



2023 ANNA National Symposium

SYMPTOM-BASED COMPLICATIONS IN DIALYSIS – A CONVERSATION WITH KDIGO

TUESDAY, MAY 9 • 5:30PM–6:30PM PDT
PASADENA ROOM • RENAISSANCE PALM SPRINGS HOTEL
JOIN US FOR WINE & CHEESE

**EARN 1.0
CE CREDIT**

AGENDA

- 5:30pm–5:45pm** — The Role of Nephrology Nurses in Symptom Management: Lillian A. Pryor, MSN, RN, CNN, Nephrology Nurse, ANNA
- 5:45pm–5:50pm** — Q&A
- 5:50pm–6:05pm** — Role of the Dietitian: Addressing Symptom-Based Complications in Dialysis: Linda McCann, Nutrition Consultant, Self-Employed
- 6:05pm–6:10pm** — Q&A
- 6:10pm–6:25pm** — Symptom Burden in People on Dialysis: Michelle Richardson, PharmD, Assistant Professor of Medicine, Tufts University School of Medicine
- 6:25pm–6:30pm** — Q&A

PROGRAM DESCRIPTION

Join an expert panel of nurses, dietitians, and clinicians as they take a deep dive into the common symptoms of people on dialysis and methods for diagnosis and management.

TARGET AUDIENCE

The educational design of this activity addresses the needs of nephrology nurses and nurse practitioners involved in managing and treating symptom-based complications in patients on dialysis.

LEARNING OBJECTIVES

- Identify the optimal means for diagnosing and managing symptom-based complications in patients undergoing dialysis therapy
- Outline foundational principles and consensus points related to identifying dialysis symptom-based complications
- Describe gaps in the knowledge base and priorities for research in the area of symptoms management for patients
- Cite how symptoms can be managed through a combination of treatment modalities
- Name non-pharmacological interventions such as cognitive behavioral treatment, social or peer support, and exercise
- List common symptoms of people on dialysis including fatigue, pain, poor mood, dry skin, itching, poor sleep, and muscle cramps

This activity is jointly provided by Global Education Group and KDIGO.
This activity is supported by an educational grant from CSL Vifor.



NURSING CONTINUING EDUCATION

Global Education Group is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity for 1.0 contact hour is provided by Global Education Group. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

NURSE PRACTITIONER CONTINUING EDUCATION



This activity has been planned and implemented in accordance with the Accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of Global Education Group and KDIGO. Global Education Group is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 110121. This activity is approved for 1.0 contact hour(s) (which includes 0.0 hour(s) of pharmacology).

PROGRAM INFORMATION

INSTRUCTIONS TO RECEIVE CREDIT

In order to receive credit for this activity, the participant must scan their badge to enter the session room, attend the live activity, and complete the program evaluation. For all attendees who attend the session, an individualized CE evaluation link will be emailed to each participant within two weeks of the session conclusion from

outcomes@globaleducationgroup.com with the subject line "CME/CE WebSurvey link".

FEE INFORMATION & REFUND/CANCELLATION POLICY

There is no fee for this educational activity.

GLOBAL CONTACT INFORMATION

For information about the approval of this program, please contact Global at 303-395-1782 or cme@globaleducationgroup.com.

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All relevant financial relationships have been mitigated.

The faculty have the following relevant financial relationships with ineligible companies:

Name of Faculty or Presenter:

Lillian A. Pryor MSN, RN, CNN

Linda McCann, Nutrition Consultant

Michelle Richardson, PharmD

Reported Financial Relationship:

Nothing to disclose

Nothing to disclose

Nothing to disclose

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DISCLAIMER

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.



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