



KDIGO Direct

KDIGO Releases 2021 Clinical Practice Guideline for Glomerular Diseases

The [KDIGO 2021 Clinical Practice Guideline for the Management of Glomerular Diseases \(GD\)](#) is here!

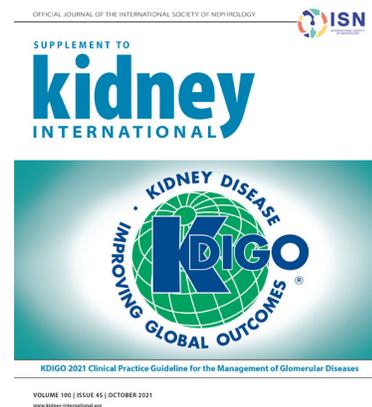
The GD Guideline published online in late September and in the October print issue of *Supplement to Kidney International*. The Executive Summary is in the main pages of the journal. The Guideline was Co-Chaired by Brad Rovin, MD (United States), and Jürgen Floege, MD (Germany).

The GD Guideline is the most extensive in KDIGO history, organized into eleven chapters, ten of which cover a specific primary or secondary glomerular disease or group of diseases. The first chapter is an extensive review of general management principles that should be considered for all patients with glomerular disease.

“We are thrilled to share this guideline with the global nephrology and general medical communities,” said Dr. Rovin. “Glomerular diseases, excluding diabetic nephropathy, account for about 25% of the cases of CKD worldwide. Given the magnitude of long-term morbidity from glomerular diseases and their frequent manifestation in younger patients, this Guideline is critical to helping clinicians diagnose efficiently, and optimize management to control disease and prevent progressive kidney disease.”

These extensive recommendations and practice points serve as a reference for managing patients with glomerular diseases. As a valuable resource for clinicians and patients, the guideline provides actionable recommendations based on a rigorous formal systematic review, consensus-based practice points, and nearly 100 useful infographics to supplement the guideline statements.

“The KDIGO Glomerular Diseases Guideline is the culmination of years of research, hard work, and dedicated efforts from an incredible group of committed colleagues,” said Dr. Floege. “We are confident that this guideline will prove useful to clinicians treating people with glomerular disease



throughout the world and look forward to facilitating the implementation of its recommendations.”

KDIGO thanks the Guideline Co-Chairs and Work Group for this monumental achievement, which stands as a testament to the dedication and long-standing commitment to improving the evaluation and management of patients with glomerular disease worldwide.

Visit the [KDIGO Glomerular Diseases Guideline website](#) to download the Guideline and Executive Summary. To find the latest version of any KDIGO guideline, please visit the [KDIGO website](#).

New Episodes in the KDIGO Conversations in Nephrology Podcast

KDIGO has released the latest [three-episode series of the KDIGO Conversations in Nephrology Podcast](#). Episodes four through six, hosted by Dr. Roberto Pecoits-Filho (United States), will cover potassium management in chronic kidney disease, focusing on the benefits of RASi, utilization approaches to RASi, and optimal management of dyskalemias.



“It was a pleasure to host three episodes of *KDIGO Conversations in Nephrology* on multiple aspects of potassium management in chronic kidney disease,” said Dr. Pecoits-Filho. “My conversations with our engaging and distinguished guests offered unique insights and useful tips on how to manage patients at risk of dyskalemias. I hope listeners will enjoy the discussion as much as we did.”

Episode four features Dr. Catherine Clase (Canada) discussing the benefits of RASi utilization and the role of RASi in the management of CKD progression. In episode five, Dr. Patrick Rossignol (France) and Dr. Pecoits-Filho discuss approaches to RASi optimization, monitoring of creatinine and potassium, and the role of the general practitioner. In episode six, Dr. Chuck Herzog (United States) and Dr. Pecoits-Filho explore the challenges that occur when managing dyskalemia, the consequences of hyperkalemia and hypokalemia. They also discuss how both hospitalized patients and outpatients are affected by hyperkalemia.

KDIGO [announced](#) the launch of *KDIGO Conversations in Nephrology* in July. The podcast is designed to support clinicians treating patients with kidney disease and features global experts in conversations that cover the nephrology spectrum, from widely discussed topics to the controversial or overlooked. The first three episodes of *KDIGO Conversations in Nephrology*, hosted by Dr. Ravi Mehta (United States), focused on acute kidney injury (AKI).

KDIGO Conversations in Nephrology is [now available on most podcast platforms](#).

Upcoming Webinars

Reducing Burden of Physical Symptoms in Dialysis

Thursday, October 14 at 9:00 AM EDT

[Register](#) for the KDIGO webinar, "Reducing Burden of Physical Symptoms" on Thursday, October 14 at 9:00 AM EDT.

The poster features the KDIGO logo and the text: "REDUCING BURDEN OF PHYSICAL SYMPTOMS IN DIALYSIS Thursday, October 14 • 9AM EDT / 3PM CEST". It lists speakers Raj Mehrotra (University of Washington, United States) and Carol Pollock (University of Sydney, Australia). A QR code is provided for registration, with the text "CLICK OR SCAN TO REGISTER" and "SUBMIT QUESTIONS IN ADVANCE".

In this webinar, Dr. Carol Pollock (Australia) and Dr. Raj Mehrotra (United States) discuss approaches to reducing physical symptoms for people undergoing long-term dialysis.

This webinar will explore whether dialysis prescriptions and modalities can be adjusted to ameliorate physical symptoms. While focusing on top symptoms that dialysis patients face, this webinar will address both pharmaceutical and non-pharmaceutical interventions.

[Register for the webinar.](#) You can now submit your questions in advance! Visit sli.do/reducing.

New Resources

KDIGO Blood Pressure Management in CKD Guideline Synopsis

The [final version](#) is now available of "Management of Blood Pressure in Patients With Chronic Kidney Disease Not Receiving Dialysis: Synopsis of the 2021 KDIGO Clinical Practice Guideline." The synopsis was published in *Annals of Internal Medicine*.

KDIGO thanks the Blood Pressure in CKD Guideline Co-Chairs and Work Group for their incredible work and commitment to the Guideline and its implementation.

[Read the Blood Pressure in CKD Guideline Synopsis.](#)

This block contains the title "Annals of Internal Medicine CLINICAL GUIDELINE Management of Blood Pressure in Patients With Chronic Kidney Disease Not Receiving Dialysis: Synopsis of the 2021 KDIGO Clinical Practice Guideline" and the start of the synopsis text, including the "Background" section.

ISN-KDIGO Webinar Recording: KDIGO Glomerular Diseases Guideline Part 1

Want to know more about the new KDIGO Glomerular Diseases (GD) Guideline? Watch the recordings of [Part 1 of the ISN-KDIGO webinars on the GD Guideline](#) of the ISN-KDIGO webinars on the GD Guideline.

The recording banner features the ISN and KDIGO logos, the date "September 3, 2021 | 3 pm CEST", and the title "Webinar ISN-KDIGO Webinar: Glomerular Disease Guideline - Part 1". It lists speakers Heather Reich, Vladimir Tesar, and Brad Rovin.

The webinar focuses on IgAN and AAV and features Guideline Co-Chair, Dr. Brad Rovin (United States), as well as Work Group members, Dr. Heather

Reich (Canada). and Dr. Vlamídmir Tesař (Czech Republic).

[Watch the recording.](#)

Appropriate Symptom Assessment in Dialysis Patients Webinar Recording

The recording of the KDIGO webinar, "Appropriate Symptom Assessment in Dialysis Patients" is [now available](#).



Watch Dr. James Burton (United Kingdom) and Dr. Steve Fishbane (United States) as they explore screening, detection, and assessment of symptom-based complications in dialysis.

While discussing optimal means to address symptom burden in dialysis patients, this webinar also looked at ways to incorporate patient expectations into supportive care programs, and the use of global assessment tools and patient-reported outcome measures.

[Watch the recording.](#)

About KDIGO

KDIGO is a Belgian foundation committed to developing and implementing nephrology guidelines that improve patient outcomes on a global basis. It is an independent, volunteer-led, self-managed charity incorporated in Belgium accountable to the public and the patients it serves.

[Learn More](#)

