Central Illustration for KDIGO 2021 Guideline for the Management of Blood Pressure in Patients with CKD, not receiving dialysis

Lifestyle
- Salt intake <2 g/d (<90 mmol/d)
- Physical activity: 150 min/week moderate-intensity

Pediatric patients
- 24 h MAP by ABPM ≤50th percentile for age, sex, and height

Preferred drugs
- ACEi or ARB

Adults with CKD with and without diabetes
- SBP <120 mm Hg
- ACEi or ARB
  - G1–G4, A3 without diabetes (1B)
  - G1–G4, A2 without diabetes (2C)
  - G1–G4, A2 or A3 with diabetes (1B)

Adult kidney transplant recipients
- <130/<80 mm Hg
- Dihydropyridine CCB or ARB