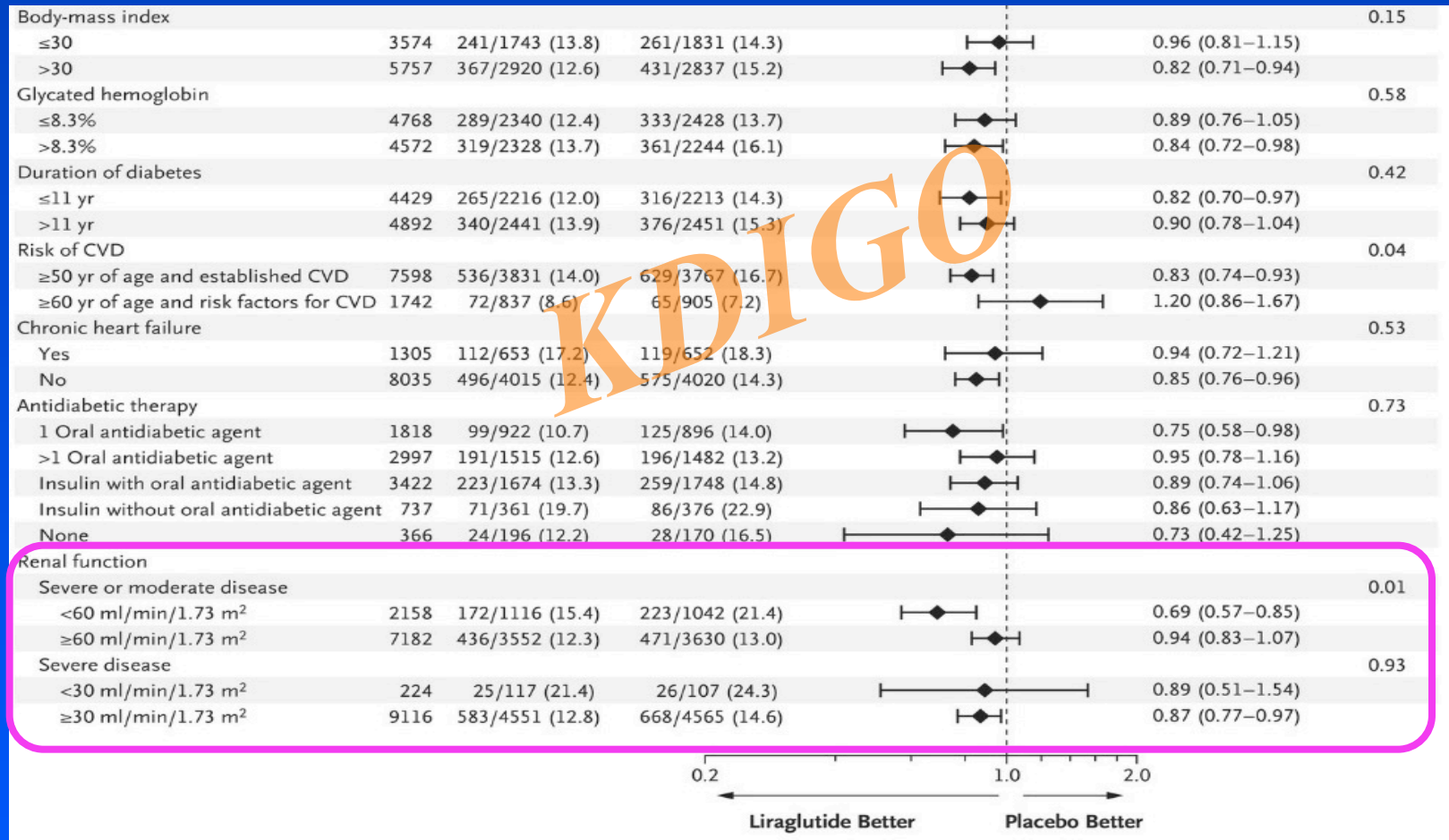
**Table 2.** Primary and Secondary Cardiovascular and Microvascular Outcomes.

Outcome	Semaglutide (N=1648)		Placebo (N=1649)		Hazard Ratio (95% CI)*	P Value
	no. (%)	no./100 person-yr	no. (%)	no./100 person-yr		
Primary composite outcome†	108 (6.6)	3.24	146 (8.9)	4.44	0.74 (0.58–0.95)	<0.001 for noninferiority; 0.02 for superiority
Expanded composite outcome‡	199 (12.1)	6.17	264 (16.0)	8.36	0.74 (0.62–0.89)	0.002
All-cause death, nonfatal myocardial infarction, or nonfatal stroke	122 (7.4)	3.66	158 (9.6)	4.81	0.77 (0.61–0.97)	0.03
Death						
From any cause	62 (3.8)	1.82	60 (3.6)	1.76	1.05 (0.74–1.50)	0.79
From cardiovascular cause	44 (2.7)	1.29	46 (2.8)	1.35	0.98 (0.65–1.48)	0.92
Nonfatal myocardial infarction	47 (2.9)	1.40	64 (3.9)	1.92	0.74 (0.51–1.08)	0.12
Nonfatal stroke	27 (1.6)	0.80	44 (2.7)	1.31	0.61 (0.38–0.99)	0.04
Hospitalization for unstable angina pectoris	22 (1.3)	0.65	27 (1.6)	0.80	0.82 (0.47–1.44)	0.49
Revascularization	83 (5.0)	2.50	126 (7.6)	3.85	0.65 (0.50–0.86)	0.003
Hospitalization for heart failure	59 (3.6)	1.76	54 (3.3)	1.61	1.11 (0.77–1.61)	0.57
Retinopathy complications§	50 (3.0)	1.49	29 (1.8)	0.86	1.76 (1.11–2.78)	0.02
New or worsening nephropathy¶	62 (3.8)	1.86	100 (6.1)	3.06	0.64 (0.46–0.88)	0.005

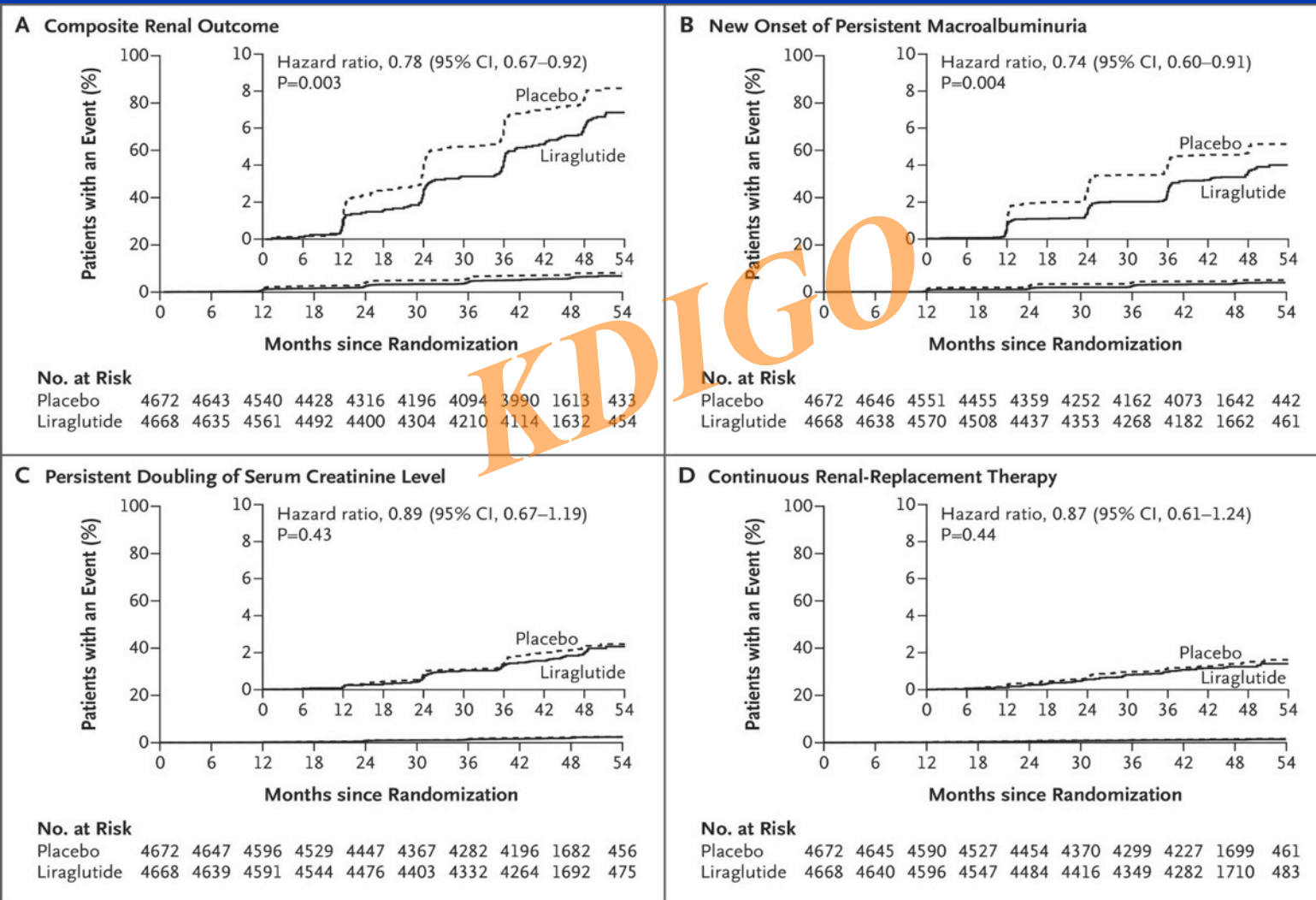
KDIGO

# Liraglutide in High-CVD-Risk Type 2 Diabetes: Primary Outcome (Death and CVD) in Subgroups

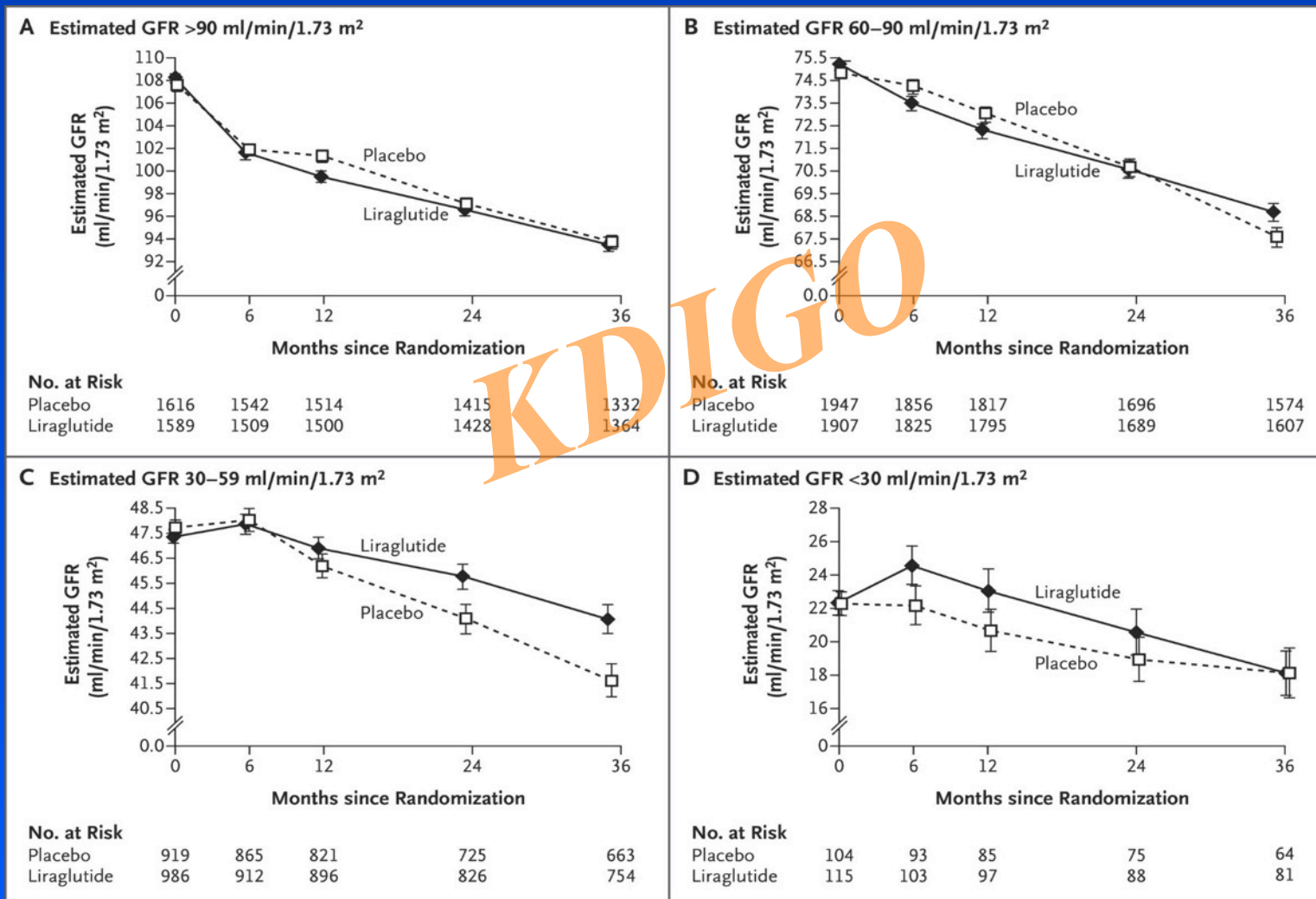
## LEADER



# LEADER: Composite Kidney Outcome and Component Outcomes



# LEADER: eGFR in Subgroups Stratified According to Baseline eGFR



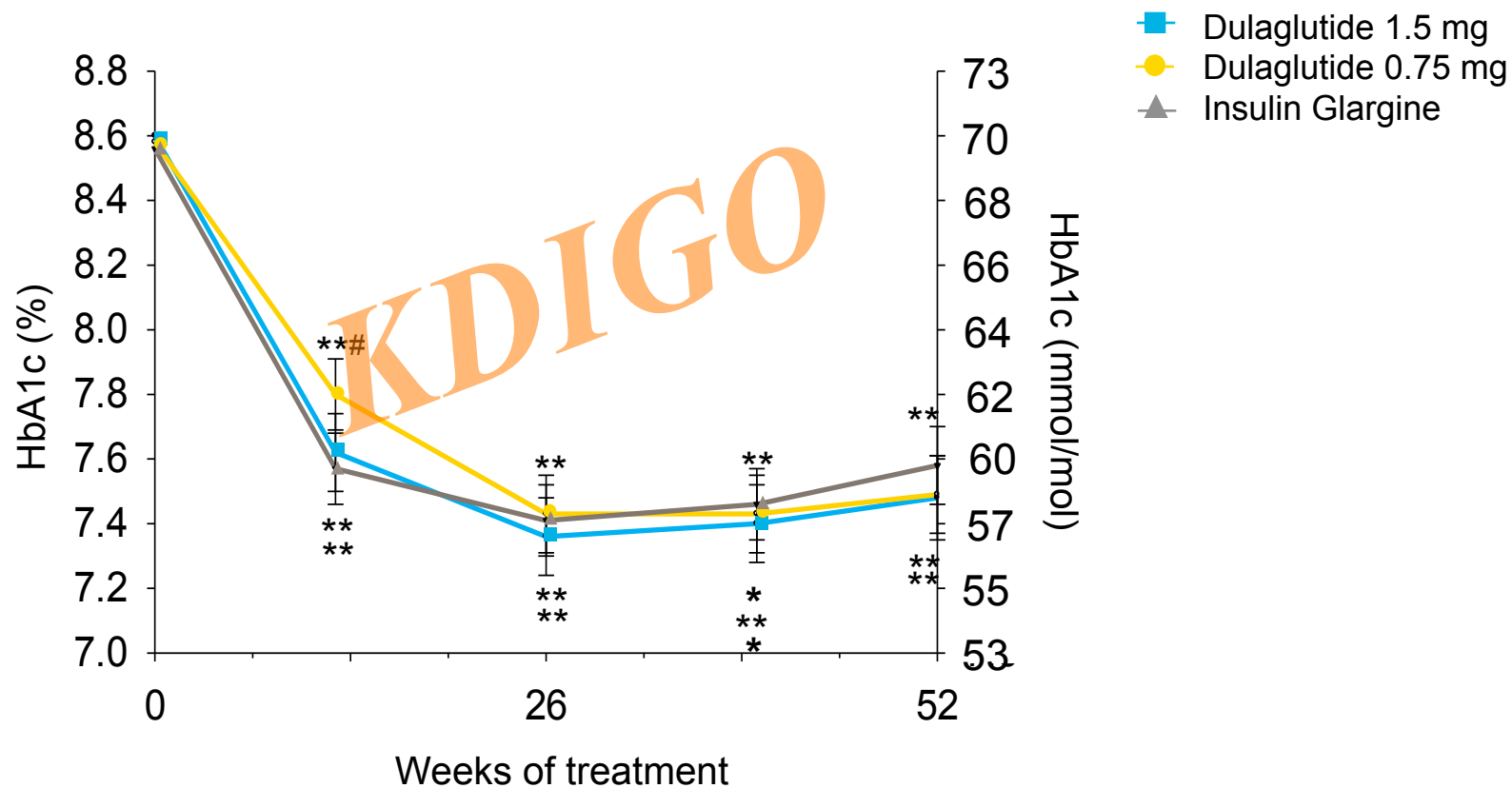
# AWARD-7:

## Baseline Characteristics Related to Kidney Disease

	DU 1.5 mg (N=192)	DU 0.75 mg (N=190)	Glargine (N=194)
<b>Duration of CKD stage <math>\geq 3</math>, years</b>	4.2 $\pm$ 5.6	4.0 $\pm$ 4.9	3.5 $\pm$ 4.0
<b>eGFR, mL/min/1.73m<sup>2</sup></b>	38.0 $\pm$ 13.3	38.4 $\pm$ 12.3	38.5 $\pm$ 13.0
60 $\leq$ Baseline eGFR <90	9 (4.7)	7 (3.7)	14 (7.2)
45 $\leq$ Baseline eGFR <60	53 (27.6)	53 (27.9)	51 (26.3)
30 $\leq$ Baseline eGFR <45	73 (38.0)	75 (39.5)	67 (34.5)
15 $\leq$ Baseline eGFR <30	55 (28.6)	55 (28.9)	61 (31.4)
Baseline eGFR <15	2 (1.0)	0 (0.0)	1 (0.5)
<b>UACR, mg/g, mean (median)</b>	779 (214)	842 (234)	920 (196)
Normal albuminuria (UACR <30)	34 (17.7)	44 (23.3)	48 (24.7)
Microalbuminuria (30 $\leq$ UACR $\leq$ 300)	74 (38.5)	61 (32.3)	56 (28.9)
Macroalbuminuria (UACR >300)	84 (43.8)	84 (44.4)	90 (46.4)

Data are mean  $\pm$  SD or n (%) unless otherwise noted; safety population; CKD=chronic kidney disease; UACR=urinary albumin to creatinine ratio; baseline eGFR and UACR were determined by mean of values from 2 visits.

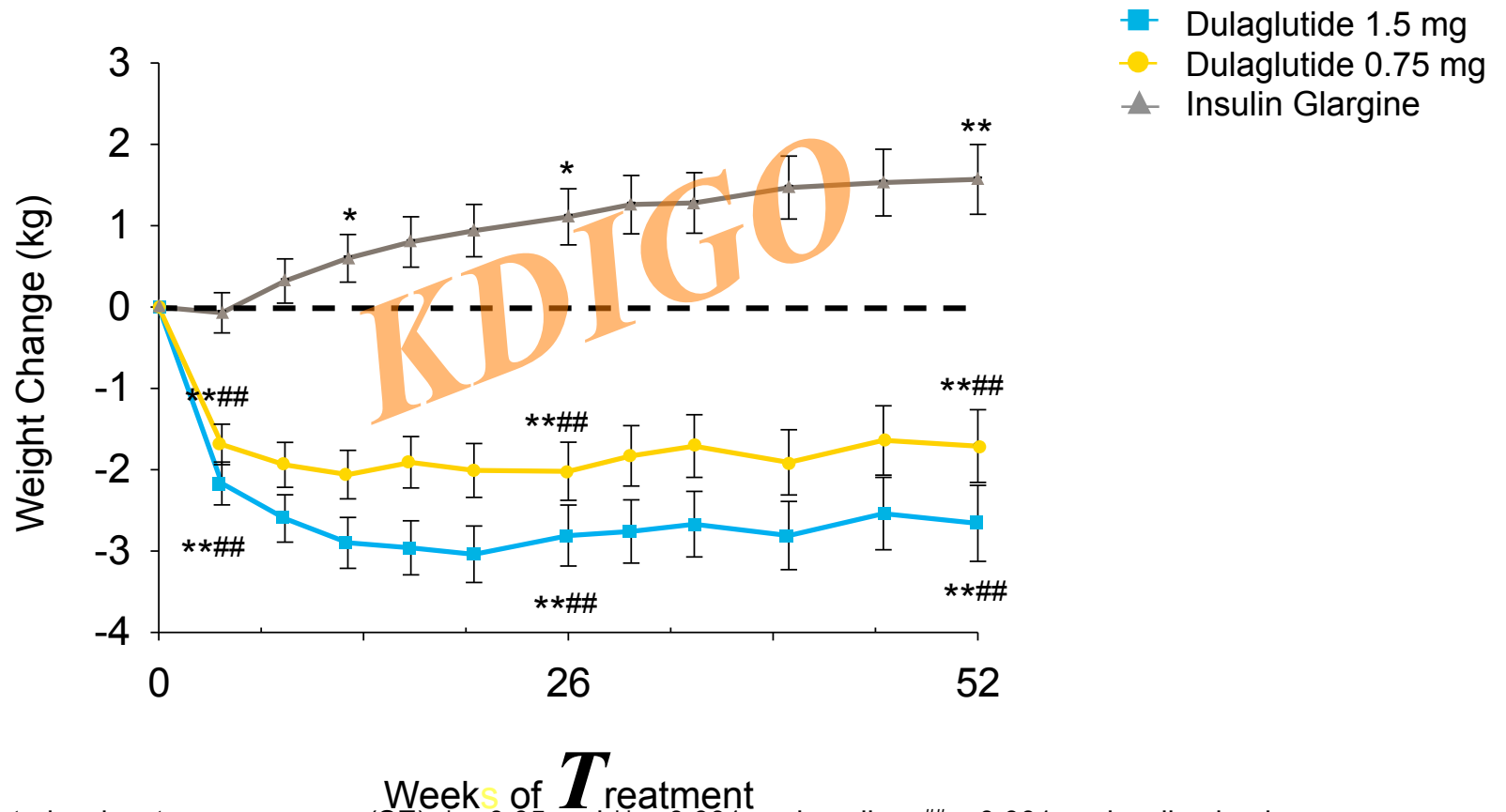
# AWARD-7: HbA1c Over Time to 52 Weeks



Baseline data presented as mean; other time points are least squares mean (SE); mITT without post-rescue values; MMRM analysis. \*p<0.05 and \*\*p<0.001 vs. baseline; #p<0.05 vs. insulin glargine.

# AWARD-7: Weight Change Over Time

Baseline mean  
weight = 88.9 kg

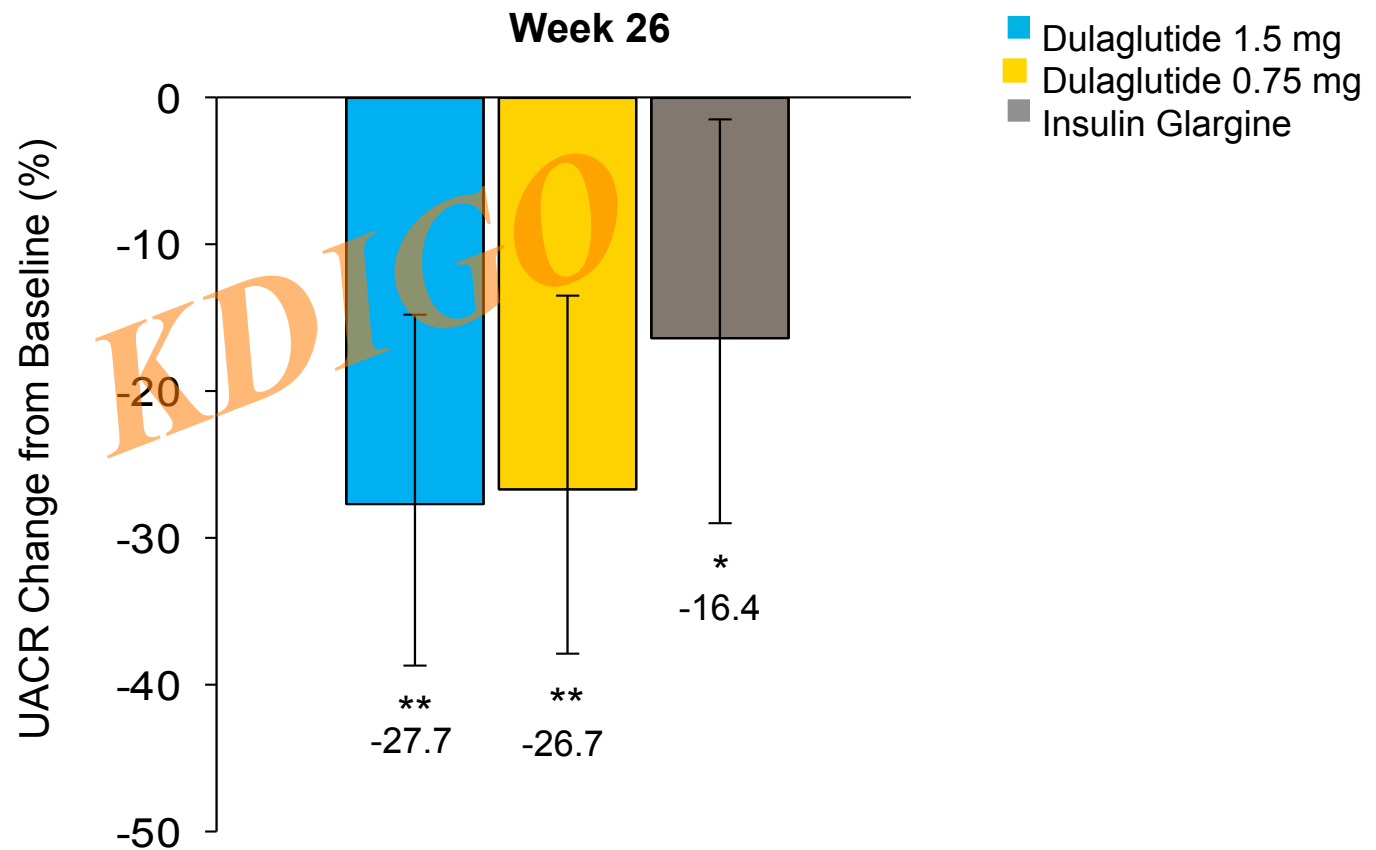


Data presented as least squares mean (SE); \* $p < 0.05$  and \*\* $p < 0.001$  vs. baseline; ### $p < 0.001$  vs. insulin glargine. Note, significance indicated only for first time point when significance was seen, week 26, and week 52.



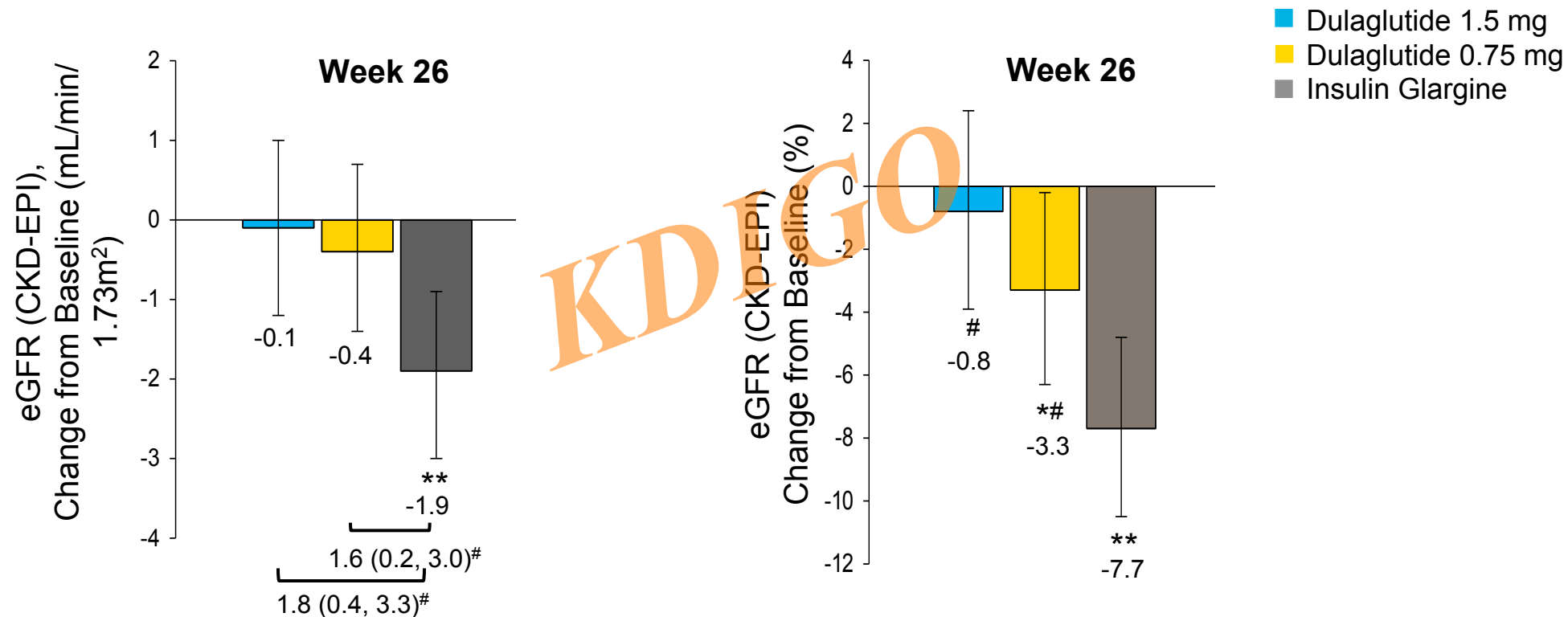
# AWARD-7: Albuminuria Reduction

Baseline UACR, mg/g		
Group	n	Mean/Median
DU 1.5	192	779/214
DU 0.75	189	842/234
Glargine	194	920/196



Data presented as % change from baseline [least squares mean (95% CI)]; safety population, MMRM analysis; \* $p < 0.05$  and \*\* $p < 0.001$  vs. baseline.

# AWARD-7: eGFR Decline at 26 Weeks



Data are least squares mean (LSM) and LSM difference (95% CI); safety population; MMRM analysis; \*p<0.05 and \*\*p<0.001 vs. baseline; <sup>#</sup>p<0.05 vs. insulin glargine.

# *Diabetic Kidney Disease*

## *Lost in Translation...*

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- ◆ **Lack of biomarkers for diagnosis, prognosis and actions.**
- ◆ Inadequate pre-clinical testing of targets.
- ◆ Low study enrollment rates.
- ◆ Adverse safety events.
- ◆ Regulatory hurdles in clinical trial design.
- ◆ Under-appreciation of unmet health need as business opportunity.

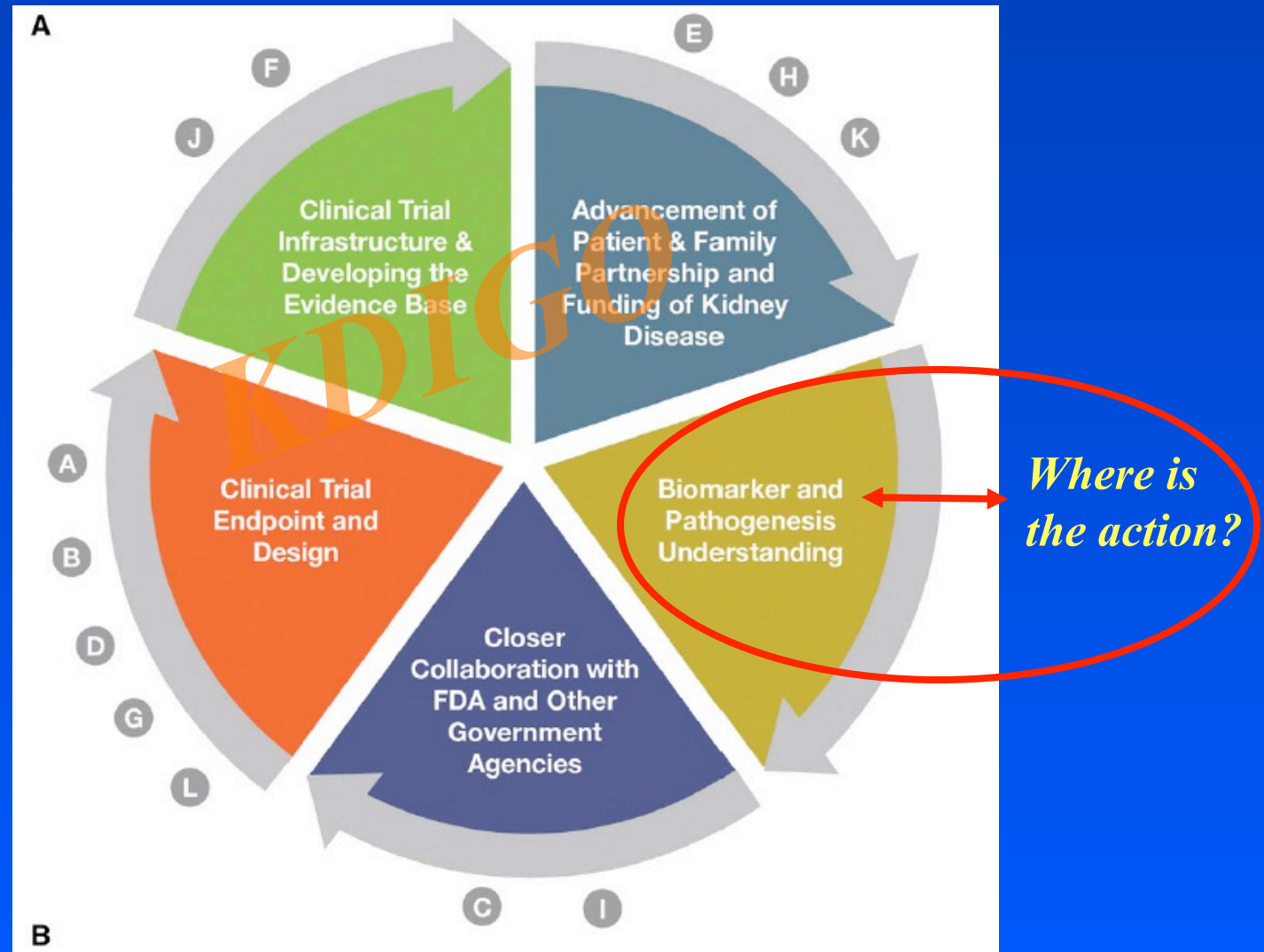
# *Novel Drugs for Diabetic Kidney Disease: “Convergence”*

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*Jackson Pollock Circa 1952*

# Major Barriers to Therapeutic Innovation and Kidney Health Initiative Facilitators



# ***Biomarkers and Pathogenesis Understanding: What is Needed in Diabetic Kidney Disease?***

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- ◆ Prognosis
  - ◆ Forecasts clinically-meaningful outcome
- ◆ Prediction
  - ◆ Identifies therapeutic response
  - ◆ Efficacy or safety
- ◆ Action
  - ◆ Target for therapy
  - ◆ Monitoring of clinical response

# *Diabetic Kidney Disease*

## *Systems Biology and Therapeutic Opportunity*

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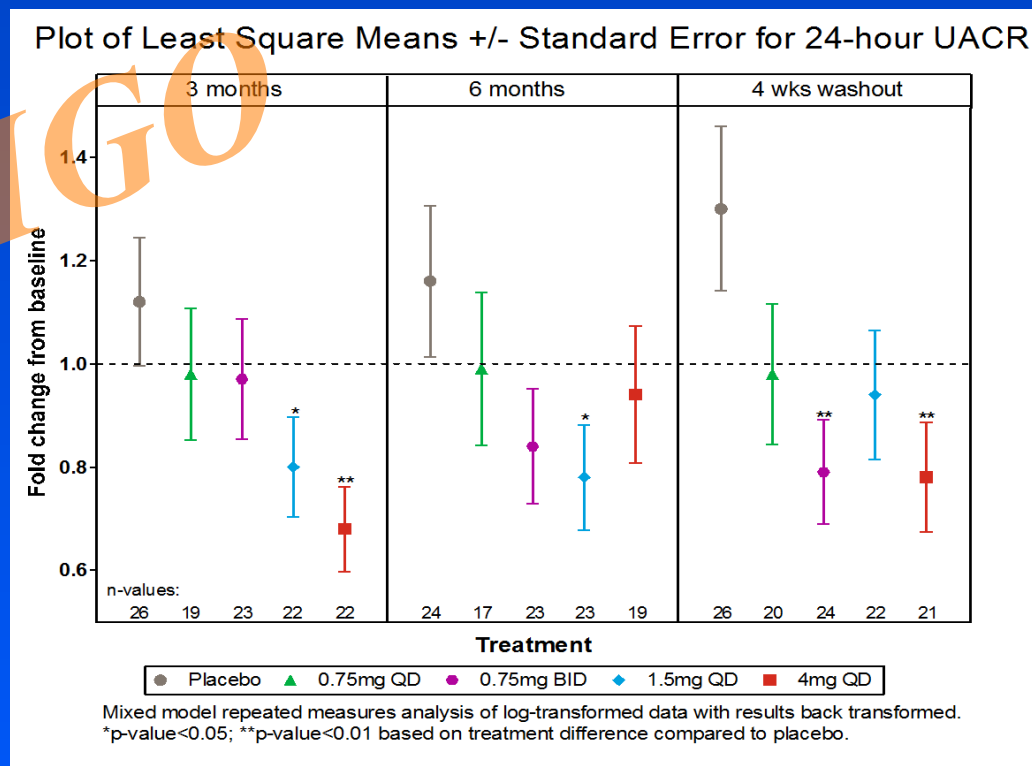
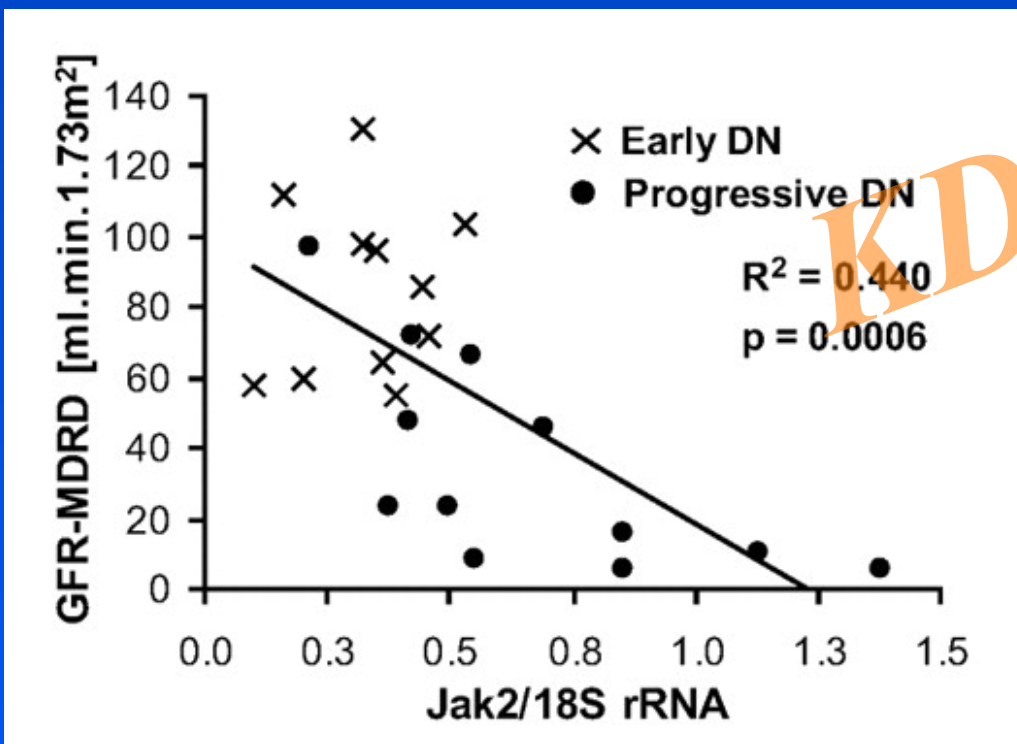
- ◆ Many JAK/STAT mRNAs are over-expressed in both human and mouse DKD.
- ◆ These changes correlate closely with DKD severity.
- ◆ Over-expression of JAK2 appears to “humanize” mouse models  
by producing a phenotype akin to DKD.

*...so lets see how a JAK1/2 inhibitor might work in DKD...*

# From Gene Expression to Repurposing a Drug to Prevent Progression of DKD

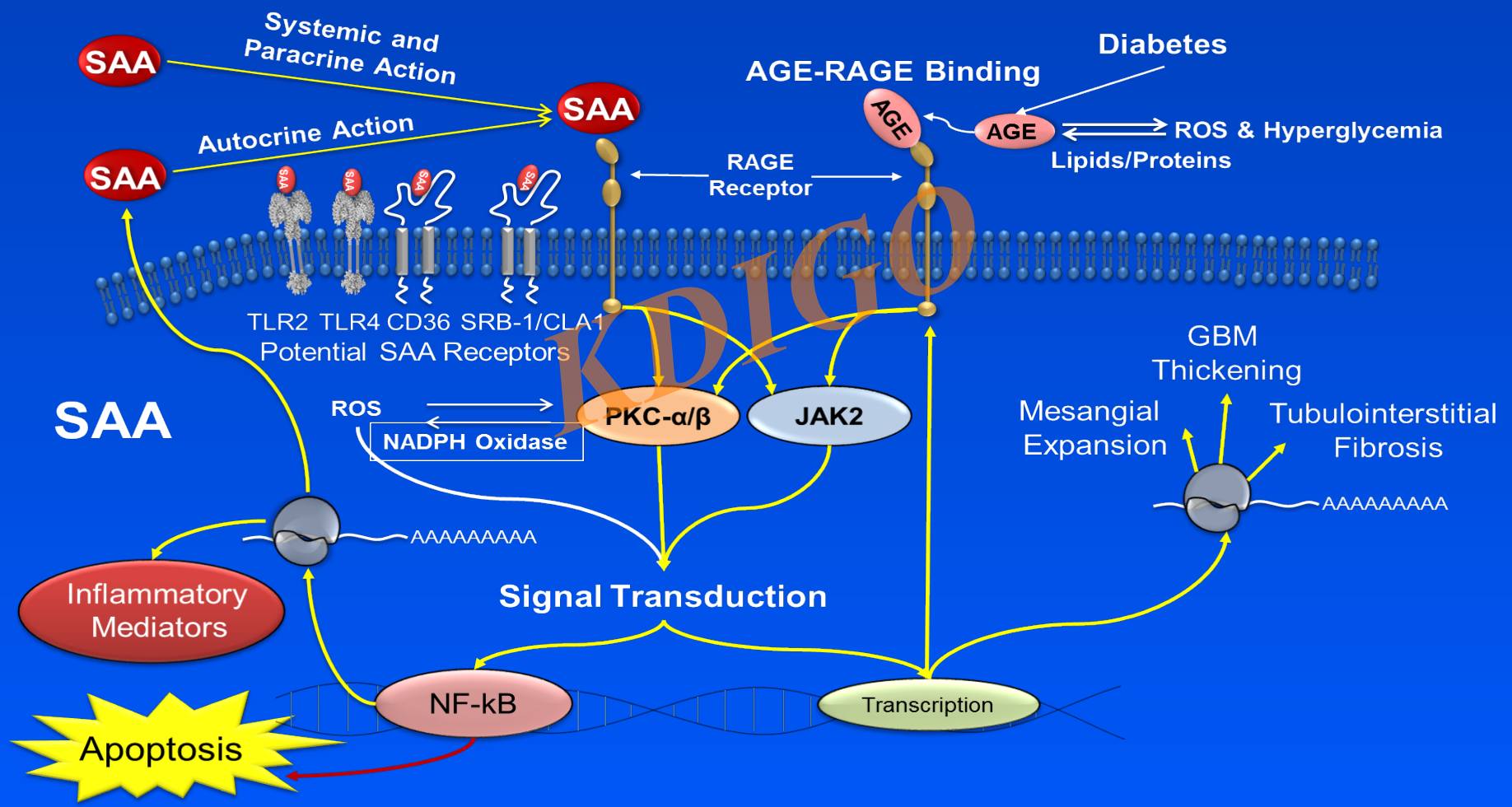
Gene expression in human kidney tissue points to JAK2 inflammatory pathway

Baricitinib (JAK 1/2 inhibitor) effect on albuminuria in DKD (n=129)



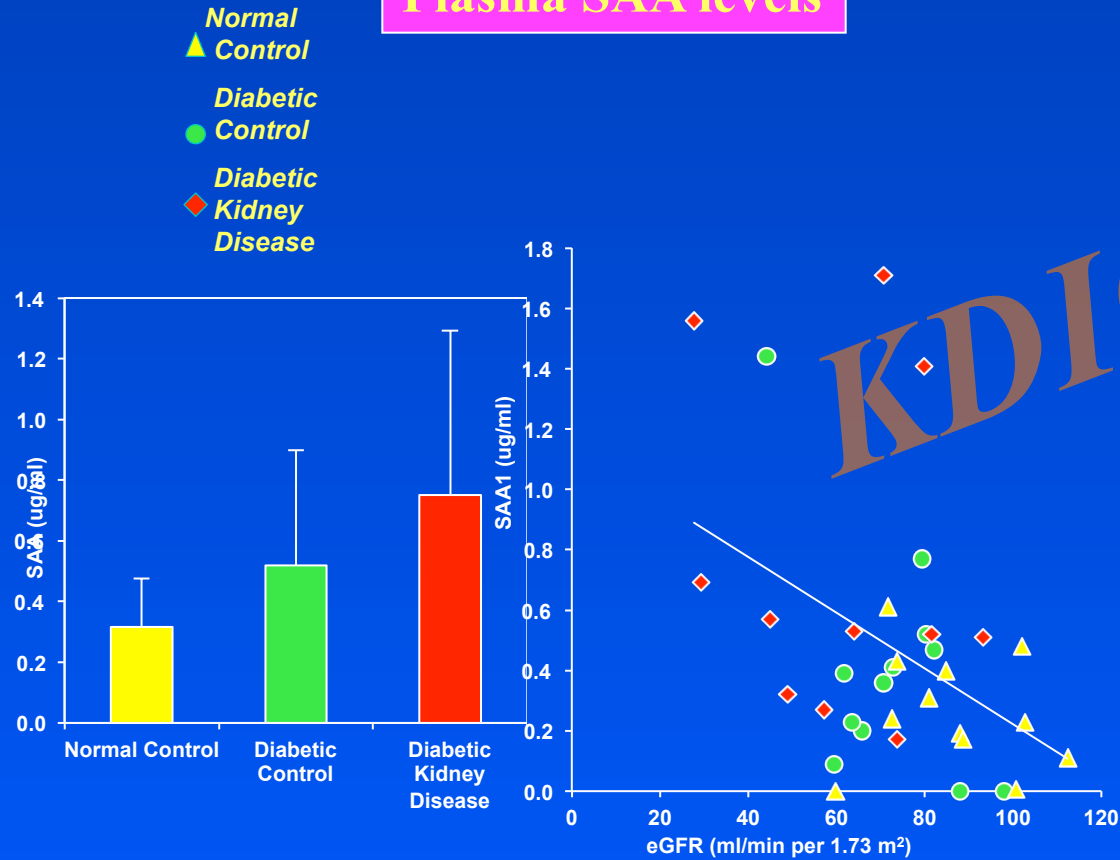


# Inflammatory Signals and Serum Amyloid A (SAA) in Diabetic Kidney Disease

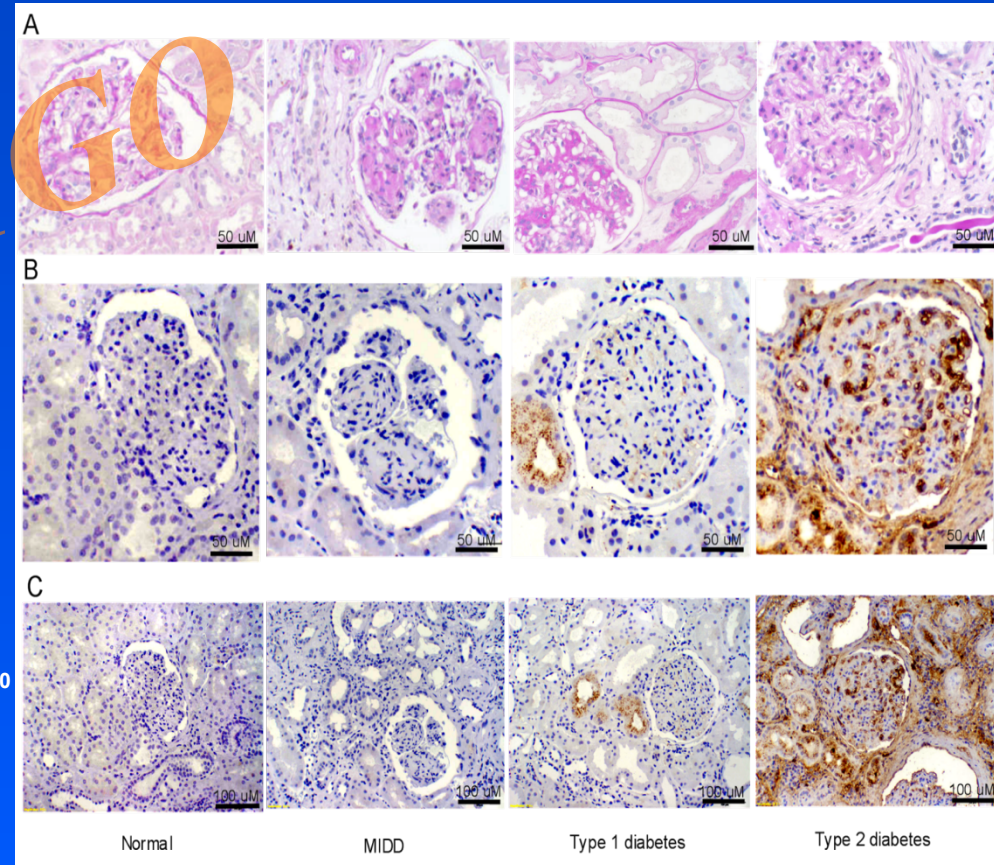


# SAA in Humans with Diabetic Kidney Disease

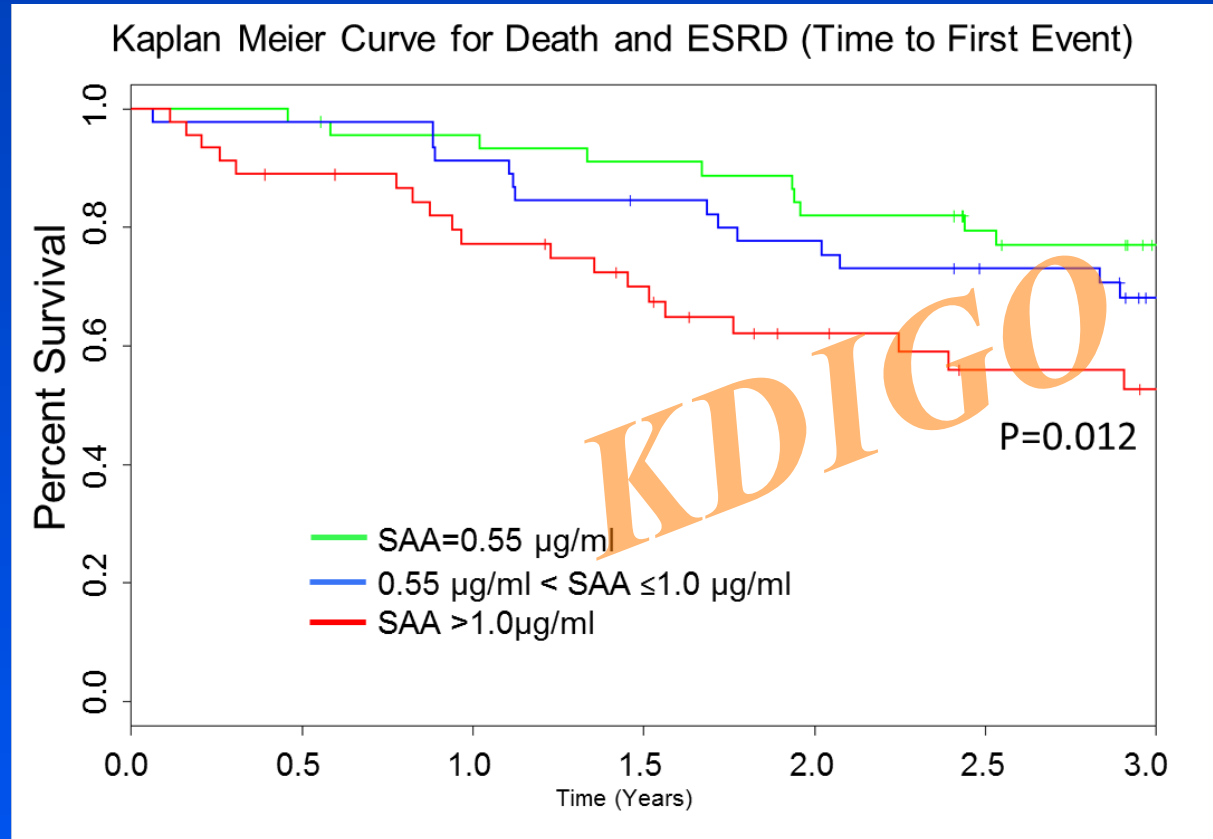
## Plasma SAA levels



## Tissue SAA deposition



# Serum Amyloid A and Risk of Death and ESRD in Diabetic Kidney Disease



SAA tertile 3 versus 1:

HR 3.03

95% CI 1.43-6.40

P=0.003

Adjusted for age, sex,  
race, UACR, eGFR

Model C statistic:

$\Delta c=0.017$

Over a median duration of follow-up of 3.5 years, 30% (40/135)  
of participants progressed to ESRD and 24% (32/135) died.

# ***KDIGO Guideline for Diabetes and CKD: New since NKF-KDOQI 2012 (and others)***

◆ Co-Chairs: Ian de Boer and Peter Rossing

www.kidney-international.org

meeting report

## **Management of patients with diabetes and CKD: conclusions from a “Kidney Disease: Improving Global Outcomes” (KDIGO) Controversies Conference**



**OPEN**

Vlado Perkovic<sup>1,2</sup>, Rajiv Agarwal<sup>3</sup>, Paola Fioretto<sup>6</sup>, Brenda R. Hemmelgarn<sup>7,8,9,10</sup>, Adeera Levin<sup>11,12,13</sup>,  
Merlin C. Thomas<sup>4,5</sup>, Christoph Wanner<sup>14</sup>, Bertram L. Kasiske<sup>15</sup>, David C. Wheeler<sup>16</sup> and  
Per-Henrik Groop<sup>4,17,18,19</sup>; for Conference Participants<sup>20</sup>

*Kidney International* (2016) **90**, 1175–1183



XIX CONGRESSO PAULISTA DE  
NEFROLOGIA  
INOVAÇÃO SUSTENTÁVEL  
4-7 OUT 2017

# *Diabetic Kidney Disease Take Home Points*

- Although DKD is the most common cause of ESRD worldwide, most (90%) will die of CVD or infection before reaching ESRD.
- Intensive glycemic control early in the course of type 1 or type 2 diabetes is a proven strategy for DKD prevention, but not for DKD treatment.
- ACE inhibitors or ARBs are approved treatment for DKD, but do not prevent DKD in type 1 or type 2 diabetes with normotension or controlled hypertension.
- SGLT-2 inhibition reduces progression to macroalbuminuria, slope of eGFR decline, serum creatinine doubling, and ESRD.
- GLP-1 receptor agonists lower risk of albuminuria onset and progression as well as reduce eGFR decline.
- New mechanistic-based biomarkers and treatments are urgently needed to more effectively mitigate the global impact of DKD.
- Stay tuned for a KDIGO update!

# *Mouse Urine*

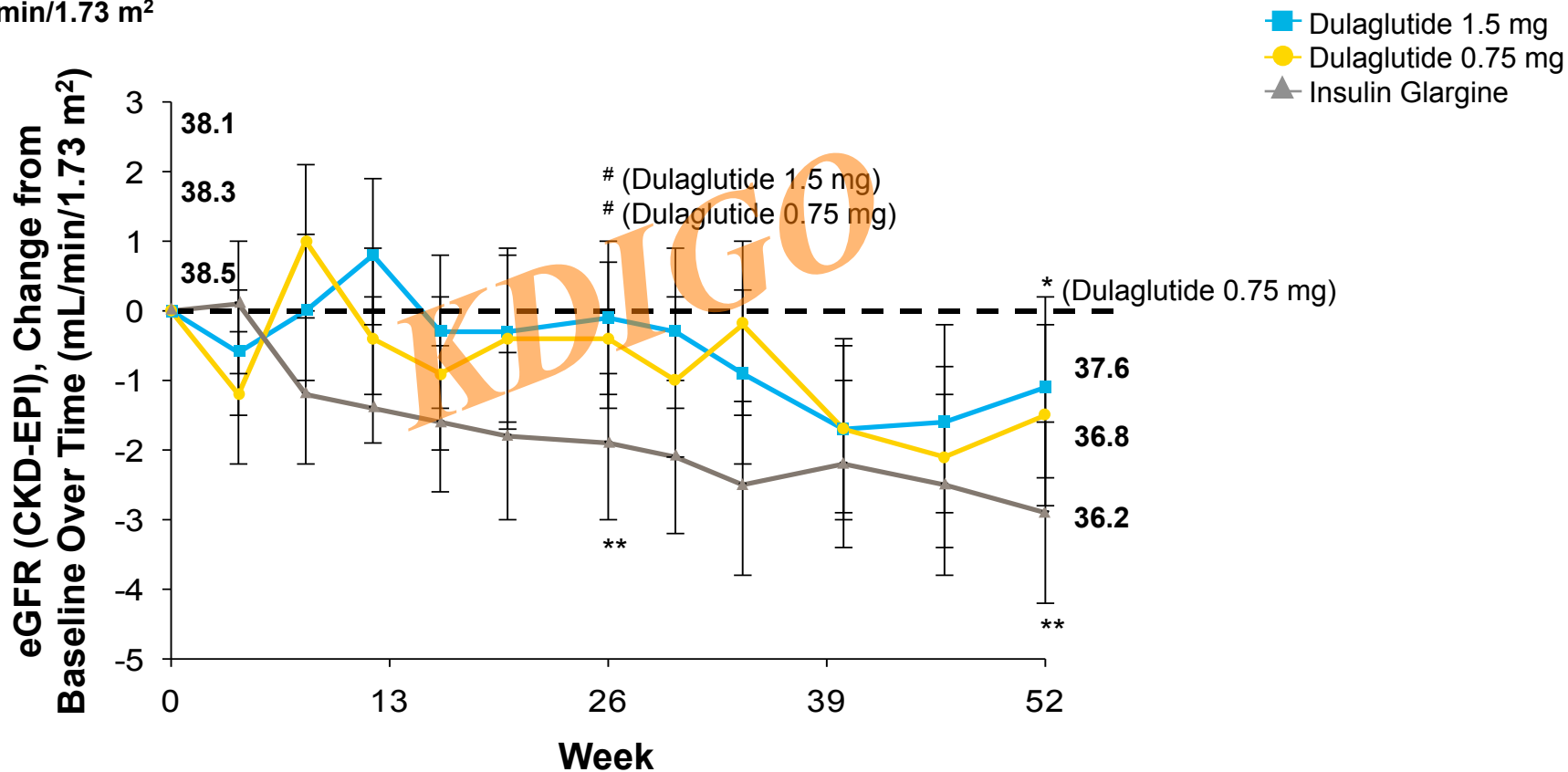
## *Which One Had Diabetes?*

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# AWARD-7: Lesser eGFR Decline Over Time with Dulaglutide

Baseline eGFR = 38.3 mL/min/1.73 m<sup>2</sup>



Data presented as actual value LSM (95% CI); Safety population, MMRM analysis. \*p<0.05 and \*\*p<0.001 vs. baseline; #p<0.05 vs. insulin glargine. Note, only showing significance for weeks 26 and 52

# Liraglutide in High-CVD-Risk Type 2 Diabetes: Primary and Secondary Outcomes

Table 1. Primary and Secondary Outcomes.\*

Outcome	Liraglutide (N=4668)	Incidence Rate	Placebo (N=4672)	Incidence Rate	Hazard Ratio (95% CI)	P Value
	no. of patients (%)	no. of events/ 100 patient-yr	no. of patients (%)	no. of events/ 100 patient-yr		
Primary composite outcome†	608 (13.0)	3.4	694 (14.9)	3.9	0.87 (0.78–0.97)	0.01
Expanded composite outcome‡	948 (20.3)	5.3	1062 (22.7)	6.0	0.88 (0.81–0.96)	0.005
Death from any cause	381 (8.2)	2.1	447 (9.6)	2.5	0.85 (0.74–0.97)	0.02
Death from cardiovascular causes	219 (4.7)	1.2	278 (6.0)	1.6	0.78 (0.66–0.93)	0.007
Death from noncardiovascular causes	162 (3.5)	0.9	169 (3.6)	1.0	0.95 (0.77–1.18)	0.66
Myocardial infarction§	292 (6.3)	1.6	339 (7.3)	1.9	0.86 (0.73–1.00)	0.046
Fatal§	17 (0.4)	0.1	28 (0.6)	0.2	0.60 (0.33–1.10)	0.10
Nonfatal	281 (6.0)	1.6	317 (6.8)	1.8	0.88 (0.75–1.03)	0.11
Silent§	62 (1.3)	0.3	76 (1.6)	0.4	0.86 (0.61–1.20)	0.37
Stroke§	173 (3.7)	1.0	199 (4.3)	1.1	0.86 (0.71–1.06)	0.16
Fatal§	16 (0.3)	0.1	25 (0.5)	0.1	0.64 (0.34–1.19)	0.16
Nonfatal	159 (3.4)	0.9	177 (3.8)	1.0	0.89 (0.72–1.11)	0.30
Transient ischemic attack§	48 (1.0)	0.3	60 (1.3)	0.3	0.79 (0.54–1.16)	0.23
Coronary revascularization	405 (8.7)	2.3	441 (9.4)	2.5	0.91 (0.80–1.04)	0.18
Hospitalization for unstable angina pectoris	122 (2.6)	0.7	124 (2.7)	0.7	0.98 (0.76–1.26)	0.87
Hospitalization for heart failure	218 (4.7)	1.2	248 (5.3)	1.4	0.87 (0.73–1.05)	0.14
Microvascular event	355 (7.6)	2.0	416 (8.9)	2.3	0.84 (0.73–0.97)	0.02
Retinopathy	106 (2.3)	0.6	92 (2.0)	0.5	1.15 (0.87–1.52)	0.33
Nephropathy	268 (5.7)	1.5	337 (7.2)	1.9	0.78 (0.67–0.92)	0.003



# *Audience Response Question*

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- ◆ For the newer glucose-lowering drugs, SGLT-2 inhibitors and GLP-1 receptor agonists, risk of CVD events was reduced in patients with type 2 diabetes at high CVD risk.
- ◆ Which statement is true about subgroups with UACR >300 mg/g or eGFR <60 ml/min/1.73m<sup>2</sup>?
  1. There was no effect of SGLT-2 inhibitors or GLP-1 receptor agonists on CVD risk.
  2. SGLT-2 inhibitors or GLP-1 receptor agonists increased CVD risk.
  3. SGLT-2 inhibitors or GLP-1 receptor agonists reduced CVD risk.
  4. SGLT-2 inhibitors or GLP-1 receptor agonists accelerated eGFR decline.