



## 2023 NEPHROLOGY NURSING PRACTICE, MANAGEMENT, AND LEADERSHIP CONFERENCE

### SYMPTOM-BASED COMPLICATIONS IN DIALYSIS CONFERENCE – PERSPECTIVES ON THE EXPERIENCE

**SUNDAY, OCTOBER 15<sup>TH</sup> • 12:30–2:00PM CDT  
INTERNATIONAL SOUTH BALLROOM HILTON CHICAGO**

#### AGENDA

**12:30pm–12:45pm** – Lunch Available (not CE accredited)

**12:45pm–1:00pm** – Nephrology Nurses & Symptom Management: Lillian A. Pryor DNP, RN, CNN Nephrology Nurse, ANNA

**1:00pm–1:15pm** – A Patient Perspective on Symptoms in Dialysis: Caroline Wilkie, Patient

**1:15pm–1:30pm** – Symptom-Based Complications in Dialysis: Edgar V. Lerma, MD, FASN, FNKF, FISON, FPSN (Hon), Nephrologist, University of Illinois at Chicago

**1:30pm–1:45pm** – Health Literacy & The Importance of Educating Patients on Self-Management: John D. Ortiz DHSc, RPFT, Patient and Professor, Parkinson School of Health Sciences and Public Health

**1:45pm–2:00pm** – Q&A

**EARN 1.25  
CE CREDITS**

#### PROGRAM DESCRIPTION

Join an expert panel of nurses, nephrologists, and patients as they take a deep dive into the common symptoms of people on dialysis and methods for diagnosis and management.

#### TARGET AUDIENCE

The educational design of this activity addresses the needs of nephrology nurses and nurse practitioners involved in managing and treating symptom-based complications in patients on dialysis.

#### LEARNING OBJECTIVES

- Identify the optimal means for diagnosing and managing symptom-based complications in patients undergoing dialysis therapy
- Outline foundational principles and consensus points related to identifying dialysis symptom-based complications
- Describe gaps in the knowledge base and priorities for research in the area of symptoms management for patients
- Cite how symptoms can be managed through a combination of treatment modalities
- Name non-pharmacological interventions such as cognitive behavioral treatment, social or peer support, and exercise
- List common symptoms of people on dialysis including fatigue, pain, poor mood, dry skin, depression, itching, poor sleep, and muscle cramps

This activity is jointly provided by Global Education Group and KDIGO.

This activity is supported by an educational grant from CSL Vifor.



#### NURSING CONTINUING EDUCATION

Global Education Group is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity for 1.25 contact hours including 0.0 pharmacotherapeutic contact hours is provided by Global Education Group. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

#### NURSE PRACTITIONER CONTINUING EDUCATION



This activity has been planned and implemented in accordance with the Accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of Global Education Group and KDIGO. Global Education Group is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 110121. This activity is approved for 1.25 contact hour(s) (which includes 0.0 hour(s) of pharmacology).

## PROGRAM INFORMATION

### INSTRUCTIONS TO RECEIVE CREDIT

In order to receive credit for this activity, the participant must scan their badge to enter the session room, attend the live activity, and complete the program evaluation. For all attendees who attend the session, an individualized CE evaluation link will be emailed to each participant within two weeks of the session conclusion from [outcomes@globaleducationgroup.com](mailto:outcomes@globaleducationgroup.com) with the subject line "CME/CE WebSurvey link".

### FEE INFORMATION & REFUND/CANCELLATION POLICY

There is no fee for this educational activity.

### GLOBAL CONTACT INFORMATION

For information about the approval of this program, please contact Global at 303-395-1782 or [cme@globaleducationgroup.com](mailto:cme@globaleducationgroup.com).

### DISCLOSURES OF RELEVANT FINANCIAL RELATIONSHIPS

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All relevant financial relationships have been mitigated.

The faculty have the following relevant financial relationships with ineligible companies:

Name of Faculty or Presenter:

**Edgar Lerma, MD**

Reported Financial Relationship:

**Consulting Fee (e.g., Advisory Board):** Astra Zeneca, Boehringer Ingelheim, Calliditas, Novartis, Vertex, Vifor  
**Speakers' Bureau:** Astra Zeneca, Calliditas, GSK, Novartis, Otsuka, Vifor

**John Ortiz** (patient representative)

**Consulting Fee (e.g., Advisory Board):** COSMED (contractor)

**Lillian A. Pryor**

Nothing to disclose

**Caroline Wilkie** (patient representative)

**Consulting Fee (e.g., Advisory Board):** ALIO Medical - Patient and Family Partnership Council  
**Honoraria:** CVS Kidney Care

The planners and managers at Global Education Group and KDIGO have no relevant financial relationships to disclose.

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This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. Global Education Group (Global) and KDIGO do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of any organization associated with this activity. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

### DISCLAIMER

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.



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