

Controversies Conference on *APOL1* Kidney Disease

Moving towards routine *APOL1* genetic testing: ethical implications in kidney transplantation

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 - Consulting Fees: Vertex

Case

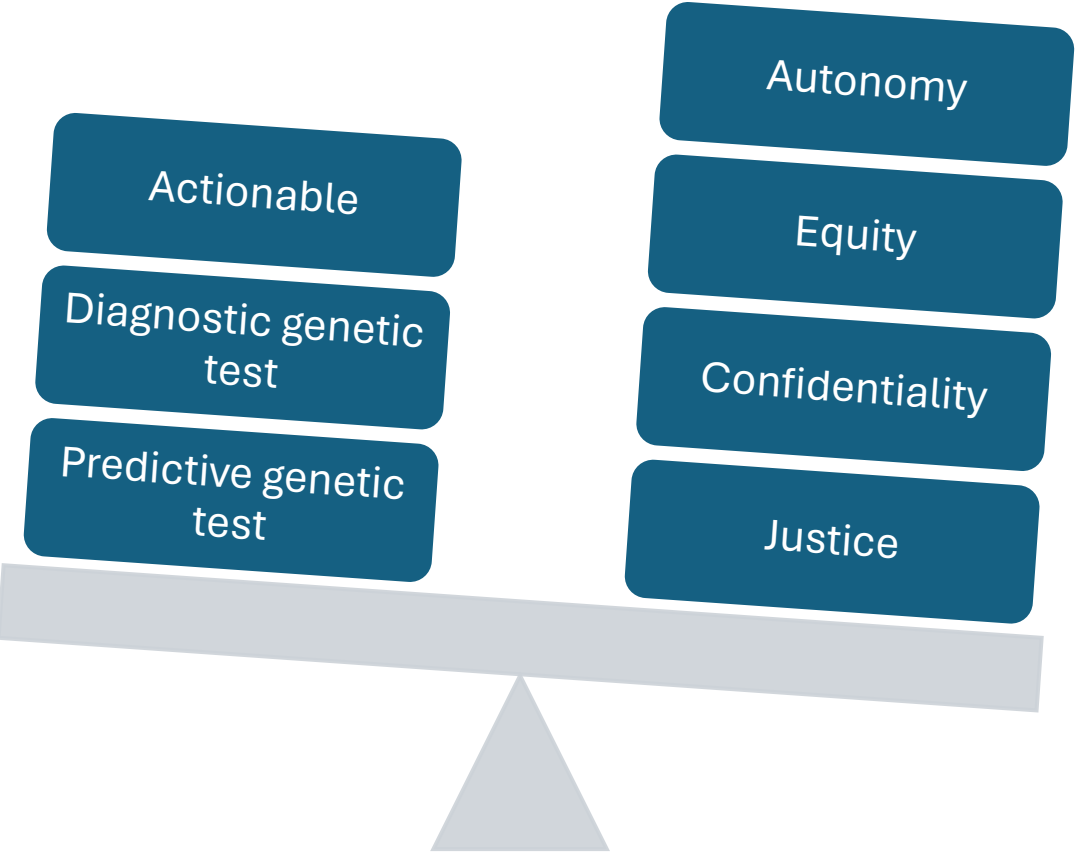
- Medical student wanted to donate to her mother who has been on dialysis for 2 years
 - She finds out she is a carrier for high-risk *APOL1* haplotype
 - She is prevented from donating to her mother
 - But no one can tell her own long-term risk and what she needs to do to prevent chronic kidney disease
 - And if she donates, no one can tell her long-term risk of progression to CKD with a single kidney
 - She now feels like a “ticking time bomb”
 - No one has considered that she may lose her mother given the high mortality rate on dialysis and long waits for deceased donor transplant

Case

- Medical student wanted to donate to her mother who has been on dialysis for 2 years
 - She finds out she is a carrier for high-risk *APOL1* haplotype
 - She is prevented from donating to her mother **clinical utility when research is pending**
 - But no one can tell her own long-term risk and what she needs to do to prevent chronic kidney disease **Understanding risk when prevalence and penetrance varies and other gene or environmental factors are important**
 - And if she donates, no one can tell her long-term risk of progression to CKD with a single kidney **medical uncertainty**
 - She now feels like a “ticking time bomb” **psychological impact of testing**
 - No one has considered that she may lose her mother given the high mortality rate on dialysis and long waits for deceased donor transplant **what is actionable?**
 - She questioned whether she should have had testing

Clinician

Patient



Considerations for genetic testing

APOL1 testing in US transplantation

2024

- Delphi Consensus of 27 patients, donors, surgeons, nephrologists and genetic counsellors (majority self-identified as Black/African American)
- Development of a chatbot to provide results

2023

- Focus groups of 10 transplant nephrologists

2022

- Survey of 331 potential living donors, recipients, waitlisted persons and also non transplant patients in 3 transplant programs

2020

- 585 participants self identified as African American from the general population using simulated questions on risk

2019

- 17 African American donors from a single center through 4 focus groups to assess impact on treatment, sociocultural factors and health benefits

2018

- 23 African American donors from a single center focus groups/survey

2017

- Transplant Expert Panel

Consistent findings among all studies

- Autonomy in testing is critical
- Return of results and decision making based on those results are shared with patient and clinician
- Education is vital for patients, families, and all clinicians
- Engagement with patients, families and communities is vital for any study
 - Ensures culturally appropriate education and type of methods
 - Addresses concerns of study design, approach and returning of results
- Differences by region are rarely addressed
- How education, perceptions and beliefs may alter shared decision making globally is unknown

Evaluating ApoL1 Genetic Testing Policy Options for Transplant Centers

A Delphi Consensus Panel Project with Stakeholders

Tristan McIntosh,¹ Heidi Walsh ¹, Kari Baldwin,¹ Ana Iltis ², Sumit Mohan 
Melody Goodman ⁵ and James M. DuBois ¹



- Community Advisory Council
- <https://www.apollocommunity.net/>

> [Clin J Am Soc Nephrol.](#) 2024 Apr 1;19(4):415-417. doi: 10.2215/CJN.000

The Road to APOL1 Genetic Testing in Transplantation

Rulan S Parekh ¹

Evaluating ApoL1 Genetic Testing Policy Options for Transplant Centers: A Delphi Consensus Panel



Delphi consensus panel focused on ApoL1 clinical policy questions



27 panelists



2 rounds of educational webinars



3 rounds of surveys

Panelists



Kidney transplant donors/recipients



Deceased donor family members



Nephrologists



Genetic counselors



Transplant surgeons



70% of panelists identified as Black or African American



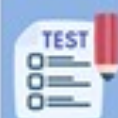
Panel reached consensus on one or more acceptable policy options



Key elements of consensus



Ask potential donors about African ancestry rather than race



Make testing decisions only after discussion with donors



Encourage but do not require disclosure of results to blood relatives and organ recipients



Use test results to inform shared decision making—never unilateral decisions by transplant programs

Conclusions: The panel supported policy options involving discussion and shared decision making among patients, donors, and family stakeholders. There was opposition to unilateral decision making by transplant programs and prohibiting donation altogether.

Tristan McIntosh, Heidi Walsh, Kari Baldwin, et al. *Evaluating ApoL1 Genetic Testing Policy Options for Transplant Centers: A Delphi Consensus Panel Project with Stakeholders*. CJASN doi: 10.2215/CJN.0000000000000397. Visual Abstract by Nayan Arora, MD

The Road to APOL1 Genetic Testing in Transplantation

Rulan S Parekh ¹

Should genetic testing to only those that self-report African ancestry

- Africa is not monolithic and variability in prevalence of *APOL1* differs between countries and within ethnic groups
- Admixture in the Caribbean and Brazil and Hispanic persons suggest that screening is important in this group as well
- Admixture is increasing globally

Did not address the psychological stress as a result of uncertainty of risk

Raises the issue of ongoing education given evolving epidemiology of *APOL1*

2024

> [BMJ Open](#). 2023 May 15;13(5):e067657. doi: 10.1136/bmjopen-2022-067657.

Implementation of a culturally competent *APOL1* genetic testing programme into living donor evaluation: A two-site, non-randomised, pre-post trial design

Justin D Smith ^{1 2}, Akansha Agrawal ³, Catherine Wicklund ⁴, Debra Duquette ³, John Friedewald ³, Luke V Rasmussen ⁵, Jessica Gacki-Smith ⁶, S Darius Tandon ⁷, Lutfiyya N Muhammad ⁸, Clyde W Yancy ⁹, Siyuan Dong ¹⁰, Matthew Cooper ¹¹, Alexander Gilbert ¹², Aneesha Shetty ¹³, Elisa J Gordon ¹⁴

Affiliations + expand

PMID: 37188469 PMCID: [PMC10186444](#) DOI: [10.1136/bmjopen-2022-067657](#)

- **Community Advisory Board**
- **Scientific Advisory Board**

> [J Community Genet](#). 2024 Apr;15(2):205-216. doi: 10.1007/s12687-024-00698-8. Epub 2024 Feb 13.

Development of a culturally targeted chatbot to inform living kidney donor candidates of African ancestry about *APOL1* genetic testing: a mixed methods study

Elisa J Gordon ¹, Jessica Gacki-Smith ², Matthew J Gooden ², Preeya Waite ², Rochell Yacat ³, Zenab R Abubakari ³, Debra Duquette ⁴, Akansha Agrawal ⁵, John Friedewald ⁵, Sarah K Savage ⁶, Matthew Cooper ^{7 8 9 10}, Alexander Gilbert ³, Lutfiyya N Muhammad ¹¹, Catherine Wicklund ¹²

Affiliations + expand

PMID: 38349598 PMCID: [PMC11031529](#) DOI: [10.1007/s12687-024-00698-8](#)

2019

> [Prog Transplant](#). 2019 Mar;29(1):26-35. doi: 10.1177/1526924818817048. Epub 2018 Dec 13.

A National Survey of Transplant Surgeons and Nephrologists on Implementing *Apolipoprotein L1 (APOL1)* Genetic Testing Into Clinical Practice

Elisa J Gordon ¹, Catherine Wicklund ², Jungwha Lee ³, Richard R Sharp ⁴, John Friedewald ⁵

Affiliations + expand

PMID: 30541404 PMCID: [PMC9527710](#) DOI: [10.1177/1526924818817048](#)

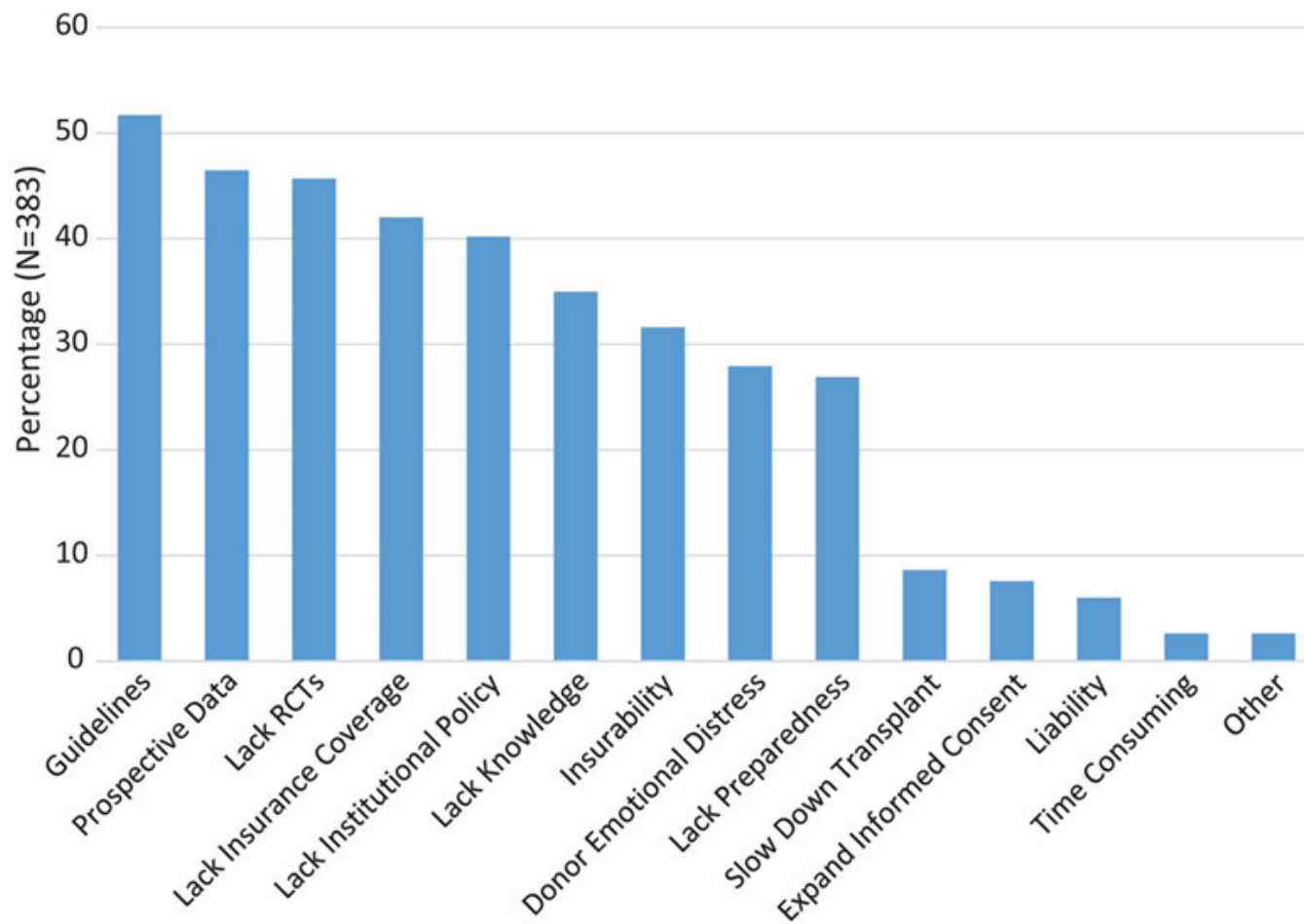
> [Prog Transplant](#). 2019 Sep;29(3):239-247. doi: 10.1177/1526924819854485. Epub 2019 May 30.

A Focus Group Study on African American Living Donors' Treatment Preferences, Sociocultural Factors, and Health Beliefs About Apolipoprotein L1 Genetic Testing

Elisa J Gordon ¹, Daniela Amórtegui ², Isaac Blancas ², Catherine Wicklund ³, John Friedewald ⁴, Richard R Sharp ⁵

Affiliations + expand

PMID: 31146624 DOI: [10.1177/1526924819854485](#)



CKD

> [Kidney Med.](#) 2022 Sep 29;4(12):100549. doi: 10.1016/j.xkme.2022.100549. eCollection 2022 Dec.

APOL1 Genetic Testing in Patients With Recent African Ancestry and Hypertension: A Pilot Study of Attitudes and Perceptions

Krista L Lentine ¹, Anthony N Muiru ², Kathryn K Lindsay ¹, Yasar Caliskan ¹, John C Edwards ¹, Aliza Anwar Memon ¹, Amy K Mosman ¹, Kana N Miyata ¹, Than-Mai Vo ¹, Barry I Freedman ³, Amber Carriker ⁴, Chi-Yuan Hsu ², Marie D Philipneri ¹

> [Glob Health Epidemiol Genom.](#) 2017 Sep 4:2:e13. doi: 10.1017/gheg.2017.9. eCollection 2017.

Developing the science and methods of community engagement for genomic research and biobanking in Africa

P Tindana ¹, M Campbell ², P Marshall ³, K Littler ⁴, R Vincent ⁵, J Seeley ⁶, J de Vries ⁷, D Kamuya ⁸; H3Africa Community Engagement Working Group



Randomized Controlled Trial > [Contemp Clin Trials.](#) 2016 Mar:47:101-8.

doi: 10.1016/j.cct.2015.12.020. Epub 2015 Dec 30.

Determining the effects and challenges of incorporating genetic testing into primary care management of hypertensive patients with African ancestry

C R Horowitz ¹, N S Abul-Husn ², S Ellis ³, M A Ramos ⁴, R Negron ⁵, M Suprun ⁶, R E Zinberg ⁷, T Sabin ⁸, D Hauser ⁹, N Calman ¹⁰, E Bagiella ¹¹, E P Bottinger ¹²

Randomized Controlled Trial > [JAMA Netw Open.](#) 2022 Mar 1;5(3):e221048.

doi: 10.1001/jamanetworkopen.2022.1048.

Effects of Testing and Disclosing Ancestry-Specific Genetic Risk for Kidney Failure on Patients and Health Care Professionals: A Randomized Clinical Trial

Girish N Nadkarni ^{1 2}, Kezhen Fei ^{3 4}, Michelle A Ramos ^{3 4}, Diane Hauser ⁵, Emilia Bagiella ³, Stephen B Ellis ², Saskia Sanderson ², Stuart A Scott ^{2 6 7}, Tatiana Sabin ^{3 4}, Ebony Madden ⁸, Richard Cooper ⁹, Martin Pollak ¹⁰, Neil Calman ^{4 5}, Erwin P Bottinger ^{1 2 11}, Carol R Horowitz ^{2 3 4}

RCT: Effects of Testing and Disclosing Ancestry-Specific Genetic Risk for Kidney Failure on Patients and Health Care Professionals

POPULATION

690 Men, 1360 Women



Adults with African ancestry with hypertension and without existing chronic kidney disease

Mean age, 53 y (range, 18-70 y)

SETTINGS / LOCATIONS



15 Academic, community, and safety-net practices in 2 US health care systems

INTERVENTION

2050 Randomized



1795 Intervention group

Patients received APOL1 genetic testing results from trained staff who used clinical decision support



255 Control group

Control patients received APOL1 genetic testing results after a 12-mo follow-up visit

PRIMARY OUTCOME

Copriary outcomes were change in systolic blood pressure (SBP) at 3-mo and 12-mo urine kidney disease screening between Patients with high-risk APOL1 genotypes and patients with low-risk APOL1 genotypes

FINDINGS

Patients with high-risk APOL1 genotypes had significantly higher change in SBP compared with low-risk APOL1 and control groups and higher urine screening compared with controls but not with patients with low-risk APOL1 genotypes



Percentage decrease in SBP from baseline at 3 mo:

High-risk APOL1 group vs low-risk APOL1 group: 3.6% vs 1.0% ($P = .003$)

High-risk APOL1 group vs control group: 3.6% vs 1.3% ($P = .04$)

Increase in urine kidney disease testing:

High-risk APOL1 group vs low-risk APOL1 group: 12.0% vs 6.0% ($P = .01$)

High-risk APOL1 group vs control group: 12.0% vs 7.0% ($P = .01$)

Need more research.....

- Consider clinical context
 - CKD, FSGS or transplant donor/ recipient
 - Actionable vs not actionable
 - Diagnostic vs predictive
 - Overall disease prevalence which may alter test characteristics
 - Consider who gets tested
 - Economic impacts of testing
 - Gaps in knowledge lead to more uncertainty
- Address regional differences in ethical, social and legal implications

**Multiple frameworks to approach data
to move genetic testing into clinical
use**

Frameworks to move genetic testing into clinical care

TABLE S-1 Comparison of Frameworks

Method	Purpose	Approach	Strengths	Weaknesses
USPSTF	Preventive interventions in primary care	Formal analytic framework; evidence assessment related to key questions to establish a “chain of evidence”	Formal grading system incorporating evaluation of benefits and harms and rating of evidence	Focus on preventive services results in a focus on clinical-utility outcomes that are not relevant to all clinical applications
Fryback–Thornbury	General medical-test assessment	Hierarchic representation of levels of efficacy for medical tests	Allows an evaluator to determine what evidence types need to be assessed for a given test purpose or desired outcome	Lacks a formal evidence-based assessment procedure
ACCE	Analytic process for evaluating evidence on genetic tests	Standard set of 44 questions that are organized according to different evidence types (analytic validity, clinical validity, clinical utility, ELSI)	Provides a highly granular approach to assessing different evidence types	Does not provide details on evaluating the strength of evidence; developed for single-gene tests and may be difficult to extend to multigene panels or genome-scale sequencing tests

Method	Purpose	Approach	Strengths	Weaknesses
EGAPP	Systematic approach to evidence-based assessment of genetic tests	Hybrid approach using analytic framework similar to USPSTF and evaluation of evidence types articulated by ACCE	Flexibility to evaluate different “topics” in genetic testing, including a wide array of potential outcomes of interest, and integration of formal evidence-based reviews	Focus on single-gene tests may be difficult to extend to broader genomic technologies
GETT	Structure for systematic identification and organization of published evidence on genetic testing	List of 72 defined items grouped into categories	Helps stakeholders to determine whether knowledge base is sufficient for genetic-technology assessment	Does not provide details on evaluating the strength of evidence; developed for single-gene tests and may be difficult to extend to multigene panels or genome-scale sequencing tests
McMaster University	Evaluation model to guide public coverage for new predictive genetic tests in Ontario, Canada	Combines technology assessment with coverage decision making from payer’s perspective	Defines criteria for determining coverage, anticipates the need for payers to identify evidentiary thresholds, and considers conditional coverage scenarios	Developed for the Canadian health system; lacks a formal evidence-based assessment procedure
Frueh and Quinn	Framework to facilitate communication between test developers and health-technology evaluators	Relevant to both regulatory and payer decisions	Articulates several axes of testing that provide more nuanced or diverse evaluation outcomes than traditional clinical validity and clinical utility	Lacks a formal evidence-based assessment procedure; examples of applications of six questions directed mainly toward companion diagnostics

NOTE: ACCE = analytic validity, clinical validity, clinical utility, and associated ethical legal and social implications; EGAPP = Evaluation of Genomic Application in Practice and Prevention; ELSI = ethical, legal, and social implications; GETT = Genetic testing Evidence Tracking Tool; USPSTF = US Preventive Services Task Force.

Genetic/genomic testing: defining parameters for ethical, legal and social implications (ELSI)

1. Universal Declaration on the Human Genome and Human Rights, UNESCO 1997
2. Oviedo Convention, Council of Europe 1997
3. Review of Ethical Issues in Medical Genetics, WHO 2003
4. International Declaration on Human Genetic Data, UNESCO 2003
5. Declaration of Reykjavik, WMA 2019
6. Medical genetic services in Developing Countries. The Ethical, Legal, and Social Implications of Genetic Testing and Screening, WHO 2006
7. Guidelines for Quality Assurance in Molecular Genetic Testing, OECD 2007
8. Additional Protocol to the Convention on Human Rights and Biomedicine, concerning Genetic Testing for Health Purposes, Council of Europe 2008
9. Report of the International Bioethics Committee on Updating Its Reflection on the Human Genome and Human Rights, UNESCO 2015

	Criteria	Sub-criteria
Ethical	Patient rights	Right to health Free and informed consent Knowing or not knowing results and implications Respect for privacy and confidentiality Respect for human dignity
	Non-discrimination	Avoid genetic reductionism Genetic exceptionalism Avoid stigmatization
Legal	Protection of the Information	Actions to ensure the protection of biological samples, and all physical and electronic information
	Testing	Circumstances of application Advantages, disadvantages and limitations
	Health regulation	Qualified health personnel Surveillance Medical-patient-company responsibility Countries responsibility Analytical validity Validity and clinical utility Laboratory accreditation
	Commercialization	Direct-to-consumer testing Medical tourism Advertising Cross-border business
Social	Counseling	Pre-clinical and post-results In clinic
	Training	Education and dissemination
	Reporting of Results	Concept of health and disease Communication of the risks Unexpected findings
	Accessibility	Access to services under the principle of justice

Ethical questions to consider for APOL1 genetic testing among those with CKD, FSGS or transplant donor/recipient

	Criteria	Sub-criteria
Ethical	Patient rights	Right to health Free and informed consent Knowing or not knowing results and implications Respect for privacy and confidentiality Respect for human dignity
	Non-discrimination	Avoid genetic reductionism Genetic exceptionalism Avoid stigmatization

Legal questions to consider for APOL1 genetic testing among those with CKD, FSGS or transplant donor/recipient

	Criteria	Sub-criteria
Legal	Protection of the Information	Actions to ensure the protection of biological samples, and all physical and electronic information
	Testing	Circumstances of application Advantages, disadvantages and limitations
	Health regulation	Qualified health personnel Surveillance Medical-patient-company responsibility Countries responsibility Analytical validity Validity and clinical utility Laboratory accreditation
	Commercialization	Direct-to-consumer testing Medical tourism Advertising Cross-border business

23andMe Offers a New Report on APOL1-Related Chronic Kidney Disease

August 5, 2020 By 23andMe under Health and Traits

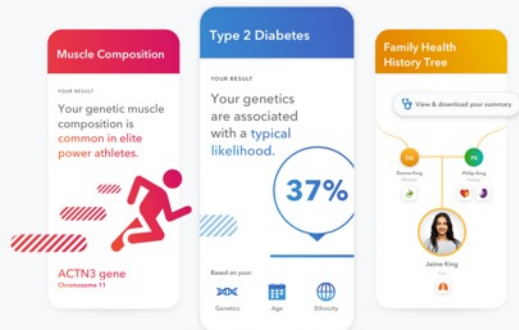


Today, 23andMe added a new Genetic Health Risk report on APOL1-related chronic kidney disease that has particular relevance for customers with African ancestry.

Let's talk about APOL1-Related Chronic Kidney Disease

Relevant ethnicities

- The variants included in this test are most common and best studied in people of **African** descent.
- These variants are also found in people with African ancestry, including people of **Hispanic** or **Latino** descent.



\$99 OFF

Health + Ancestry Service

Get personalized genetic insights and tools that can help make it easier for you to take action on your health.

- 150+ personalized reports
- Includes Ancestry + Traits Service

Add to cart

~~\$249~~ \$159

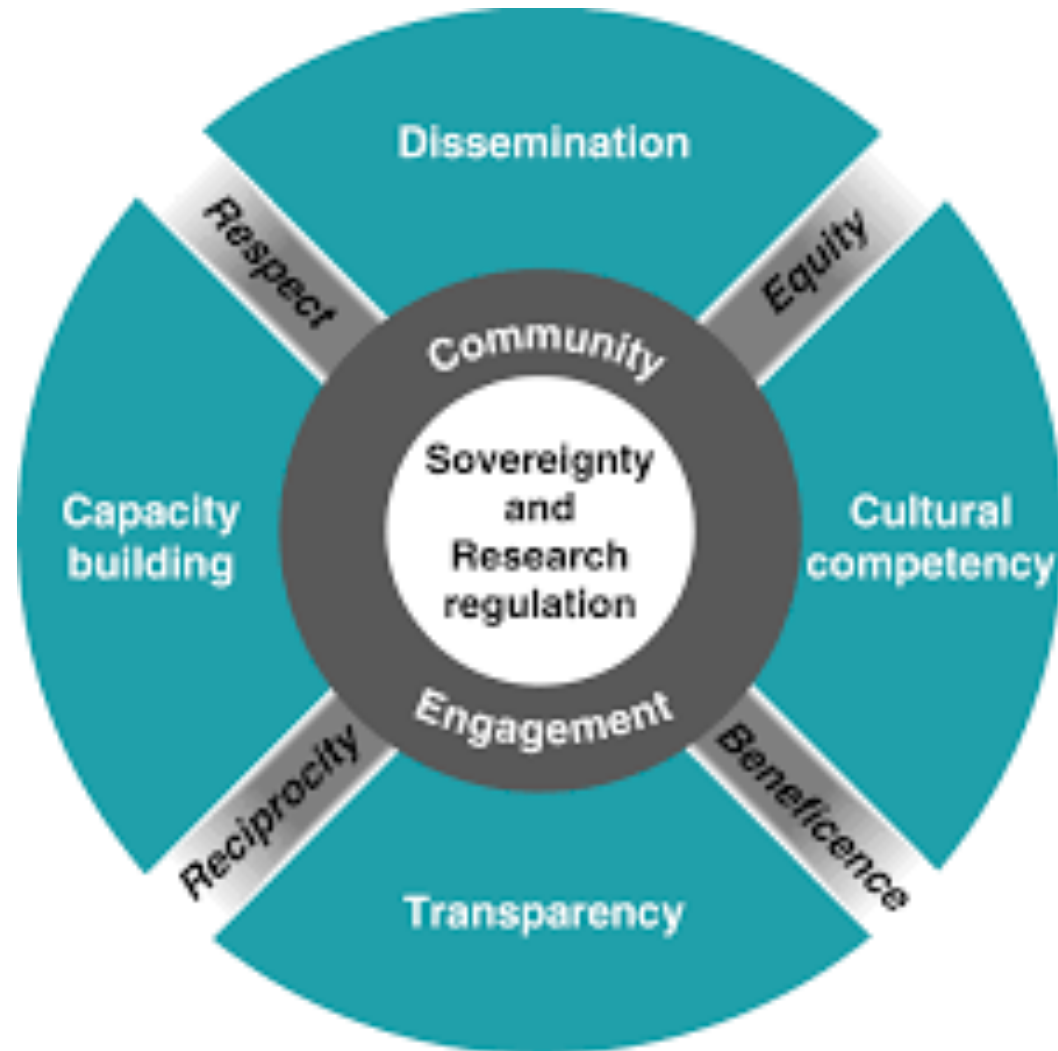
Limit 3 kits. Offer ends Oct 31.

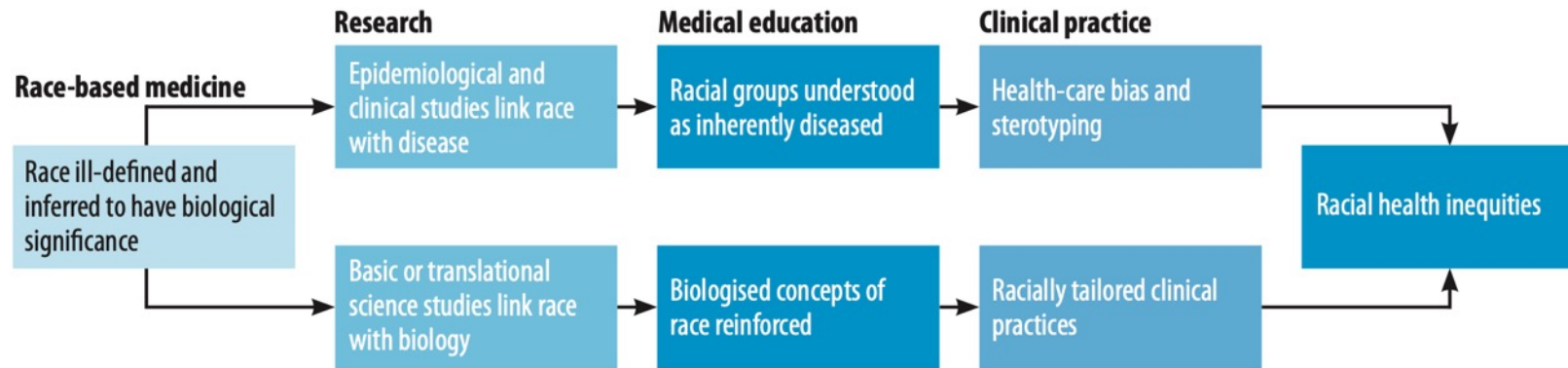
Social questions to consider for APOL1 genetic testing among those with CKD, FSGS or transplant donor/recipient

	Criteria	Sub-criteria
Social	Counseling	Pre-clinical and post-results In clinic
	Training	Education and dissemination
	Reporting of Results	Concept of health and disease Communication of the risks Unexpected findings
	Accessibility	Access to services under the principle of justice

Need more research

Indigenous framework for genetic testing





Race-conscious medicine



Source: Cerdeña, Plaisime, and Tsai, 2020. *The Lancet*.³⁵ Used with permission.

- American Medical Association and Association of American Medical Colleges
- Advancing Health Equity: Guide on Language, Narrative and Concepts..
- ama-assn.org/equity-guide

Advancing health equity
Language, narrative and concepts

Informed use of race, ethnicity and ancestry

		Equity focused alternative	Commonly used	Comment
Race	Self-ascribed	Black	black	System of categorizing people that arises to differentiate groups of people in hierarchies to advantage some and disadvantage others.
	Self-ascribed	white	Caucasian	
Ethnicity	Self-ascribed	African Americans West Africans Country		Social construct and category based on shared geography, language, ancestry, traditions or history. Boundaries of authenticity (that is, who or what “counts” in recognizing members of an ethnic group) are often changeable and dependent on generational, social, political and historical situations.
Ancestry	Gene variants/ genome			

Conflation of genetic ancestry and race

- “Genetic data have led clinical investigators to focus on *APO1* polymorphisms as a key, rather than a contributory, explanatory variable in racial disparities in kidney disease.....This approach, however, is based upon a misapplication of population genetics and exacerbated by conflation of genetic ancestry and race”

Vanessa Grubbs



NATIONAL
ACADEMIES

Sciences
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Using Population Descriptors in Genetics and Genomics Research

A New Framework for an Evolving Field

Consensus Study Report

1



**Population descriptor
≠ group label.**

A population descriptor is a way to classify individuals according to perceived differences among groups; a group label is a specific name used to describe a population.

2



Researchers often use population descriptors inconsistently and/or inappropriately.

Race, for example, should not be used for analysis in most genomics studies. It may be used for some health disparities studies.

4



Genetic ancestry refers to the lines or paths through an individual's family tree by which they inherited DNA from specific ancestors. It can be useful when studying human evolutionary history.

Genetic similarity a measure of genetic resemblance among individuals, is preferred in many other contexts because it moves away from race and the misconception that humans can be grouped into discrete categories.

3



Sometimes funders require collection of Office of Management and Budget (OMB) Standards categories to report demographic information of research participants, but **use of OMB categories is not required for scientific analysis.**

Editorial

August 17, 2021

Updated Guidance on the Reporting of Race and Ethnicity in Medical and Science Journals

Annette Flanagin, RN, MA¹; Tracy Frey, BA²; Stacy L. Christiansen, MA³; [et al](#)

[» Author Affiliations](#) | [Article Information](#)

JAMA. 2021;326(7):621-627. doi:10.1001/jama.2021.13304

EDITORIAL

CMAJ's new guidance on the reporting of race and ethnicity in research articles

Matthew B. Stanbrook and Bukola Salami

CMAJ February 13, 2023 195 (6) E236-E238; DOI: <https://doi.org/10.1503/cmaj.230144>

[Comment](#) > [JAMA](#). 2024 Apr 16;331(15):1276-1278. doi: 10.1001/jama.2024.3737.

Guidance on Use of Race, Ethnicity, and Geographic Origin as Proxies for Genetic Ancestry Groups in Biomedical Publications

W Gregory Feero^{1 2}, Robert D Steiner^{3 4}, Anne Slavotinek^{5 6}, Tiago Faial⁷, Michael J Bamshad^{8 9}, Jehannine Austin^{10 11}, Bruce R Korf^{12 13}, Annette Flanagin¹⁴, Kirsten Bibbins-Domingo¹⁴

Affiliations + expand

PMID: 38470200 DOI: [10.1001/jama.2024.3737](https://doi.org/10.1001/jama.2024.3737)

Case

- Medical student wanted to donate to her mother who has been on dialysis for 2 years
 - She finds out she is a carrier for high-risk *APOL1* haplotype
 - She is prevented from donating to her mother **clinical utility when research is pending**
 - But no one can tell her own long-term risk and what she needs to do to prevent chronic kidney disease **understanding risk when prevalence and penetrance varies and other gene or environmental factors are important**
 - And if she donates, no one can tell her long-term risk of progression to CKD with a single kidney **medical uncertainty**
 - She now feels like a “ticking time bomb” **psychological impact of testing**
 - No one has considered that she may lose her mother given the high mortality rate on dialysis and long waits for deceased donor transplant **what is actionable?**
 - **She questioned whether she should have had testing**

Need more research

- Recommendations
 - All studies should include patient and community engagement to inform approach from research questions to knowledge translation
 - Address specific ELSI criteria to generate evidence for ongoing testing
 - Actionable vs not actionable
 - Diagnostic vs predictive
 - Specific clinical scenarios ie transplant vs CKD vs FSGS
 - Consider changing populations locally and globally
 - Genetic information is only one contributor to account for underlying disparities in health
 - Reporting using new guidance will improve our reporting

Thank you

Trials for *APOL1*

Join Us in Fighting Chronic Kidney Disease Caused by Variations in the *APOL1* Genotype

If you have been diagnosed with kidney disease, have symptoms of kidney disease, or a family history of kidney disease, this clinical research study may be an option for you. Vertex Pharmaceuticals is researching how many people with chronic kidney disease (CKD) that is not caused by diabetes have a genetic variation in the apolipoprotein L1 (*APOL1*) gene. *APOL1* is a naturally occurring gene that can be found in many tissues of the body, including the blood, saliva, and kidneys. People with CKD not caused by diabetes who have a mutation in their *APOL1* gene have a higher risk of losing kidney function.

[See if you may qualify](#)

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A First-in-human Study to Assess the Safety, Tolerability, Pharmacokinetics and Pharmacodynamics of AZD2373 After Single Dose Administration in Healthy Male Subjects of African Ancestry.

JUSTICE Clinical Trial
 Janus kinase-STAT Inhibition to Reduce *APOL1* Associated Kidney Disease (JUSTICE)

JUSTICE is a single-center, double-blinded, randomized trial of baricitinib therapy for ***APOL1***-associated FSGS or Hypertension Associated-CKD.

JAMA Network **Open**

RCT: Effects of Testing and Disclosing Ancestry-Specific Genetic Risk for Kidney Failure on Patients and Health Care Professionals

<p>POPULATION 690 Men, 1360 Women</p> <p>Adults with African ancestry with hypertension and without existing chronic kidney disease Mean age, 53 y (range, 18-70 y)</p>	<p>INTERVENTION 2050 Randomized</p> <p>1795 Intervention group Patients received <i>APOL1</i> genetic testing results from trained staff who used clinical decision support</p> <p>255 Control group Control patients received <i>APOL1</i> genetic testing results after a 12-mo follow-up visit</p>	<p>FINDINGS</p> <p>Patients with high-risk <i>APOL1</i> genotypes had significantly higher change in SBP compared with low-risk <i>APOL1</i> and control groups and higher urine screening compared with controls but not with patients with low-risk <i>APOL1</i> genotypes</p> <p>Mean % change in SBP at 3 mo</p> <table border="1"> <tr><th>Group</th><th>Mean % change in SBP at 3 mo</th></tr> <tr><td>High-risk <i>APOL1</i></td><td>~3.6%</td></tr> <tr><td>Low-risk <i>APOL1</i></td><td>~1.3%</td></tr> <tr><td>Control</td><td>~1.3%</td></tr> </table> <p>Percentage decrease in SBP from baseline at 3 mo: High-risk <i>APOL1</i> group vs low-risk <i>APOL1</i> group: 3.6% vs 1.3% ($P = .003$) High-risk <i>APOL1</i> group vs control group: 3.6% vs 1.3% ($P = .04$) Increase in urine kidney disease testing: High-risk <i>APOL1</i> group vs low-risk <i>APOL1</i> group: 12.0% vs 6.0% ($P = .01$) High-risk <i>APOL1</i> group vs control group: 12.0% vs 7.0% ($P = .01$)</p>	Group	Mean % change in SBP at 3 mo	High-risk <i>APOL1</i>	~3.6%	Low-risk <i>APOL1</i>	~1.3%	Control	~1.3%
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High-risk <i>APOL1</i>	~3.6%									
Low-risk <i>APOL1</i>	~1.3%									
Control	~1.3%									

SETTINGS / LOCATIONS
 15 Academic, community, and safety-net practices in 2 US health care systems

PRIMARY OUTCOME
 Coprimary outcomes were change in systolic blood pressure (SBP) at 3-mo and 12-mo urine kidney disease screening between Patients with high-risk *APOL1* genotypes and patients with low-risk *APOL1* genotypes

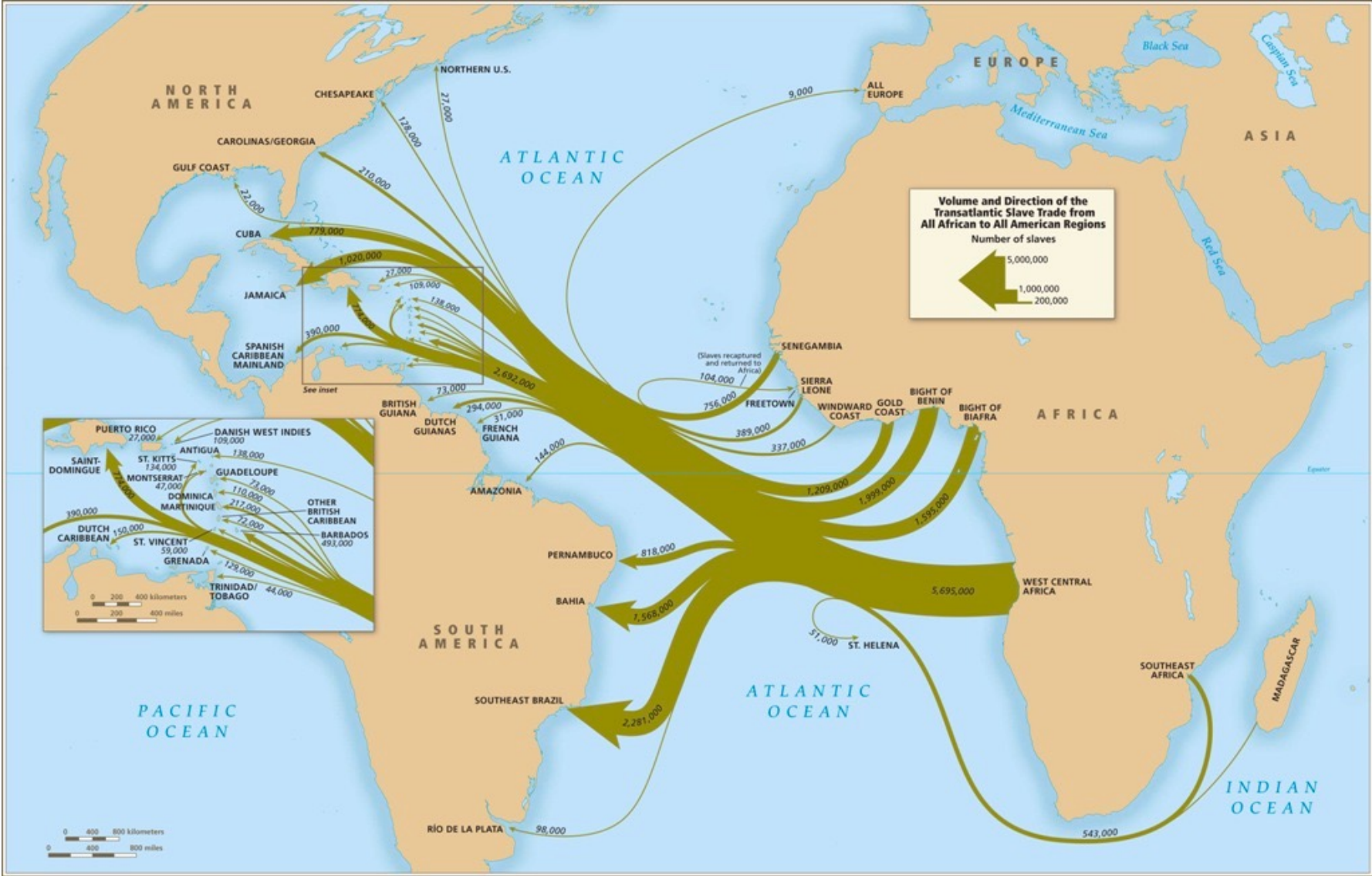
Nadkarni GN, Fei X, Ramos MA, et al. Effects of testing and disclosing ancestry-specific genetic risk for kidney failure on patients and health care professionals: a randomized clinical trial. JAMA Network Open. 2022;5(3):e221048. doi:10.1001/jamanetworkopen.2022.1048

ELSEVIER Contemporary Clinical Trials
 Volume 119, August 2022, 106813

Design and rationale of GUARDD-US: A pragmatic, randomized trial of genetic testing for *APOL1* and pharmacogenomic predictors of antihypertensive efficacy in patients with hypertension

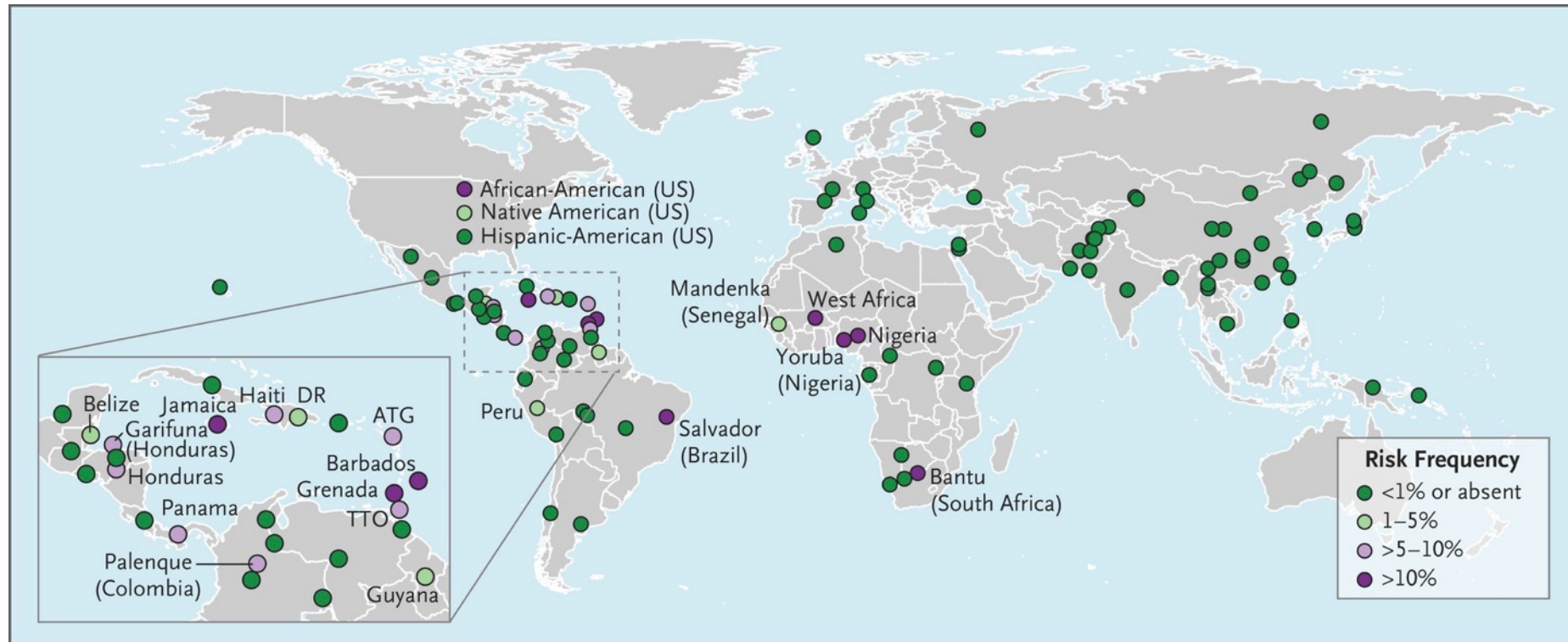
Who are carriers of *APOL1* risk variants?

Volume and direction of the trans-Atlantic slave trade- 12,521,337 Africans were enslaved



Frequency of *APOL1* risk variants vary worldwide

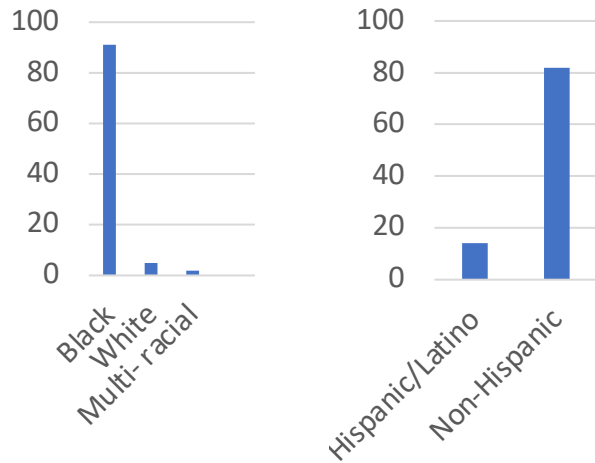
Higher prevalence in regions reminiscent of slave trade patterns



Self-reported identity of high-risk *APOL1* carriers

CureGN

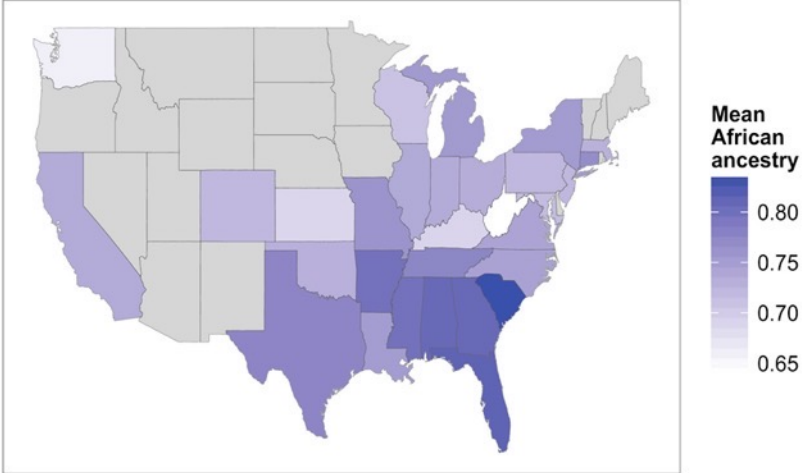
N~400 FSGS



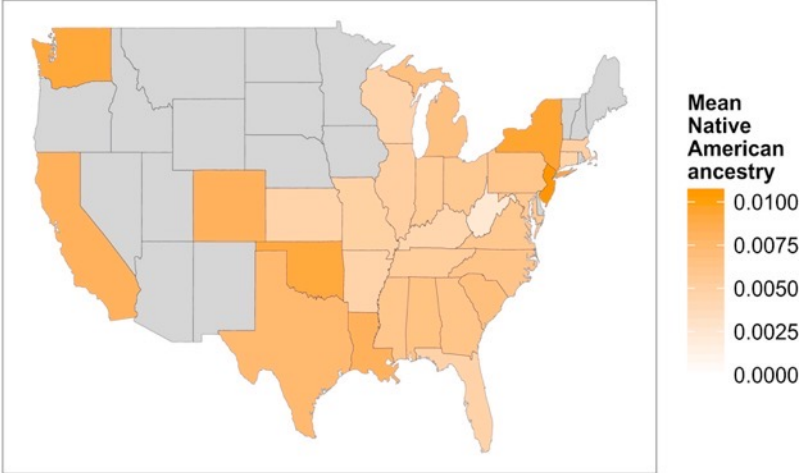
- Cross-sectional studies among Hispanic/Latino communities
 - NYC
 - Diabetic ESRD 6%
 - Non-Diabetic ESRD 20%
 - Hispanic Community Health Study/Study of Latinos
 - Caribbean/mainland 0.004%

Genetic Ancestry of African Americans, Latinos, and European Americans across the United States

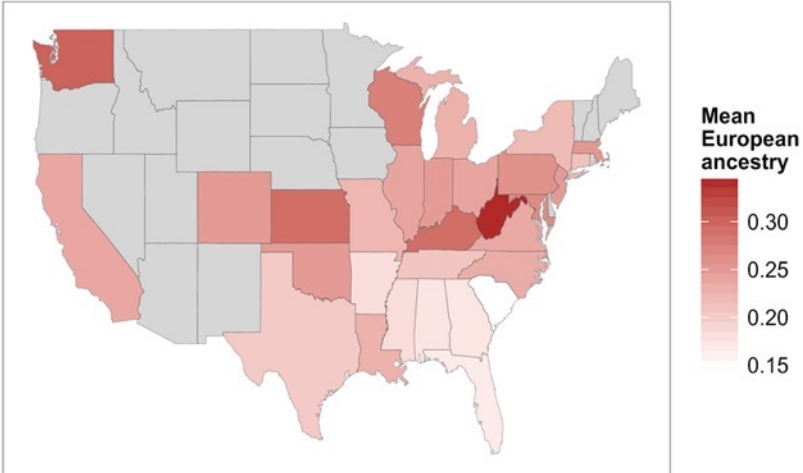
A



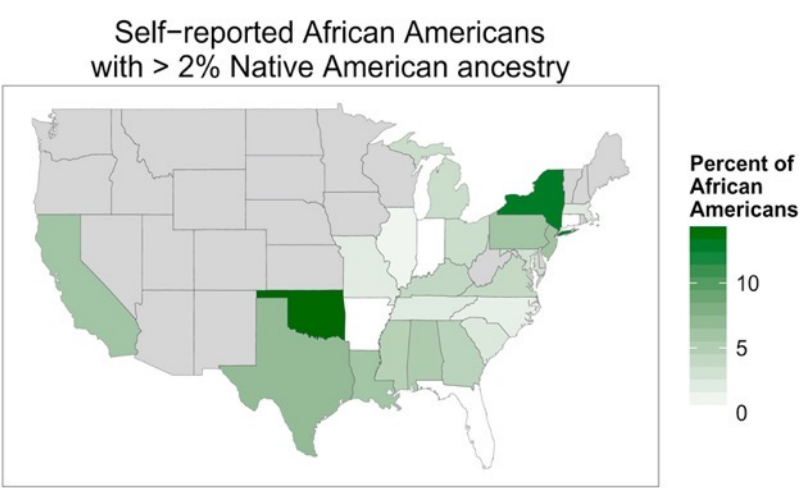
B



C



D



‘We’re talking about a big, powerful phenomenon’: Multiracial Americans drive change

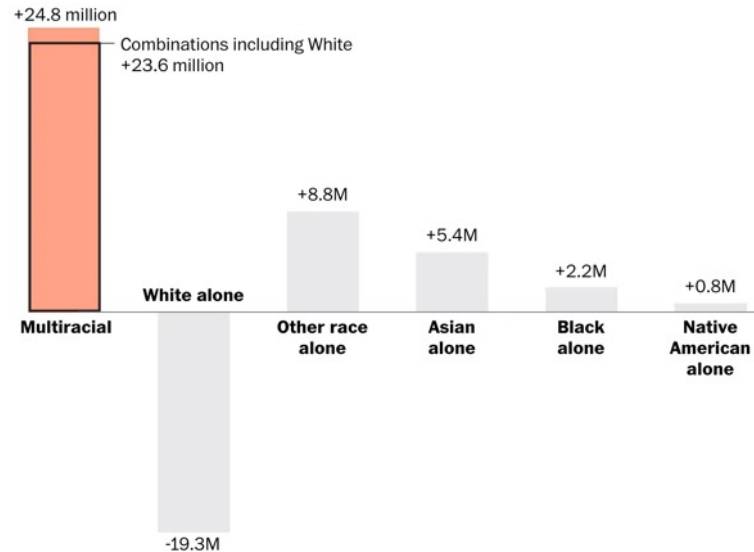
While still a relatively small part of the population, more Americans than ever identify as multiracial, according to the census

By [Silvia Foster-Frau](#), [Ted Mellnik](#) and [Adrian Blanco](#)

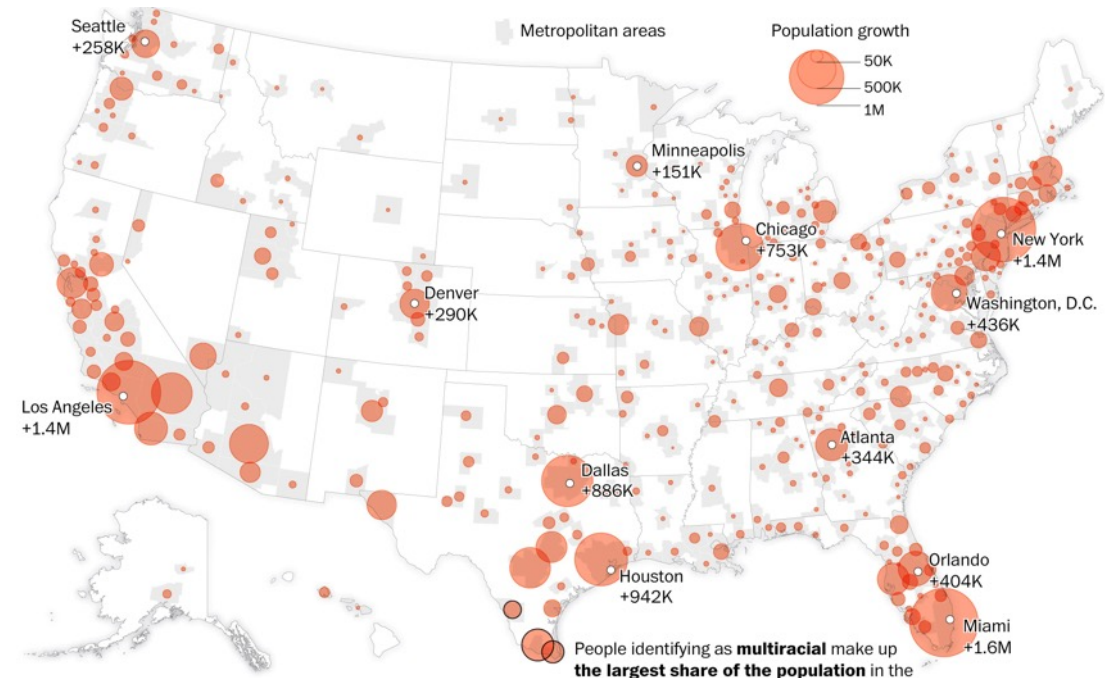
October 8, 2021 at 8:00 a.m. EDT

More people say they are multiracial

Here's how census numbers on race changed from 2010 to 2020



Multiracial population growth in metropolitan areas



2023

Transplant Nephrologists' Preferences for Clinical Decision Support for *APOL1* Genetic Testing of Living Kidney Donors: A Focus Group Study

Luke V. Rasmussen¹, Akansha H. Agrawal² and Elisa J. Gordon³

> *J Surg Res.* 2022 Sep;277:116-124. doi: 10.1016/j.jss.2022.04.011. Epub 2022 Apr 27.

2022

Apolipoprotein L1 Opinions of African American Living Kidney Donors, Kidney Transplant Patients, and Nonpatients

Dwight D Harris¹, Aaron Fleishman¹, Martha Pavlakis², Martin R Pollak², Prabhakar K Baliga³, Vinayak Rohan³, Liise K Kayler⁴, James R Rodrigue⁵

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ORIGINAL ARTICLE

AJT

2021

Opinions of African American adults about the use of apolipoprotein L1 (ApoL1) genetic testing in living kidney donation and transplantation

Margaret Berrigan^{1,2} | Jasmine Austrie¹ | Aaron Fleishman^{1,2} | Kenneth P. Tercyak³ | Martin R. Pollak^{2,4} | Martha Pavlakis^{2,4} | Vinayak Rohan⁵ | Prabhakar K. Baliga⁵ | Liise K. Kayler⁶ | Thomas H. Feeley⁷ | James R. Rodrigue^{1,2}

> [Am J Kidney Dis](#). 2018 Dec;72(6):819–833. doi: 10.1053/j.ajkd.2018.07.017. Epub 2018 Oct 22.

2018

African American Living Donors' Attitudes About APOL1 Genetic Testing: A Mixed Methods Study

Elisa J Gordon ¹, Daniela Amórtegui ², Isaac Blancas ², Catherine Wicklund ³,
John Friedewald ⁴, Richard R Sharp ⁵

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doi: 10.1111/ajt.14173

Special Article

2017

Integrating *APOL1* Gene Variants Into Renal Transplantation: Considerations Arising From the American Society of Transplantation Expert Conference