



# REAL WORLD EXAMPLES FROM UMC UTRECHT (NL)

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The Netherlands  
UMC Utrecht



# DISCLOSURES

- Research funding from Nextkidney
- Research collaboration with BBraun/ GreenTec, Novoflux and Bilfinger within KitNewCare

# Improving sustainability of dialysis

↓ Water

↓ Electric energy

↓ Waste

↓ Transport

# Improving sustainability of dialysis

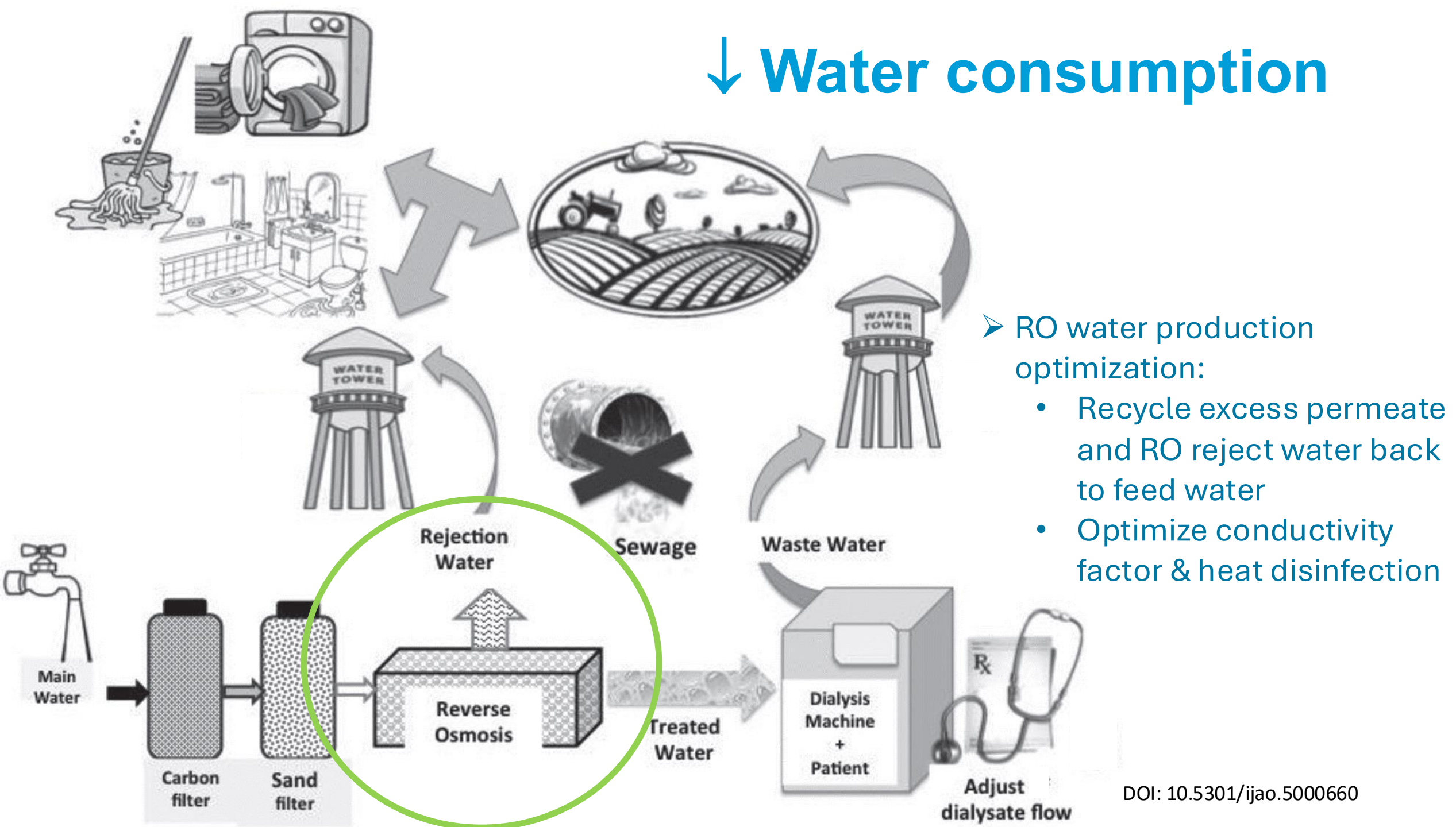
↓ Water

↓ Electric energy

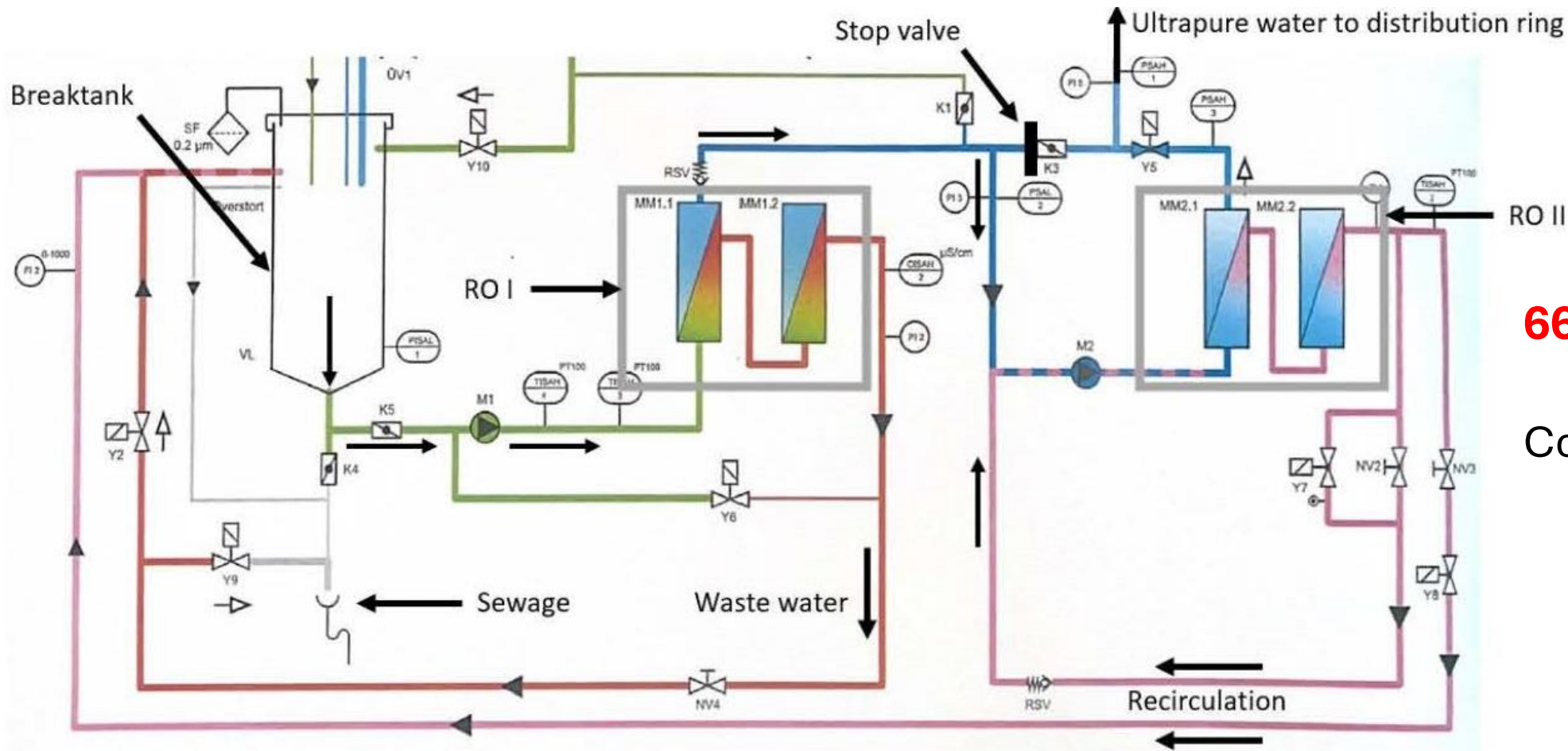
↓ Waste

↓ Transport

# ↓ Water consumption



# Re-inject reject water and excess permeate



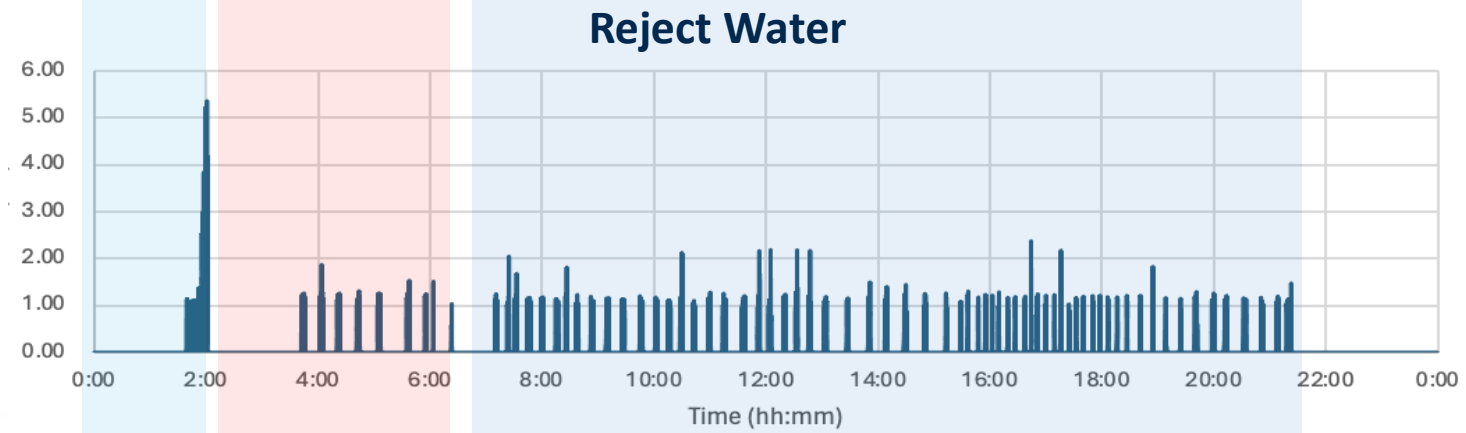
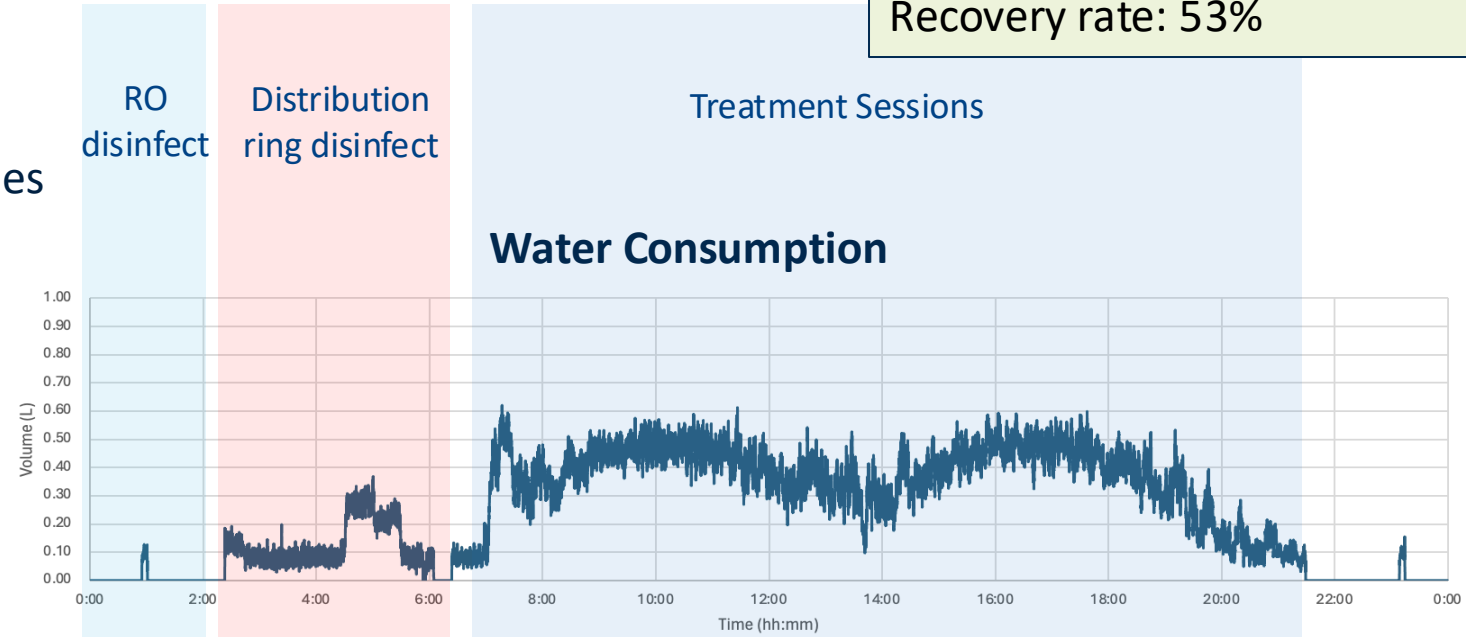
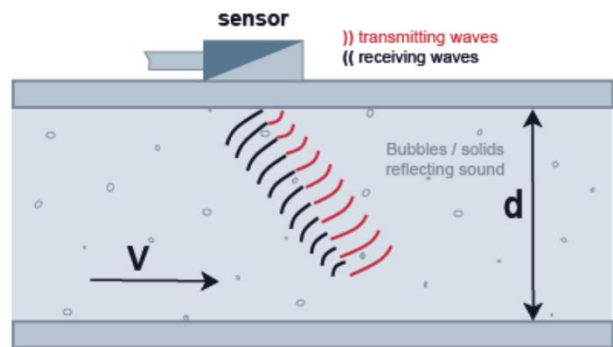
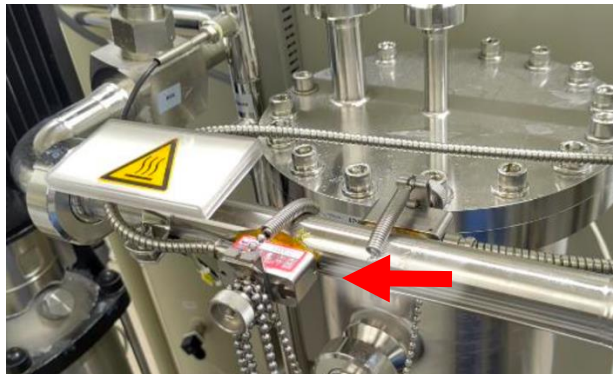
**66% recovery**

Conductivity factor 3

# Water measurement

Total water used: 46,167 L/week  
On average 346 L/ treatment  
Recovery rate: 53%

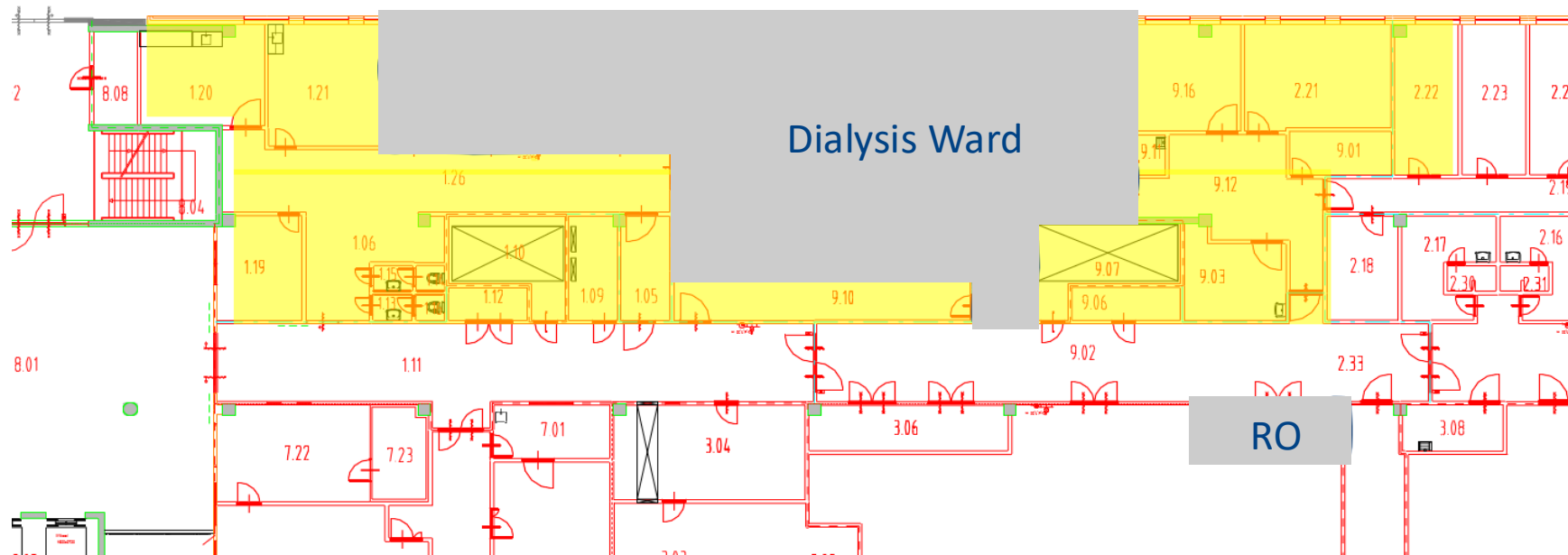
Flow monitored **non-invasively** with **ultrasonic sensors** attached to pipelines



# Measurement of energy consumption

Power meters installed to measure energy consumption

Total energy: 1510 kWh/week  
On average 11.2 kWh/ treatment  
RO system 61%, dialysis treatment 39%



# Optimization Plan

## 1. Increase concentration factor

- Currently  $\sim 300 \rightarrow \sim 900 \mu\text{S}/\text{cm}$
- Increase from 3  $\rightarrow$  5
- Conductivity  $< 0.5 \rightarrow \sim 2 \mu\text{S}/\text{cm}$  (theoretically)
- Theoretical recovery rate 66%  $\rightarrow$  80%

Target: 1-10  $\mu\text{S}/\text{cm}$  (Dutch Guideline on Water Treatment for HD)



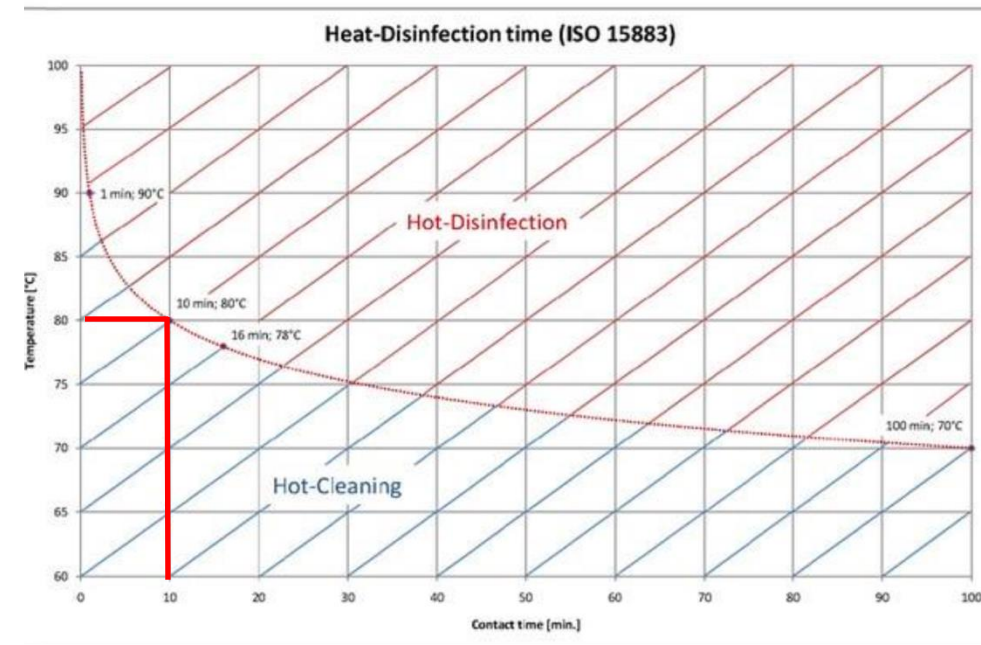
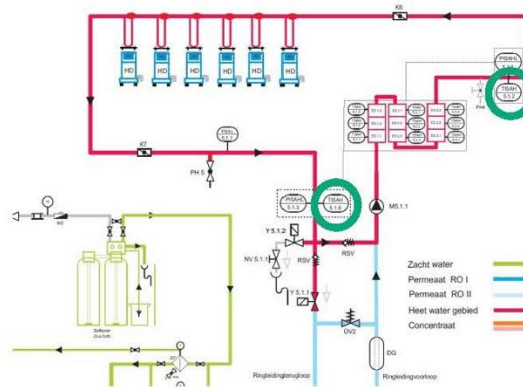
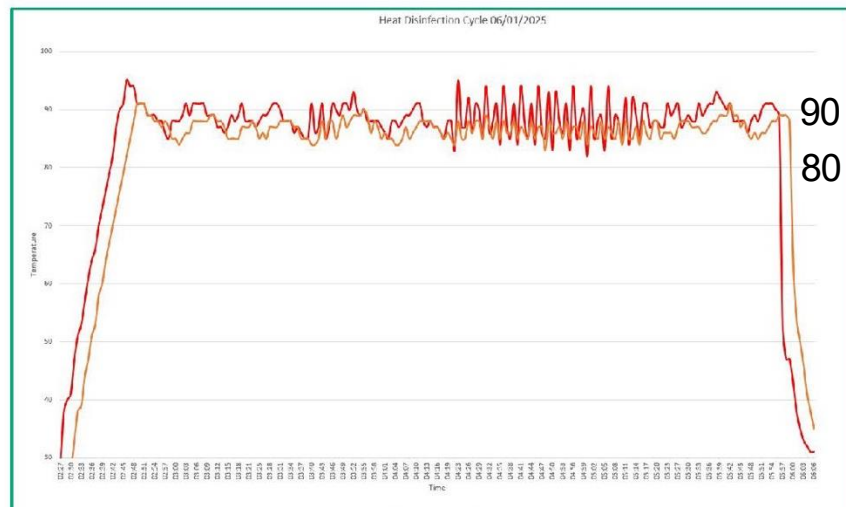
# Optimization Plan

## 2. Reduce permanent hot disinfection (PHD)

- From 38 min → 15 min
- Theoretical required value 10 min @ 80°C (ISO 15883)

### Different phases of the Heat disinfection

- Heating phase, 30 min.
- PHD\* phase, 38 min.
- Inline phase, 149 min.
- Cooling phase, 10 min.



# Optimization Plan

## 3. Reduced disinfection frequency

- From daily → 3x per week
- Gradual reduction with intermediate validation

### *NFN-Richtlijn Waterbehandeling voor HD en online HDF, 2020*

#### 6.4.1 Desinfectie

Het belangrijkste aspect in het dagelijkse beheer van dialyseapparatuur is desinfectie. Robuuste afdelingsprotocollen zijn wenselijk in het bijzonder bij HDF-apparatuur. Vooral apparatuur in berg ruimten en acute locaties verdient extra aandacht.

Algemene richtlijnen zijn:

- Desinfectie na iedere behandeling
- Desinfectie iedere 24 uur, tenzij fabrikant langer toelaat bijvoorbeeld 48 of 72 uur.
- Desinfectie na iedere reparatie
- Geïntegreerde hittedesinfectie van dialyseapparatuur via de ringleiding is vooral een effectieve manier om de aanvoerslangen van de apparaten te reinigen.

# Revalidation plan WTS UMC Utrecht, Versie 01

## Aquaboss EcoRO Dia II - C 1600 HT, SN2001230021 & Aquaboss Hot Rinse Smart 30, SN1100300117

Date	Changes made	Control measures	Sample location	Microbiological sample*	Endotoxin sample*	Remarks
Start	-	-	-	-	-	See attachment 1, overview of actual switching times
Step 1, Start date	Adjusting the PHD cycle time of the ring heat disinfection. Minus 15 minutes, machines must start 15 minute earlier.	-	-	-	-	See attachment 2
Start date + 1 weeks	-	First permeate samples after step 1, use regular weekly sample	End of the ring	✓	✓	-
Start date + 2 weeks		Second permeate sample after step 1, use regular weekly sample	End of the ring	✓	✓	After negative result of both samples, release for the next step, Step 2
Step 2, Start date + 3 weeks	Move Hot-RO disinfection to Monday & Skip the Heat disinfection cycle of the ring including dialysis machines on Sunday	-	-	-	-	See attachment 3
Start date + 4 weeks	-	First permeate samples after step 2, use regular weekly sample	End of the ring	✓	✓	-
Start date + 5 weeks		Second permeate sample after step 2, use regular weekly sample	End of the ring	✓	✓	After negative result of both samples, release for the next step, Step 3
Step 3, Start date + 6 weeks	Skip the Heat disinfection cycle of the ring including dialysis machines on Tuesday	-	-	-	-	See attachment 4
Start date + 7 weeks	-	First permeate samples after step 3, use regular weekly sample	End of the ring	✓	✓	-
Start date + 8 weeks		Second permeate sample after step 3, use regular weekly sample	End of the ring	✓	✓	After negative result of both samples, release for the next step, Step 4
Step 4, Start date + 9 weeks	Skip the Heat disinfection cycle of the ring including dialysis machines on Thursday	-	-	-	-	See attachment 5
Start date + 10 weeks	-	First permeate samples after step 4, use regular weekly sample	End of the ring	✓	✓	-
Start date + 11 weeks		Second permeate sample after step 4, use regular weekly sample	End of the ring	✓	✓	After negative result of both samples, release for the next step, Step 5
Step 5, Start date + 12 weeks	Skip the Heat disinfection cycle of the ring including dialysis machines on Saturday	-	-	-	-	See attachment 6

# Optimization Plan

## 4. Reduce permeate production



**800 L/h**  
**17 HD machines**

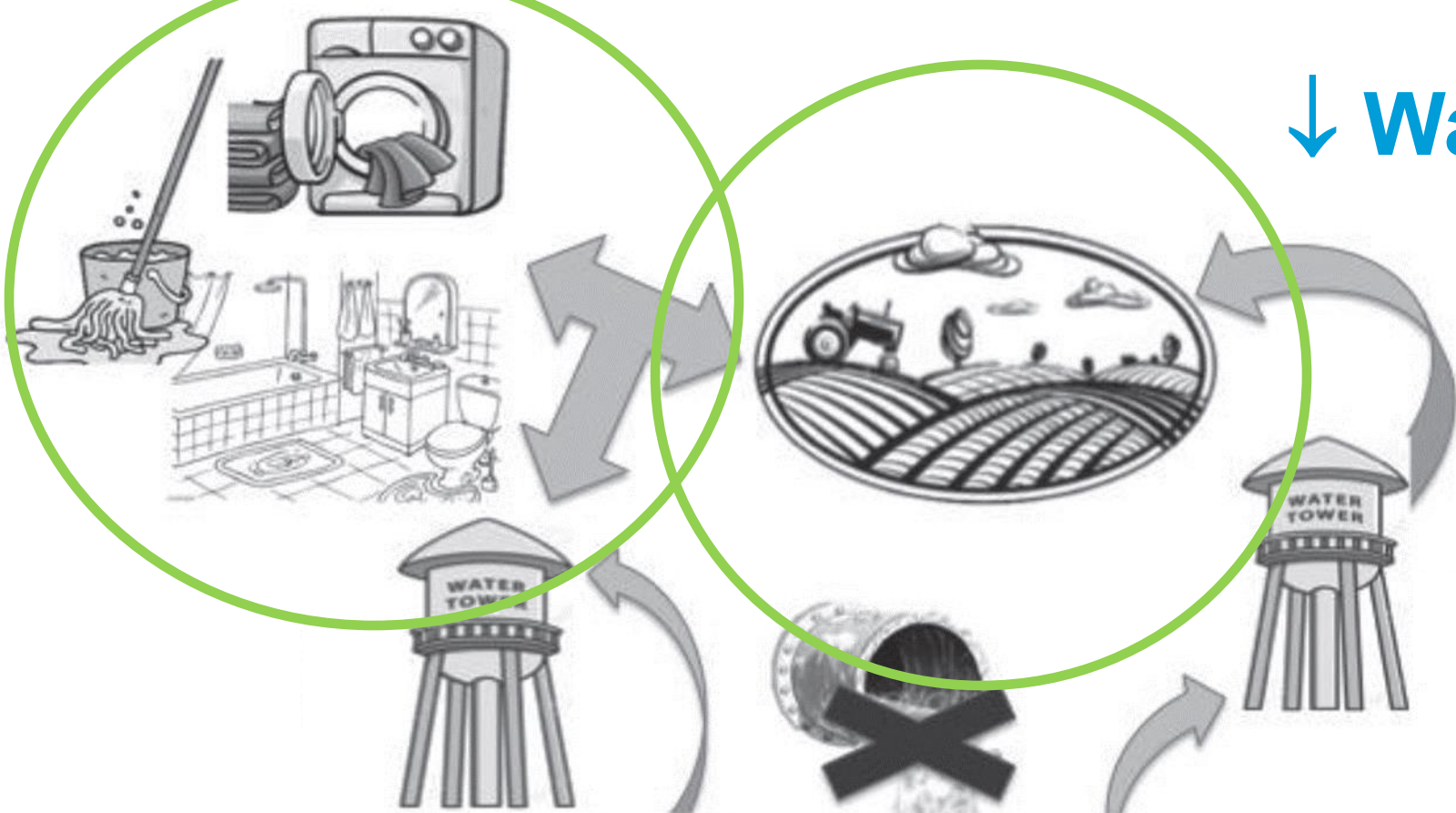
SMART DIALYSIS®



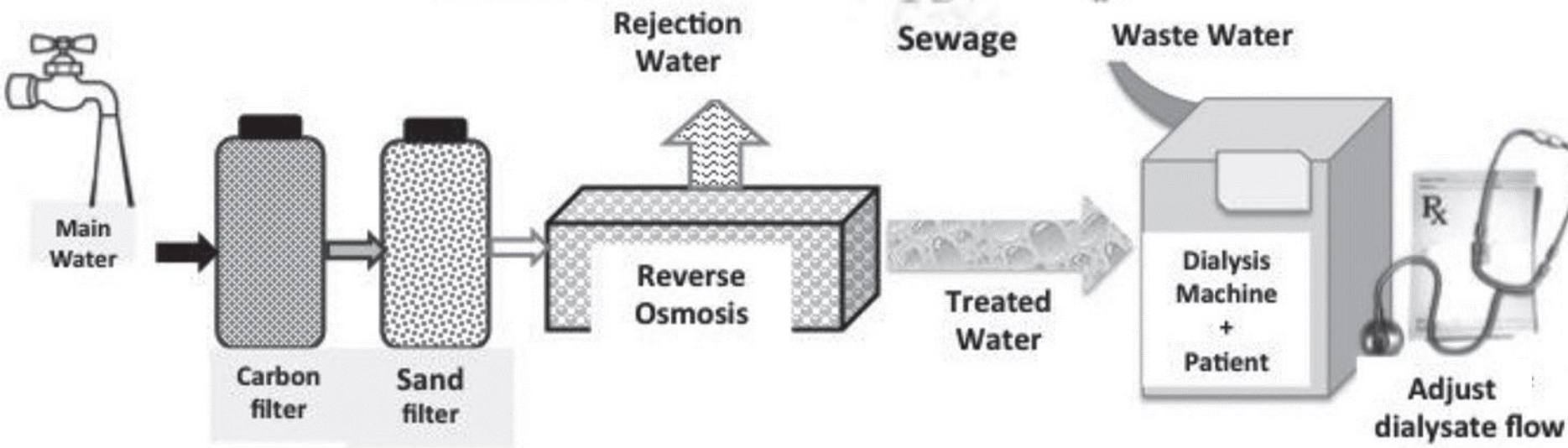
**>1600 L/h!**



↓ **Water consumption**

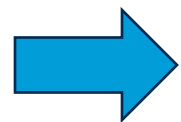


➤ **Reuse RO reject water**

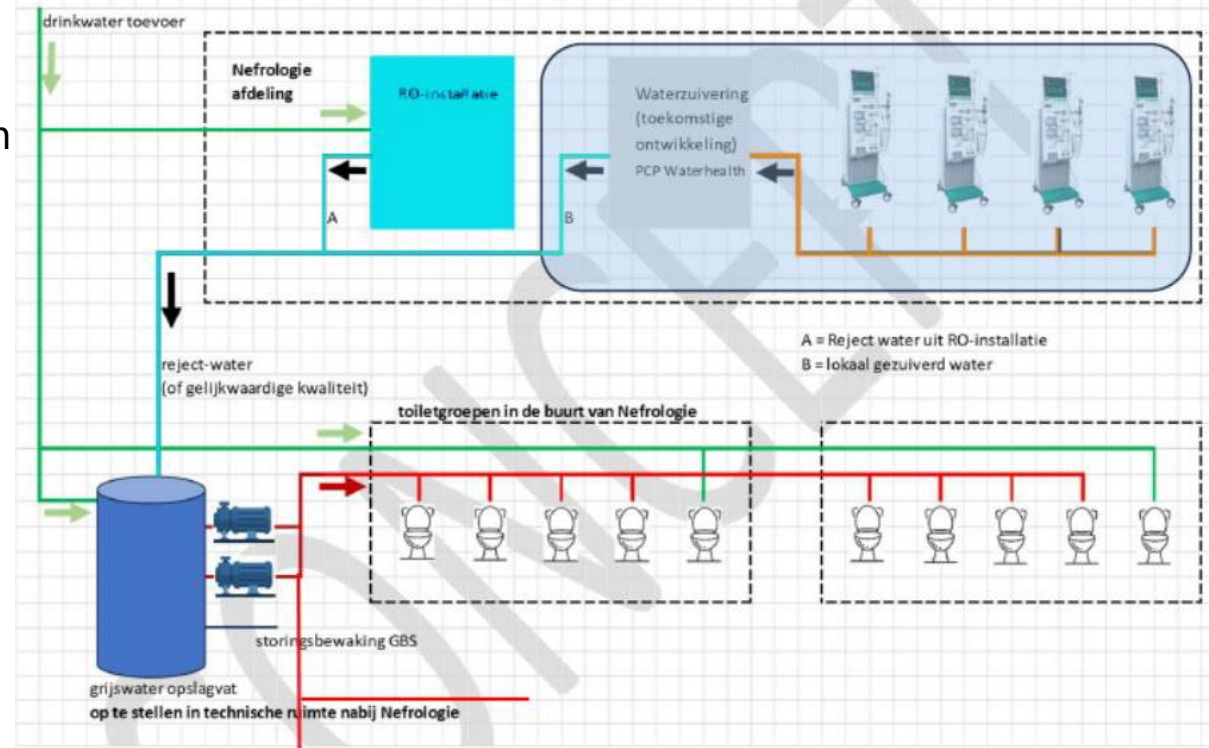
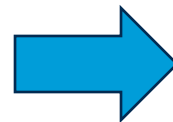


# Measurement reject water

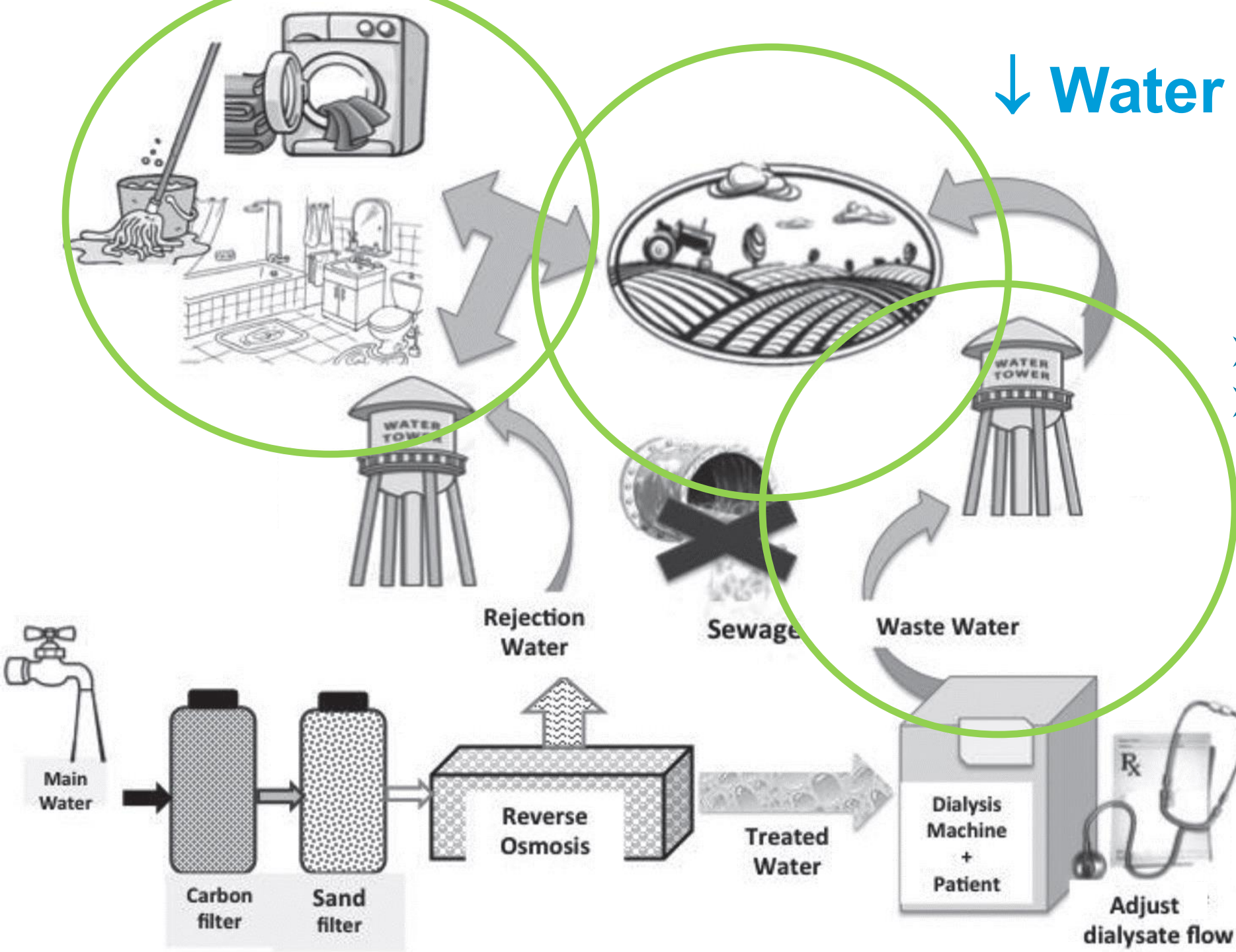
- 22 m<sup>3</sup>/ week
- Sample analysis:
  - Conductivity <1500  $\mu$ S/cm, osmolality 15 mOsmol/kg
  - Total dissolved solids: 470 mg/L
  - No calcium, magnesium, silicate or manganese (<0.5 mg/l · <0.1 mg/l · <0.5 mM · <0.005 mg/l resp)
  - [Na<sup>+</sup>] 7.1 mM, [Cl<sup>-</sup>] 2.2 mM
  - pH 7.5
  - Nitrate 3.9 mg/L = 63  $\mu$ M, no nitrite or ammonium
  - Dissolved organic carbon 1.2 mg/L



Reuse possible for multiple purposes



# ↓ Water consumption



- Reuse spent dialysate
- Removal of residues and nutrients (nitrogen, phosphorus)

# Large pill burden → spent dialysate as medication hotspot?



Group	Pharmaceutical	Priority	Targeted analytes	Reported metabolites
Sterilization agent	Citric acid	Low	Intact	-
Anticoagulant	Dalteparin	Low	Intact	
Iron replacement	Ferric derisomaltose	Low	intact	
Erythropoiesis stimulant	Darbepoetin alfa	Medium	intact	
Vitamin D analogue	Alfacidol	High	Metabolite	Calcitriol
Diuretic	Furosemide	High	Intact and metabolites	Glucuronide conjugates
Diuretic	Bumetanide	Medium	Intact and metabolites	Desbutyl bumetanide
Diuretic	Spironolactone	High	Intact and metabolites	Canrenone, 7 $\alpha$ -thiomethylspironolactone, and 6 $\beta$ -hydroxy-7 $\alpha$ -thiomethylspironolactone
ACE inhibitor	Fosinopril	Low	Intact and metabolite (faeces)	Fosinoprilat
ACE inhibitor	Lisinopril	Low	Intact	Unchanged
ACE inhibitor	Enalapril	Medium	Intact and metabolite	Enalaprilat
ACE inhibitor	Perindopril	Medium	Intact and metabolite	Perindoprilat
Angiotensin receptor blocker	Losartan	Low	Intact and metabolite	EXP3174 (Losartan carboxylic acid)
Angiotensin receptor blocker	Irbesartan	Low	Intact	Glucuronide conjugates
Angiotensin receptor blocker	Valsartan	Low	Intact and metabolites	Unchanged
Beta blocker	Metoprolol	High	Metabolites	$\alpha$ -Hydroxymetoprolol and O-desmethylmetoprolol
Beta blocker	Bisoprolol	High	Intact	Glucuronide conjugates
Beta blocker	Carvedilol	Low	Metabolites	Carvedilol O-sulfate, 4'-hydroxyphenyl carvedilol and 3-hydroxycarvedilol
Calcium antagonist	Amlodipine	Low	Intact and mainly metabolites	Different minor metabolites
Calcium antagonist	Barnidipine	Medium	Metabolites	Barnidipine Pyridine Metabolite
Proton pump inhibitor	Pantoprazole	Medium	Mainly metabolites	Demethylated Pantoprazole (Sulfide and Sulfone)
Proton pump inhibitor	Omeprazole	Medium	Mainly metabolites	Hydroxyomeprazole and omeprazole sulfone
Proton pump inhibitor	Esomeprazole	Medium	Mainly metabolites	Hydroxyesomeprazole and esomeprazole sulfone
Proton pump inhibitor	Rabeprazole	Medium	Mainly metabolites	Rabeprazole thioether
Statin	Atorvastatin	Low	Intact and metabolites	Ortho- and para-hydroxyatorvastatin
Statin	Rosuvastatin	Low	Intact	N-desmethyl rosuvastatin
Statin	Simvastatin	Low	Intact and metabolites	Simvastatin acid (active form)
Statin	Pravastatin	Low	Intact and metabolites	3 $\alpha$ -Hydroxypravastatin
Corticosteroid	Prednisolone	High	Intact and phase 2 conjugates	Prednisolone 21-sulfate and 6 $\beta$ -hydroxy-prednisolone
Analgesic	Paracetamol	Low	Intact and phase 2 conjugates	Glucuronide conjugates
Anticoagulant	Acenocoumarol	Medium	Intact and metabolites	7-Hydroxyacenocoumarol and 3'-Hydroxyacenocoumarol
Anticoagulant	Phenprocoumon	Medium	Intact and metabolites	7-Hydroxyphenocoumarol and 3'-Hydroxyphenocoumarol

# Regeneration of dialysate

Nephrology Dialysis Transplantation

SP674

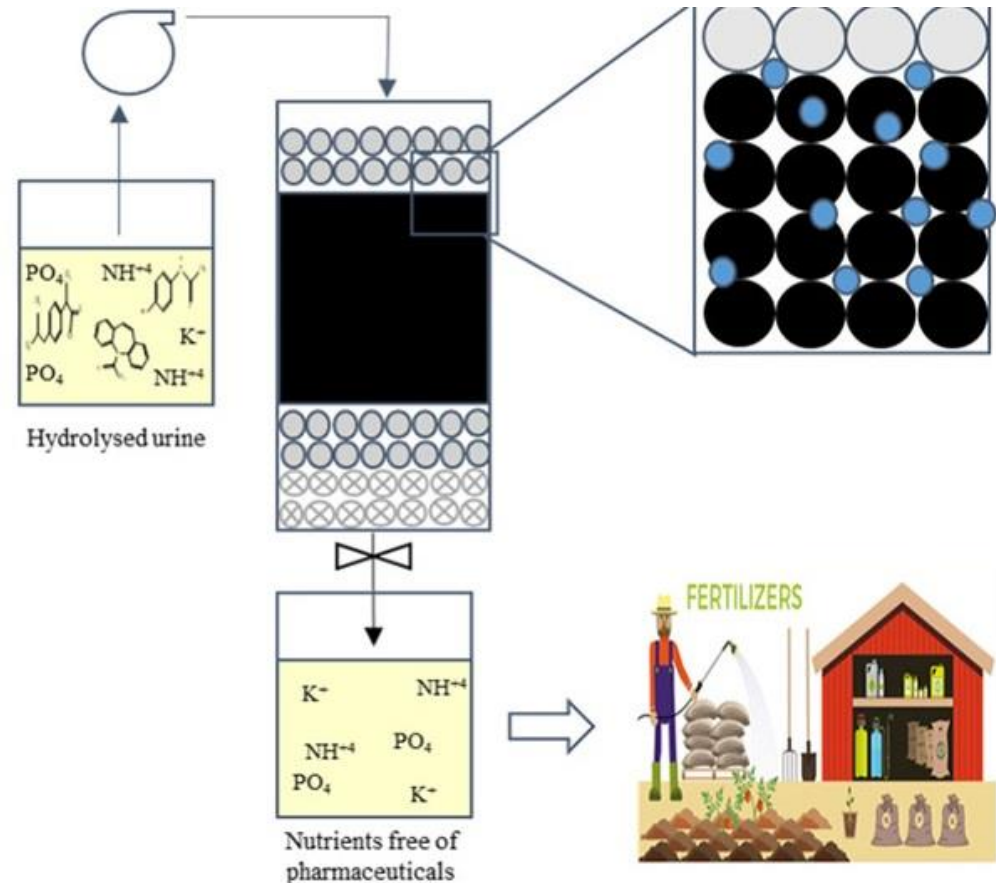
## THE USE OF RDT DIALYSATE AS FERTILIZER

Athanasios Diamandopoulos<sup>1,2</sup>, Antonios Diamandopoulos<sup>3</sup>, Zoi Tegou<sup>4</sup>

<sup>1</sup>Internal Medicine, EKPA, Patras, Greece, <sup>2</sup>Board, Louros Foundation for the History of Medicine, Athens, Greece, <sup>3</sup>Management, Orangia Eco-hosting Farm, Gastouni, Greece and <sup>4</sup>Nephrology Ward, St. Andrew State Hospital, Patras, Greece

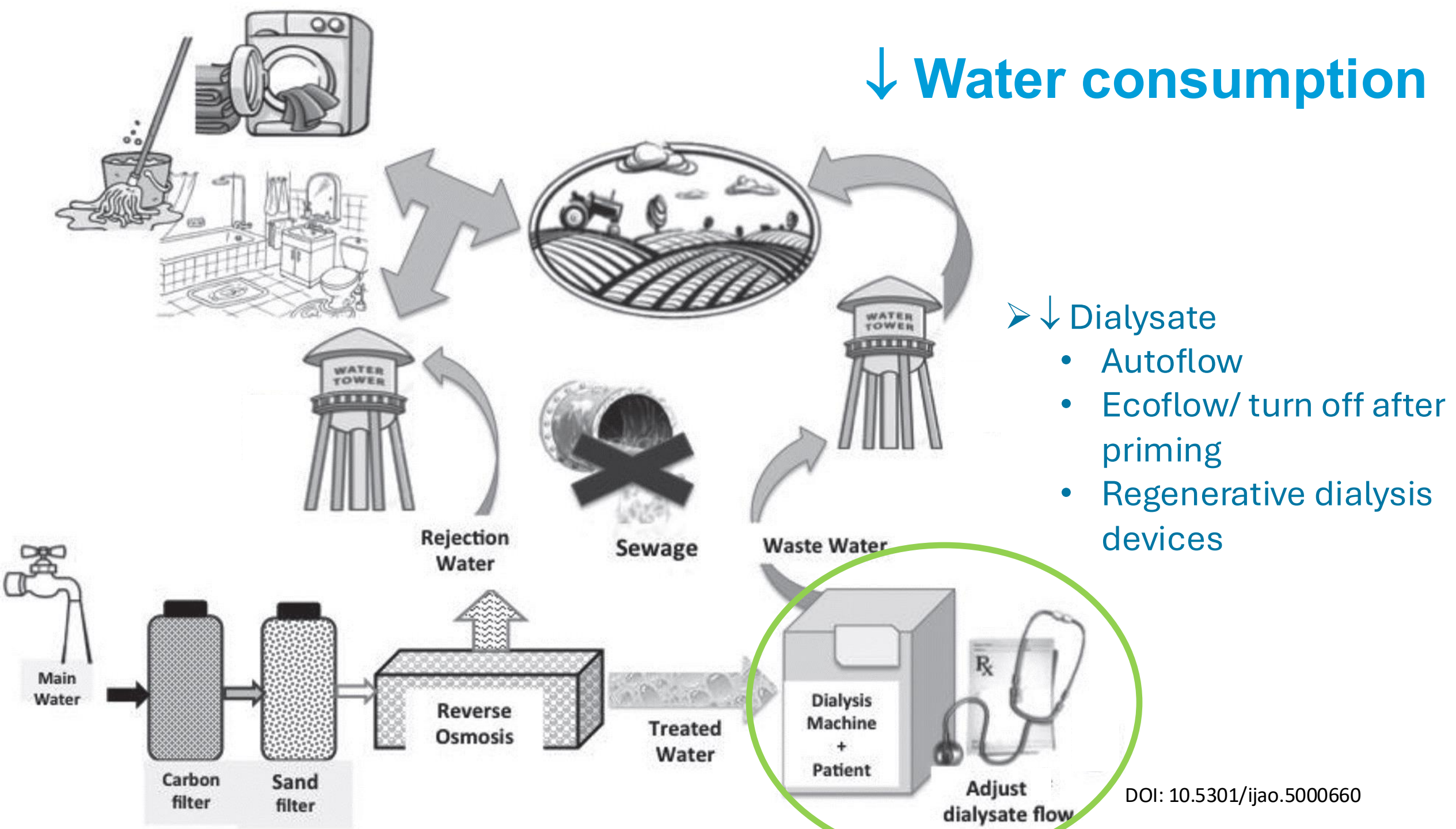
<https://doi.org/10.1093/ndt/gfy104.SP674>

- Advanced sorbent technologies
- Advanced oxidation processes
- (Nanofiltration) membrane technologies
- Electrodeionization (EDI) for desalination
- Nitrogen and phosphorus recovery (and use as fertilizer) through struvite crystallization by adding magnesium sulfate (DOI: [10.1007/s40620-024-01989-6](https://doi.org/10.1007/s40620-024-01989-6))



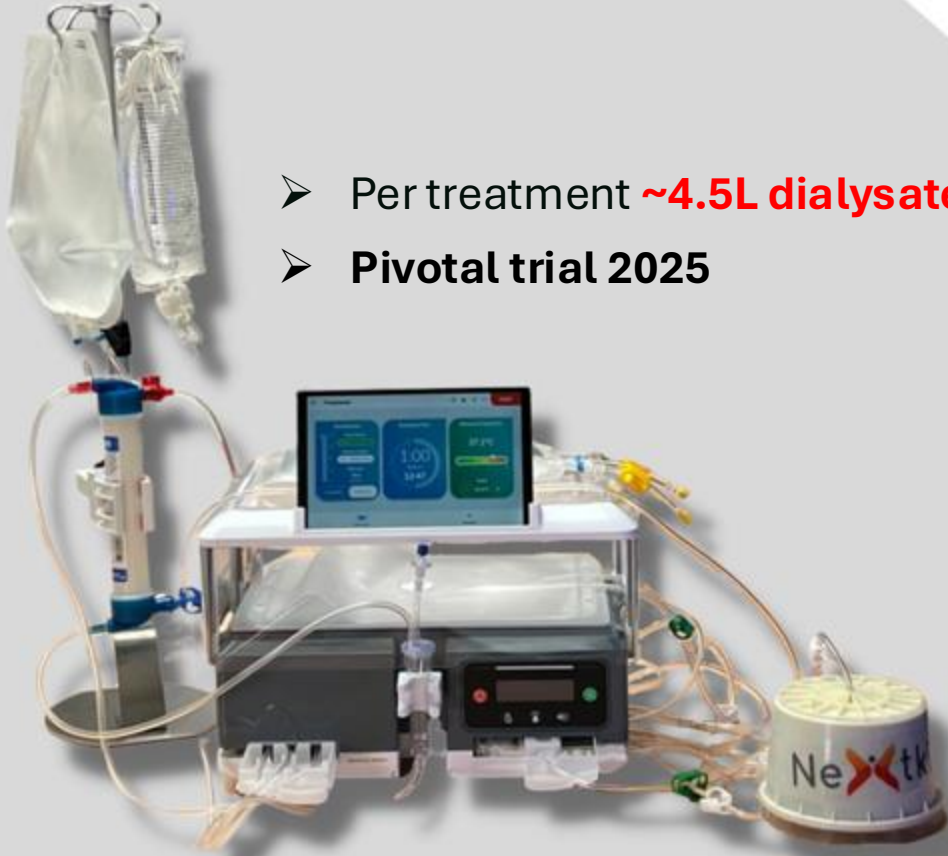
● Pharmaceuticals


# ↓ Water consumption

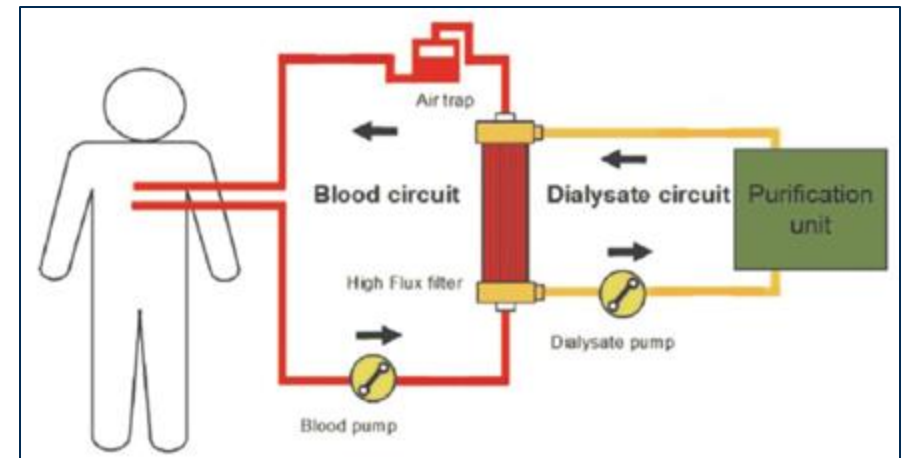


# Regenerative dialysis devices

NeXtkidney



  
  
**CORDIAL**



  
**NIERSTICHTING**

**LCA** 

# Improving sustainability of dialysis

↓ Water

↓ Energy

↓ **Waste**

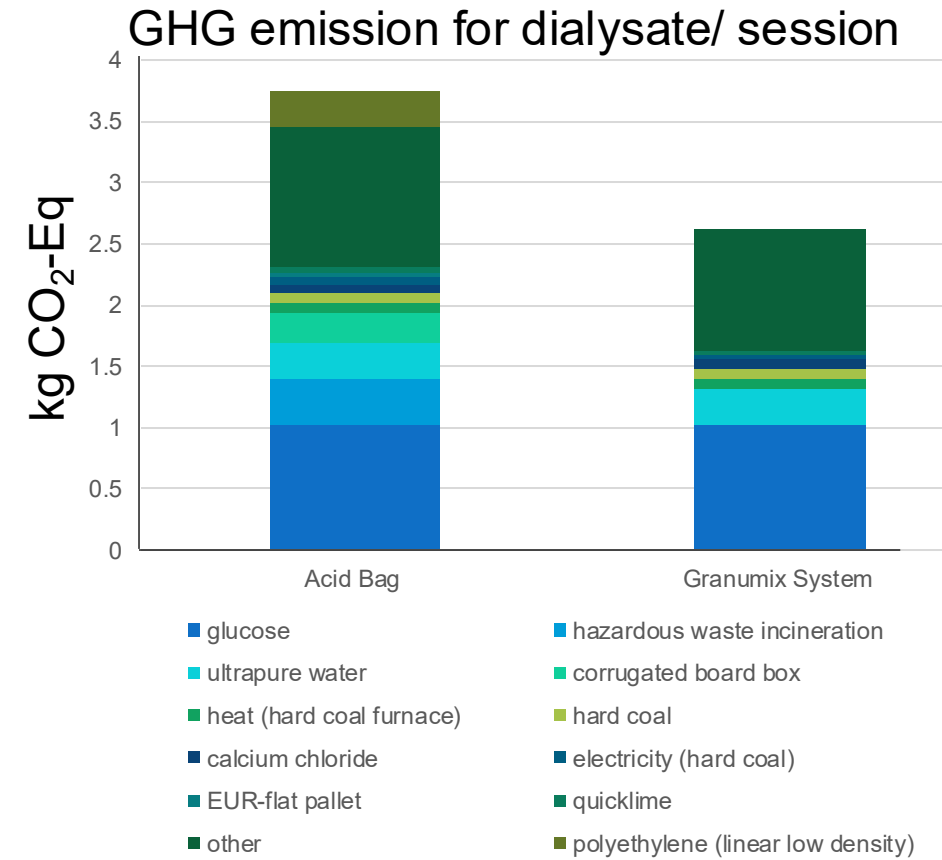
↓ Transport

# ↓ Waste

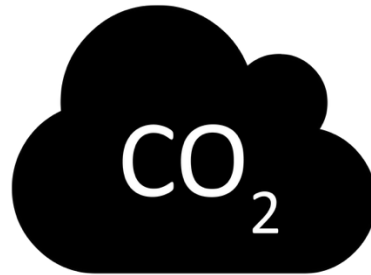
- Central acid delivery using dry concentrate powder
  - Ecomix (BBraun)
  - Granumix (Fresenius)



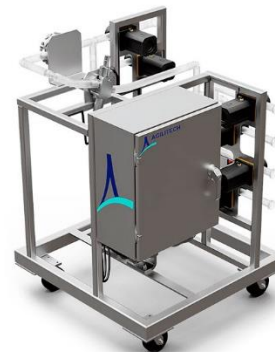
100% reusable polyester containers



- Alternative for bicarbonate cartridges?



CO<sub>2</sub> blanketing



In-line dilution



Refilling cartridge on-site



# Reuse of dialyzers

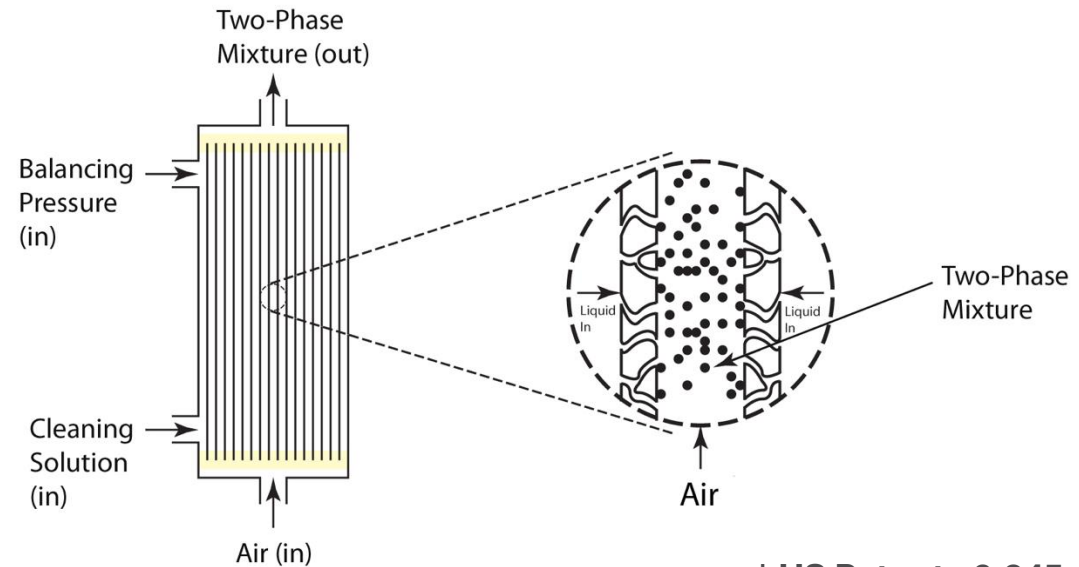
## In Situ Two-Phase-Flow in Fiber Lumens



ClearFlux Machine

Source: <https://www.novaflux.com/clea>

Water consumption per cycle: 10L  
Last step peracetic acid



\* US Patents 6,945,257 & 7,367,346

# Timeline



Medical Technology & Clinical Physics cluster (MTKF)

- ISO 13485
- IEC 60601
- EMC compliance

MsC

PhD

Jan 2025

June 2025

2026

2027

2028

Investigation

Conceptual Design

Development

Implementation

Feb: Transfer of ClearFlux

- Feasibility Study (LCA)
- EU Regulatory Gaps (MDR article 17(3): reprocessing of single-use devices)
- Laboratory testing (single-use, hemodiafiltration dialyzers)

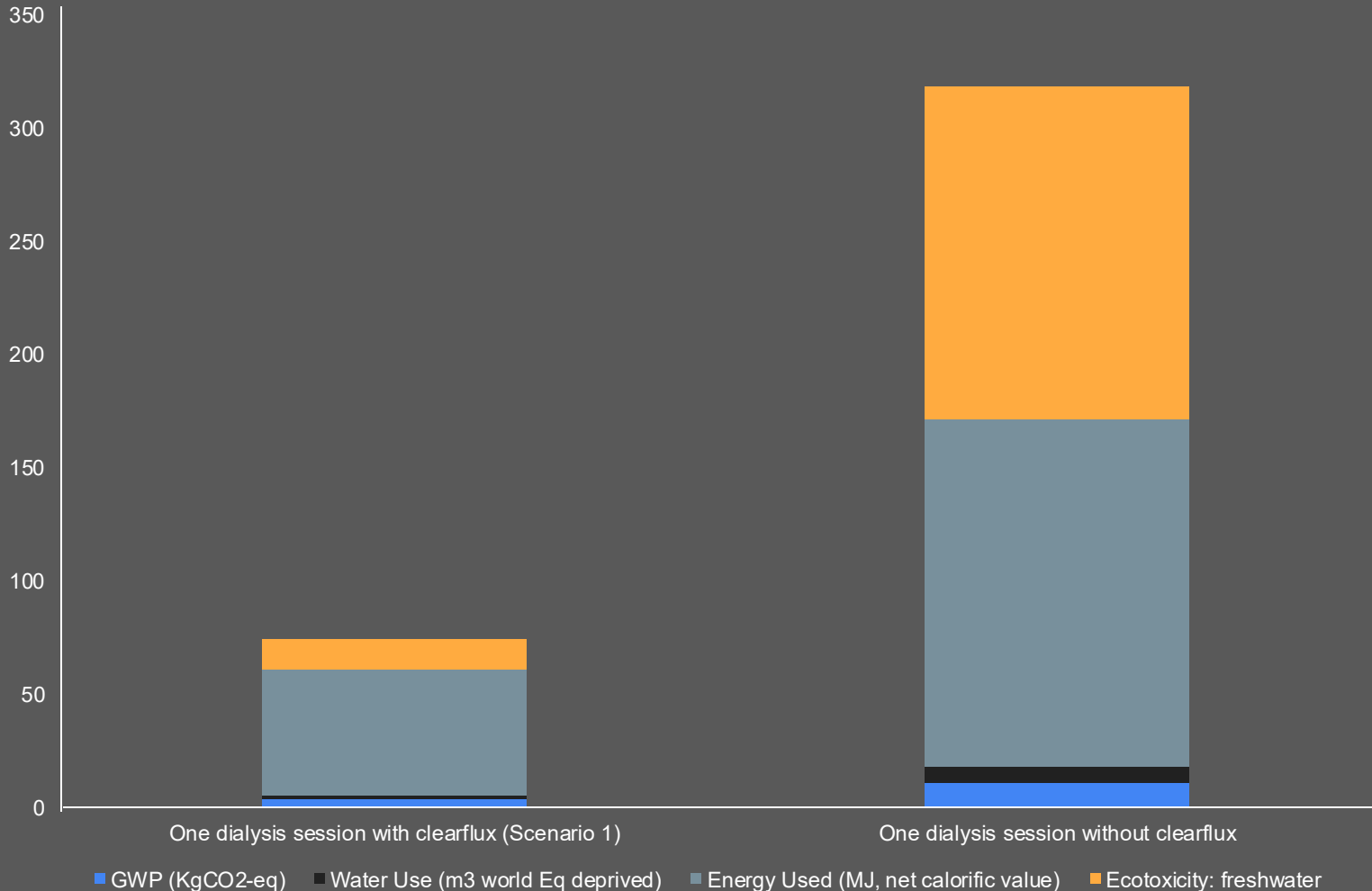
- Stakeholder Inputs (mfg, clinical users, patients)
- Clinical Fieldwork
- Improve Design (aim to reduce cost & risks, increase capacity)

- Prototyping
- Engineering Testing

- Clinical Testing




## Impact assessment Result of One dialysis session with ClearFlux (Scenario 1) and without ClearFlux





**Dr. Hafsah Hachad**  
Physician/ PhD candidate



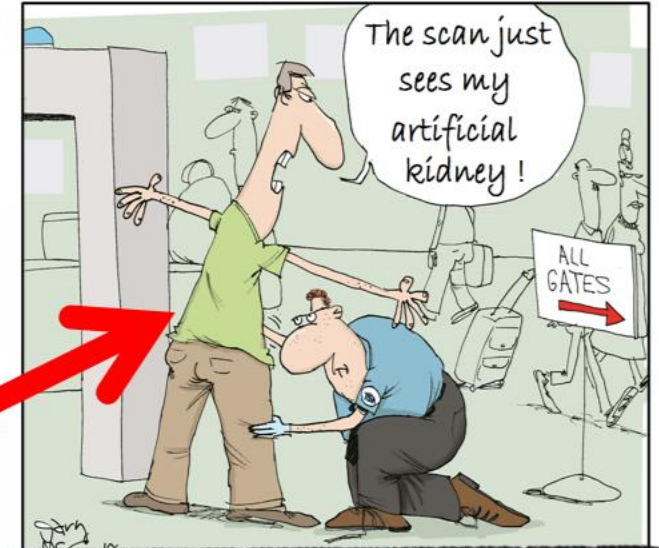
**Abass Fehintola**  
PhD student

- ❖ **Global Warming Potential (GWP, kgCO2-eq): ↓ 69.3%**
- ❖ **Water Use (m<sup>3</sup> world Eq deprived): ↓ 77.8%**
- ❖ **Energy Used (MJ, net calorific value): ↓ 63.6% savings**
- ❖ **Ecotoxicity: Freshwater ↓ 91.1**

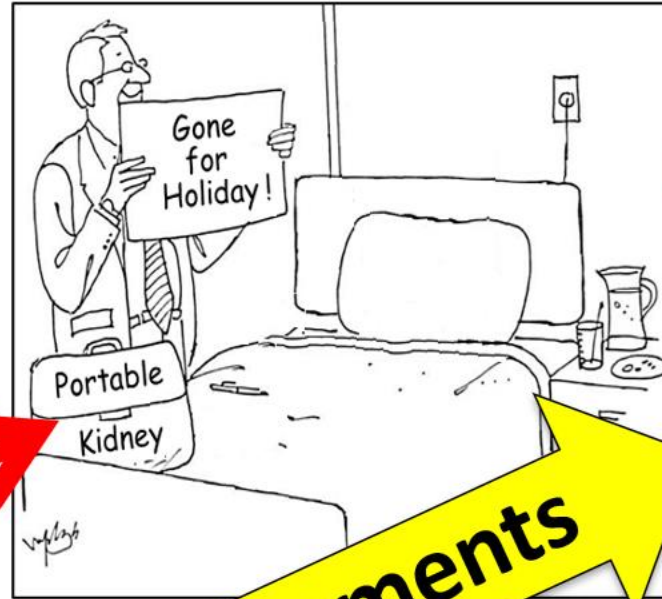
# Roadmap to sustainable RRT



24/7 (bio)artificial kidney



Able to travel



Stuck in a chair/bed



improvements

QUALITY OF LIFE

ECO FRIENDLY

COST-EFFECTIVE

# Improving sustainability of dialysis

↓ Water

↓ Energy

↓ **Waste**

↓ **Transport**

# ↓ Transport

- (Non-assisted) home dialysis
- Microclinics close to patient's home



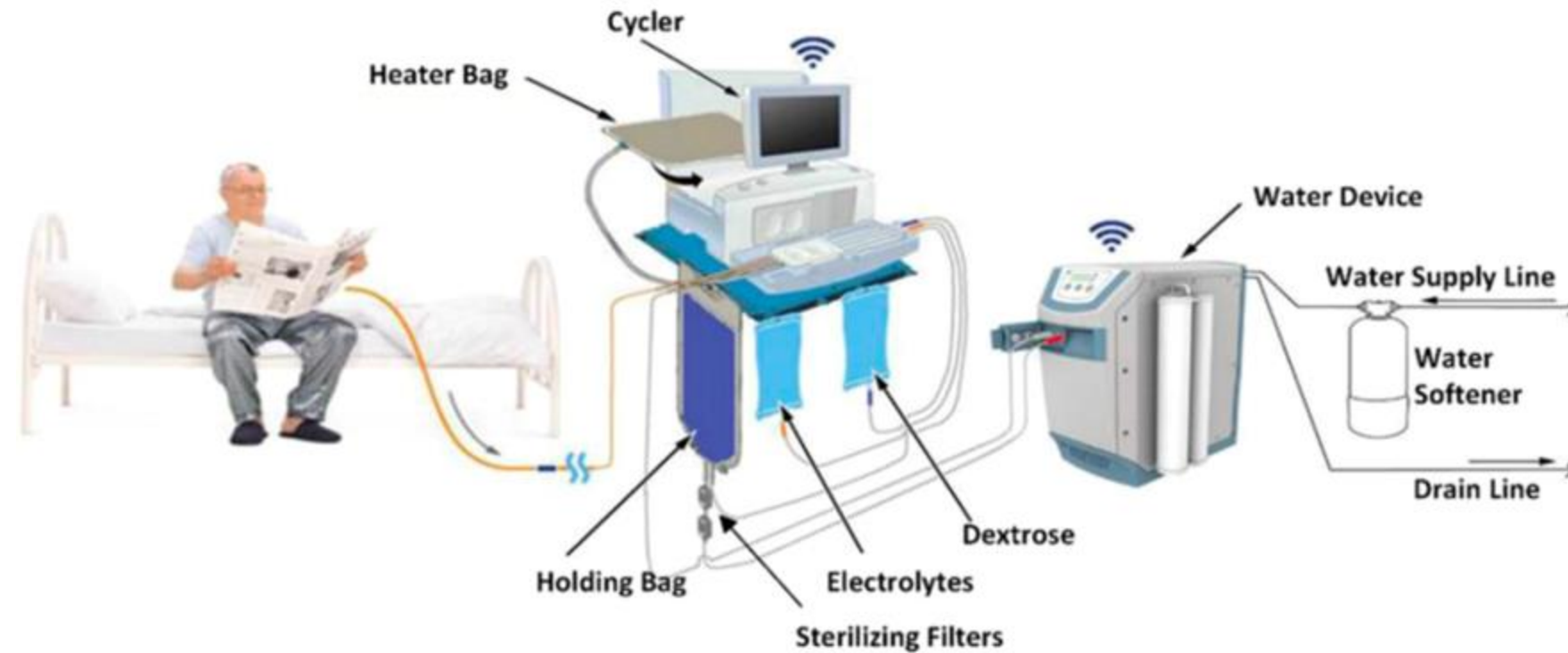
DIANET

Centrifuge at home

NeXtkidney



# In home peritoneal dialysate generation



<https://doi.org/10.1016/j.ekir.2024.03.010>